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Arch Dis Child 2010 95: 296-301
doi: 10.1136/adc.2009.168096

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Mitochondrial encephalocardio-myopathy with early neonatal onset due to *TMEM70* mutation

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Accepted 21 November 2009

ABSTRACT

Objective Mitochondrial disturbances of energy-generating systems in childhood are a heterogeneous group of disorders. The aim of this multi-site survey was to characterise the natural course of a novel mitochondrial disease with ATP synthase deficiency and mutation in the *TMEM70* gene.

Methods Retrospective clinical data and metabolic profiles were collected and evaluated in 25 patients (14 boys, 11 girls) from seven European countries with a c.317-2A→G mutation in the *TMEM70* gene.

Results Severe muscular hypotonia (in 92% of newborns), apnoic spells (92%), hypertrophic cardiomyopathy (HCM; 76%) and profound lactic acidosis (lactate 5–36 mmol/l; 92%) with hyperammonaemia (100–520 µmol/l; 86%) were present from birth. Ten patients died within the first 6 weeks of life. Most patients surviving the neonatal period had persisting muscular hypotonia and developed psychomotor delay. HCM was non-progressive and even disappeared in some children. Hypospadias was present in 54% of the boys and cryptorchidism in 67%. Increased excretion of lactate and 3-methylglutaconic acid (3-MGC) was observed in all patients. In four surviving patients, life-threatening hyperammonaemia occurred during childhood, triggered by acute gastroenteritis and prolonged fasting.

Conclusions ATP synthase deficiency with mutation in *TMEM70* should be considered in the diagnosis and management of critically ill neonates with early neonatal onset of muscular hypotonia, HCM and hypospadias in boys accompanied by lactic acidosis, hyperammonaemia and 3-MGC-uria. However, phenotype severity may vary significantly. The disease occurs frequently in the Roma population and molecular-genetic analysis of the *TMEM70* gene is sufficient for diagnosis without need of muscle biopsy in affected children.

INTRODUCTION

Mitochondrial diseases are a heterogeneous group of disorders of the oxidative phosphorylation system (OXPHOS) composed of four respiratory chain complexes and F₁F₀-ATP synthase (complex V). OXPHOS, as the only exception in mammalian cells, is under the genetic control of two genomes, nuclear DNA and maternally transmitted mitochondrial DNA (mtDNA). In mitochondrial diseases, tissues with high energy demand such as the brain, muscle and heart, are affected most frequently. Recently, an increasing

What is already known on this topic

- ▶ An increasing number of children with mitochondrial diseases and isolated ATP synthase deficiency have been identified.
- ▶ Muscular hypotonia, hypertrophic cardiomyopathy (HCM) and lactic acidosis are often found in patients with mitochondrial disease.
- ▶ A large number of nuclear genes related to OXPHOS have been described whose mutations result in mitochondrial disease.

What this study adds

- ▶ ATP synthase deficiency due to *TMEM70* mutation is a novel mitochondrial disease with neonatal onset with hypotonia, HCM, lactic acidosis, hypospadias, hyperammonaemia and 3-methylglutaconic aciduria.
- ▶ The course of the disease was described in a patients with *TMEM70* mutation from seven European countries.
- ▶ The distinct phenotype enables molecular-genetic diagnosis without the need for a muscle biopsy.

number of nuclear genes have been described that are related to OXPHOS and their mutations result in mitochondrial diseases.¹ Substantial progress has been also achieved in understanding the molecular basis of severe mitochondrial diseases due to isolated deficiency of ATP synthase, the key enzyme involved in the mitochondrial energy conversion and providing most of the cellular ATP.

Isolated deficiency of ATP synthase may originate from mutations in mtDNA or nuclear genes. The maternally inherited disorders of ATP synthase are caused by mtDNA mutations in *MTATP6*^{2–4} or rarely in *MTATP8*⁵ genes. Their clinical presentation ranges from mild

disorders to NARP or Leigh syndrome (symmetrical necrotic lesions in basal ganglia and/or the brain stem) and typically depends on the level of mtDNA heteroplasmy. The first ATP synthase deficiency of nuclear genetic origin was described by our group in 1999.⁶ Since then an increasing number of children with ATP synthase deficiency have revealed a similar phenotype with early neonatal onset of hypotonia, hypertrophic cardiomyopathy (HCM), lactic acidosis and 3-methylglutaconic aciduria (3-MGC-uria).^{7–8} In 2004, the first pathogenic mutation in the nuclear encoded gene *ATP12* was identified⁹ in a patient with dysmorphic features and cortical atrophy. In 2008, we identified for the first time in 23 ATP synthase-deficient patients mutation c.317-2A→G in the *TMEM70* gene.¹⁰ Furthermore, we have proved that *TMEM70* is indispensable for ATP synthase biogenesis. Recently, three other children from one family with the same *TMEM70* mutation have been described,¹¹ thus demonstrating unexpectedly high incidence of this genetic disorder that appears to be the most frequent cause of mitochondrial diseases due to diminished biosynthesis of ATP synthase.

The aim of our study is detailed retrospective characterisation of the phenotype in a genetically homogeneous group of 25 patients with c.317-2A→G mutation in the *TMEM70* gene with respect to the natural course of the disease and the long-term prognosis. As we wished to describe frequent symptoms of *TMEM70* patients and metabolic profiles, specific attention was paid to the co-occurrence of hypospadias, hyperammonaemia, lactic acidosis and 3-MGC-uria.

PATIENTS AND METHODS

Patients

Twenty five children from seven European countries (14 boys, 11 girls) with ATP synthase deficiency due to *TMEM70* mutations were included. Twenty four patients were homozygous for the c.317-2A→G mutation in the *TMEM70* gene and one patient (P23) was compound heterozygote c.[317-2A→G]+[118_119insGT].¹⁰ Twenty four patients from 21 families were of Roma ethnic origin. Three families (F1, F14, F17) were consanguineous. Patient P23 was from a non-consanguineous non-Roma family. A diagnosis of ATP synthase deficiency (activity <30% of controls) with pronounced reduction of the ATP synthase content was made by measuring the activity of OXPHOS complexes and by BN-PAGE. Furthermore, mildly decreased activity of complex I (80–90% of controls) was observed in 10 out of 16 available muscle samples. To provide a complete overview of the phenotype, data from 10 patients reported earlier as indicated in table 1 have been included and updated.

Ethics

The study was approved by the Committees of Medical Ethics at all collaborating institutions. Informed consent was obtained from parents.

RESULTS

Natural course of the disease

The age of onset, the clinical symptoms and the course of the disease in the 25 patients are summarised in table 1. Overall, 68% of patients were delivered prematurely and intrauterine growth retardation (IUGR) was present in 58%. The mean±SD birth weight was 2040±471 g (range 1150–3080 g) and mean±SD gestation age was 36±2.6 weeks (range 31–41 weeks).

In the majority of patients (92%), muscular hypotonia, apnoic spells and acute metabolic distress characterised by lactic acidosis and hyperammonaemia (86%) were present from birth. Artificial ventilation was necessary in 19 neonates. Only in two children (P16, P24) was the onset of disease delayed until 1–3 months of age. Ten patients died during the first episode of metabolic disturbance within the first 6 weeks of life. Six others died later between 14 months and 4.5 years of age following metabolic deterioration as a result of acute respiratory infection or gastroenteritis. Interestingly, one of a pair of monozygotic–monoamniotic twins (P9) died during the neonatal period whereas the other twin (P10) is alive at the age of 8 years. Nine patients are alive, the oldest one being 13 years old. Failure to thrive and growth retardation (below the third percentile) were present in all patients surviving the neonatal period. Microcephaly was documented in 59% of all patients. Mild cranio-facial dysmorphism with low set ears, a prominent nasal bridge and retrognathia were apparent in 16/24 patients. In P23 (compound heterozygote), apart from the early neonatal onset similar to the other patients, the course of the disease was much milder allowing almost normal psychomotor development with attendance at a regular school.

Central nervous system

Progressive central nervous impairment was observed in most of the patients surviving the neonatal period (table 1), but the type and severity of neurological symptoms differed. Muscular hypotonia persisted and psychomotor delay developed in most of the children. Overall visual acuity was normal in all children. Neuroimaging was normal in P15, P16, P18, P21 and P24, mild cerebellar hypoplasia was observed in P10 and periventricular cysts in P20.

Heart and liver

HCM was found in 76% of the patients within the first days of life. In most patients, cardiomyopathy was non-progressive. During follow-up, a marked regression (P19, P20) or even complete disappearance of HCM (P15, P10, P23) was observed. In three patients (P1, P10, P20), Wolf–Parkinson–White syndrome was present. Hepatomegaly due to cardiac-induced liver congestion developed in 58% of children during metabolic crises in the first days of life. In patients surviving beyond the neonatal period, neither hepatopathy nor hepatomegaly were present.

Urogenital tract

In more than half of the boys, coronal or penile hypospadias (54%) and cryptorchidism (67%) were present. In at least four families (F7, F9, F10, F14), the hypospadias/cryptorchidism does not occur in other family members and was present only in the probands. Additionally, one third of the patients had inguinal and/or scrotal hernia, which might be the result of prematurity. Renal investigation was performed in five patients (P12, P14–16, P18), in all of whom an ultrasound revealed marked hyperechogenicity of renal parenchyma with poor corticomedullary distinction clearly visible at the age of 6–7 weeks. Generalised hyperaminoaciduria (P12, P14, P18) and mild proximal renal tubular acidosis (P12, P18) were present. Glomerular or tubular proteinuria was not documented.

Laboratory data

After birth, the initial metabolic disturbance was characterised by extreme lactic acidosis (lactate 16±8 mmol/l, range 5–36

Original article

Table 1 Main clinical symptoms in 25 patients with *TMEM70* mutation

Patient	Family	Onset (age)	Craniofacial dysmorphism	FTT, GR	Microcephaly	Hypotonia	Psychomotor delay	Ataxia	Extrapyramidal signs	Ptosis, CPEO	Strabismus	Hepatomegaly	HCMP	Hypospadia	Cryptorchidism	Age at death/ present age	Patient number in reference
1	F1	<1 week	+	Died	+	+	Died	Died	Died	Died	Died	+	+	+	+	10 days	
2	F2	<1 week	–	Died	+	+	Died	Died	Died	Died	Died	–	+	Girl	Girl	2 days	
3	F2	<1 week	+	Died	–	+	Died	Died	Died	Died	Died	+	+			12 days	P2 ^{6, 7}
4	F2	<1 week	+	+	+	+	Moderate	NA	NA	NA	NA	+	+			3 years	
5	F3	<1 week	–	Died	–	+	Died	Died	Died	Died	Died	+	+	Girl	Girl	12 days	P9 ⁷
6	F4	<1 week	–	Died	–	+	Died	Died	Died	Died	Died	+	–	–	–	1 day	
7	F5	<1 week	–	Died	–	+	Died	Died	Died	Died	Died	+	–	Girl	Girl	4 days	
8	F6	<1 week	+	Died	NA	+	Died	Died	Died	Died	Died		+	Girl	Girl	2 days	
9	F7	<1 week	+	+	NA	+	Died	Died	Died	Died	Died	+	+	–	+	1 month	P7 ⁷
10	F7	<1 week	+	+	+	+	Moderate	+	–	+	+	–	+	–	–	Alive/ 8 years	P8 ⁷
11	F8	<1 week	–	+	+	+	Died	Died	Died	Died	Died	+	+	–	+	6 weeks	
12	F9	<1 week	+	+	+	+	Moderate	NA	NA	–	–	–	+	+	+	18 months	
13	F10	<1 week	+	+	+	+	Moderate	+	+	–	–	–	+	+	+	4.5 years	P10 ⁷
14	F10	<1 week	+	+	+	+	Moderate	+	+	–	–	–	–	+	+	3 years	
15	F11	<1 week	+	+	+	+	Severe	+	+	–	+	+	+	Girl	Girl	Alive/ 13 years	P6 ⁷
16	F12	<3 months	+	+	+	+	Moderate	+	–	–	–	–	–	Girl	Girl	Alive/ 5 years	P11 ⁷
17	F13	<1 week	NA	+	NA	+	Moderate	NA	NA	NA	NA	+	+	Girl	Girl	Alive/ 2.5 years	
18	F14	<1 week	+	+	+	+	Moderate	+	–	–	–	+	+	+	+	3 years	
19	F15	<1 week	+	+	+	+	Moderate	–	–	–	+	+	+	Girl	Girl	Alive/ 6 years	P19 ⁷
20	F16	<1 week	+	+	+	+	Moderate	–	–	–	+	–	+	–	+	Alive/ 5 years	P14 ⁷
21	F17	<1 week	+	+	–	+	Moderate	+	–	+	–	–	–	Girl	Girl	Alive/ 9 years	P3 ⁷
22	F18	<1 week	+	+	–	+	Moderate	–	–	–	+	–	+	+	–	Alive/ 4 years	
23*	F19	<1 week	–	+	–	–	–	–	–	–	–	–	+	Girl	Girl	Alive/ 10 years	
24	F20	<2 months	–	+	–	+	–	–	–	–	–	+	+	Girl	Girl	14 months	
25	F21	<1 week	–	Died	–	+	Died	Died	Died	Died	–	+	–	–	–	3 days	
Total			16/24	17/17	13/22	24/25	13/15	7/12	3/12	2/13	5/14	14/24	19/25	7/13	8/12	16/25	

CPEO, chronic progressive external ophthalmoplegia; Died, died too early for evaluation of the symptom; FTT, failure to thrive; GR, growth retardation; HCMP, hypertrophic cardiomyopathy; NA, data not available.

*P23 was compound heterozygote for mutations c.317-2A→G/c.118_119insGT in *TMEM70*.

mmol/l, controls <2.3 mmol/l; base excess –6 to –30 mmol/l). Patients surviving 6 weeks presented with intermittent hyperlactacidaemia (1.6–22.9 mmol/l). Serum alanine was increased in 88% (520–3938 µmol/l, controls <500) and uric acid in 92% (420–703 µmol/l, controls <340) of examined cases. Creatine kinase was increased intermittently (1–30 µkat/l, controls <2.8) in 12 out of 14 investigated children.

Altogether, 92 values of lactate measured spectrophotometrically and 77 urinary organic acid profiles determined by gas chromatography–mass spectrometry were available (1–10 from each patient). In all patients, intermittently increased excretion of lactate (13–68 846 mmol/mol creatinine, controls <60; 36% of samples within control range) and 3-MGC (<15–460 mg/g creatinine, controls <15; 9% of samples within control range) were observed. 3-Methylglutaric acid (22–361 mg/g creatinine, controls <15) and Krebs cycle intermediates were raised in 70% of the profiles. In most patients, normal or only mild elevation of urinary excretion of orotic acid was found (1.7–8.8 mmol/mol creatinine, controls <3.5).

Hyperammonaemic crises

In 12 out of 14 children, hyperammonaemia (100–520 µmol/l, controls <80) was present during acute metabolic disturbance after birth. Six of these children died. In patients P10, P14, P16 and P18, hyperammonaemia (226–870 µmol/l, neonatal controls <80) occurred during childhood triggered by acute gastroenteritis with prolonged fasting. At the time of admission to the metabolic unit, all four children were sleepy and apathetic, and in one child artificial ventilation was necessary. Liver function tests as well as acylcarnitine profiles were normal. Table 2 summarises the laboratory data of these patients at admission and compares these with data obtained during regular check-ups in the outpatient clinic. Except for pronounced ketonuria, urinary excretion of the organic acids including 3-MGC was not altered during acute crisis. In patients P14 and P18, the hyperammonaemia progressed further, and despite therapeutic efforts, these children died.

Low glucose tolerance (max 3–4 mg/kg/min) and further aggravation of hyperlactacidaemia was observed. Fat emulsion

Table 2 A comparison of biochemical data from four patients obtained during regular check-up in an outpatient clinic and during hyperammonaemic episodes at the time of admission to the metabolic unit

	Patient 10		Patient 14		Patient 16		Patient 18		
	Check-up	Admission (age 7 years)	Check-up	Admission (age 3 years)	Check-up	Admission (age 5 years)	Check-up	Admission (age 6 years)	Controls
Blood									
Ammonia	39–49	870	ND	520	11–32	296	ND	226	<60 μmol/l
Lactate	1.6	16	4–6	9.7	1.2–3.9	9.6	2.1–4.9	16	<2.3 mmol/l
Base excess	–2	–25	–1 to –4.8	–20	–2.1 to –6	–24.2	–3.1 to –4.4	–23	0±2 mmol/l
Glycaemia	4.4	2.5	4.5–5.6	3.5	4.5–6.8	2.5	4.3–6.1	3.0	3.3–5.2 mmol/l
pH	7.4–7.46	7.16	7.44–7.59	7.17	7.43–7.47	7.14	7.41–7.46	7.09	7.36–7.44
Cholesterol	2.59	ND	3.26	3.45	5.68	5	2.64	2.36	2.6–4.8 mmol/l
TG	0.75	0.61	1.02	0.15	1.75	0.84	0.78	0.77	1.0–1.64 mmol/l
Alanine	192–1039	7173	408–890	2772	489–899	1681	350–550	3982	150–500 μmol/l
Glu+Gln	256–1008	2000	262–716	862	310–614	988	415–706	1534	200–900 μmol/l
Arginine	22–162	22–83	42–86	33	51–133	60	27–124	90	10–150 μmol/l
Ornithine	25–94	64	13	47	61	28	32	90	30–200 μmol/l
Citrulline	7–29	151	8–28	39	7–25	13	5–50	143	5–50 μmol/l
Urine									
Lactate	14–144	68846	96–6446	10257	16–244	3952	53–3095	3297	<60 mmol/mol creatinine
3-OH butyrate	Neg	10786	10–240	11730	Neg	5023	Neg	3980	<100 mg/g creatinine
Acetoacetate	Neg	3650	10–21	2036	Neg	1540	Neg	923	<15 mg/g creatinine
Orotic acid	5.5	3.7	1.73	4.3	2.4	1.2	3.4–8.8	5.8	<3.5 mmol/mol creatinine

Gln, glutamine; Glu, glutamate; ND, not determined; Neg, negative; TG, triglycerides.

tolerance was preserved enabling lipid supplementation (3.5 g/kg/day) in all patients with gastroenteritis.

DISCUSSION

Our study presents for the first time a detailed retrospective analysis of the phenotype and metabolic profiles in a genetically homogenous group of 25 patients with mutations in the *TMEM70* gene, coding for a novel factor of ATP synthase biogenesis. The *TMEM70* mutation c.317-2A→G, found in all patients, leads to aberrant splicing and loss of the *TMEM70* transcript.¹⁰ In the compound heterozygote patient (P23), the frame-shift mutation c.118_119insGT identified on the second allele results in a truncated *TMEM70* protein Ser40CysfsX11.

TMEM70 deficiency is characterised by early neonatal onset of hypotonia, HCMP and apnoic spells within hours after birth accompanied by lactic acidosis, hyperammonaemia and 3-MGC-uria. Ten patients died within the first 6 weeks of life and six others died during the toddler and preschool period. Since there were no differences regarding age of onset and severity of clinical symptoms among our patients, one might conclude that management in the intensive care unit is crucial for survival beyond the neonatal period. However, the extremely different survival outcomes of the monozygotic-twins might also indicate the influence of other factors. Early onset is a common feature of other nuclearly encoded defects of mitochondrial ATP synthasome^{9 12 13} and

other OXPHOS deficiencies.¹⁴ Nevertheless, early neonatal onset with distinctive symptoms and biochemical profiles seems to be crucial for the diagnosis of *TMEM70* deficiency. Furthermore, molecular-genetic analysis of the *TMEM70* gene is sufficient for diagnosis and analysis of the activity and amount of ATP synthase in biopsy samples can be restricted to *TMEM70*-negative cases.

In patients surviving 6 weeks, the principle clinical symptoms were functional impairment of the brain, muscle and heart. However, the severity of symptoms together with psychomotor delay, failure to thrive and growth retardation may vary significantly.¹¹

Although cardiomyopathy is found in other OXPHOS disorders,^{15–17} defects of ATP synthasome^{12 13} and Barth syndrome,^{18 19} its onset and severity varies considerably. HCMP was found in 76% of *TMEM70* patients, and similarly to Barth syndrome and PiC deficiency,^{12 20 21} it was present since birth. In the surviving *TMEM70*-deficient patients, the heart impairment has a benign course. In fact, in three of our patients the HCMP disappeared at the age of 8, 10 and 13 years, respectively. Similarly, improvement in cardiac function was described in Barth syndrome patients²² and one patient with complex I deficiency.²³ However, the disappearance of HCMP or stabilisation of cardiac functions might be orchestrated by AMP-activated protein kinase, a key regulator of cellular energy homeostasis.^{24–27}

Hypospadias and/or cryptorchidism are not normally observed in OXPHOS disorders. Interestingly, these congenital defects were present in more than 50% of the boys with *TMEM70* mutation. The incidence of hypospadias is estimated at 3.8 per 1000 male newborns²⁸ and is similar between Caucasians and other ethnic groups. A significant association between hypospadias and IUGR was described,²⁹ but in our patients hypospadias and IUGR did not completely overlap. The higher incidence of hypospadias and/or cryptorchidism in the patients studied suggests a possible link with *TMEM70* deficiency. *TMEM70*-deficient cells display increased mitochondrial membrane potential resulting in increased production of reactive oxygen species³⁰ that may alter signalling pathways during the complex developmental process of external male genitalia formation.

Besides hyperlactaciduria, 3-MGC-uria is the most constant laboratory finding in patients with *TMEM70* mutations, although other organic acids may be also elevated. Nonetheless, repeated analyses of 3-MGC revealed fluctuations in its level. To date, five distinct types of 3-MGC-uria have been defined.³¹ Interestingly, three types of 3-MGC-uria, namely Barth syndrome (type II, mutation in the *TAZ* gene), Costeff syndrome (type III, mutation in *OPA3*) and type V caused by mutations in *DNAJC19*, and two syndromes of type IV (*TMEM70* deficiency, *ANT1* deficiency) are caused by defective proteins related to the inner mitochondrial membrane. Moreover, all these syndromes are characterised by cardiomyopathy. Additionally, hypospadias and/or cryptorchidism are present in *TMEM70* and *DNAJC19* deficiency.

Hyperammonaemia is a frequent finding in *TMEM70*-deficient patients. Life-threatening hyperammonaemia was described only in a small number of patients with OXPHOS disorders and Barth syndrome.^{20–21} In our study, hyperammonaemia was present in 12 children after birth and four patients developed hyperammonaemia again during acute gastroenteritis with prolonged fasting. In the early phase of catabolism due to fasting, there is marked up-regulation of genes for urea cycle enzymes and the capacity for liver ATP synthesis is strongly enhanced.³² Apart from its other cellular roles, ATP is crucial for preserving the functional urea cycle as two of its enzymes (carbamoyl-phosphate synthase (CPS1) and argininosuccinate synthase) are ATP dependent.

A reduced tolerance of sugars and good tolerance of fat emulsions were observed. Administration of fats as a main source of energy to avoid catabolism has led to normalisation of critical metabolic acidosis and to a reduction in hyperlactacidemia. Based on our experience with *TMEM70*-deficient patients, similarly to other mitochondrial diseases,³³ optimal nutritional status with frequent feeding to minimise catabolism is essential to prevent a life-threatening metabolic crisis.

Although our patients came from seven European countries, all 24 homozygotes for c.317-2A→G in *TMEM70* were of Roma/Gypsy origin. Approximately 10 million Roma living in Europe form an ethnic group with a common origin.³⁴ Genotyping data available in some *TMEM70*-deficient families¹⁰ suggest that some of the families may be related back to the third to sixth generations. Based on this information and considering that we analysed the majority of patients known and available, it appears that isolated ATP synthase deficiency caused by mutation c.317-2A→G in *TMEM70* is a defect occurring frequently due to a founder allele effect in the Roma population.¹⁰ However, other *TMEM70* mutations probably occur in other ethnic groups, as might be concluded from our patient P23.

CONCLUSION

We characterised the natural course of the disease together with detailed metabolic profiles in 25 patients with ATP synthase deficiency due to *TMEM70* mutation c.317-2A→G, which occurs frequently in the Roma population due to a founder allele effect. Early neonatal onset of severe muscular hypotonia, HCMF and hypospadias in boys accompanied by lactic acidosis, hyperammonaemia and 3-MGC-uria characterise the phenotype. Despite being due to the same *TMEM70* mutation, the severity of the phenotype may vary significantly. However, *TMEM70* deficiency should be considered in the diagnosis and management of critically ill neonates. Early diagnosis of *TMEM70* deficiency together with appropriate intensive care and optimal nutrition to prevent catabolism may improve the life expectancy of affected patients.

Funding This study was supported by grants from the Ministry of Health (IGA-NS 9759-4) and Ministry of Education, Youth and Sports of the Czech Republic (1M0520, AV0Z 50110509, MSM 0021620806) and Verein zur Pädiatrischen Forschung und Fortbildung, Salzburg OeNB Jubiläumsfonds 12568.

Competing interests None.

Ethics approval The study was approved by the Committees of Medical Ethics at all collaborating institutions.

Provenance and peer review Not commissioned; externally peer reviewed.

Patient consent Parental consent obtained.

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