SMARTPHONE USE AND IRRITATION
in the parent-child interaction

The first generation of **Digital Natives** is growing up to and become parents. As teenagers, they developed particular **smartphone habits**. These probably persist nowadays, even when they have to take care of their children.

In a **dyadic way**, it can be examined whether the smartphone use of parents in the parent-child interaction has influences on the development of the child, their relation satisfaction, their health and their well-being. Parents can namely be '**absent present**' as the smartphone consumes all the attentional resources of the parents, leading to a **depletion** of these. In this way, the parents are not able to be **responsive** to the bids of the children and to show self-disclosure. This is contrary to the children's actual expectation of undivided parental attention. This **expectation violation** can probably cause the above suggested detrimental consequences.

When children grow older, it is possible that they copy and **socially learn** phubbing behaviour and possibly also phubbing irritation. In this way, parents must be aware of their function as **role model**.

These assumptions will be examined via a variety of methods. First of all, **mobile DNA** will be used, to log their smartphones. Next, an adjusted version of the **Still Face Paradigm** will be tried out to examine reactions on phubbing behaviour. Also the use of **dyadic questionnaires and double interviews** will be very informative.
Altogether, the goal is to offer parents useful information and guidelines about appropriate smartphone use in interaction with their child.

#EmpoweringDigitalNatives

#EmpoweringParents

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