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SPORT ACTIVITIES IN THE EU-27 STRATIFICATION OF RECREATIONAL SPORT FOR ALL? SOCIAL

DEJAVNOSTI V DRŽAVAH EU-27 REKREATIVNIH SPORTNIH **ŠPORT ZA VSE? SOCIALNA STRATIFIKACIJA**

ABSTRACT

of 1) overall physical activity patterns, and 2) social physical activity patterns. An analysis is performed this paper presents some insight into European citizens' Based on Eurobarometer data from 2005 (N=26.688), age, educational level, occupation, marital status and to east. Moreover, physical activity patterns are still declines when going from north to south and from west are still not exposed to sport or physical activity in their The results show that, as of 2005, four out of ten Europeans stratification of physical activity patterns in the EU-27. to the needs of the social, educational, medical and characterized by social differences according to sex, geographical and social differences as much as possible a sound policy consists of subordinating the influence of socio-geographical status. The challenge of developing in Europe is still not realized. Also, sporting activity All policy, the democratization of sport participation personal spheres. leisure time and, that in spite of 30 years of Sport for

cation, Eurobarometer Key words: sport participation, Europe, social stratifi-

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obravnava 1) splošne vzorce telesne dejavnosti in 2) vzorce telesne dejavnosti državljanov Evrope. Analiza leta 2005 (N=26.688) in omogoča delni vpogled v Prispevek temelji na podatkih Evrobarometra iz politiki športa za vse ter demokratizacije dostopnosti telesno dejavni v prostem času in da kljub tridesetletni izmed desetih Evropejcev še vedno niso športno ali večji meri podvreči vpliv geografskih in socialnih razlik geografski status. Izziv za razvoj trdne politike je v čim vzhodu. Še več, vzorci telesne dejavnosti so še vedno športa, ti cilji še niso doseženi. Športna dejavnost še državah EU-27. Rezultati kažejo, da v letu 2005 štirje socialno stratifikacijo vzorcev telesne dejavnosti v potrebam družbene, zdravstvene on osebne sfere. stopnjo izobrazbe, poklic, zakonski status in sociopodvrženi socialnim razlikam glede na spol, starost, vedno pada od severa proti jugu in od zahoda proti

Ključne besede: športna dejavnost, Evropa, socialna stratifikacija, Evrobarometer

INTRODUCTION

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half of the Olympic Games and World Championship Football tournaments have taken several international sport events is evident as well (Scheerder & Vermeersch, 2007): more Monaco, etc. The major role European countries have played historically in the organizat Football Association) in Zürich, the IAAF (International Association of Athletics Federati IOC (International Olympic Committee) in Lausanne, the FIFA (Fédération Internation: organizations who have established and maintained headquarters in Europe, for examp of world sport" (European Commission, 1998) is demonstrated by the number of internal have their roots in European soil. The fact that Europe is considered by some to be "the power in the 18th and 19th century (Renson, 1992), but Olympism and the Sport for All movemen Not only is Europe the birthplace of modern sport – which originated in the British public sc Sport and Europe share a strong connection (see Scheerder, Van Tuyckom, & Vermeersch, 2 in a European host city.

of promotion and regulation (Heinemann, 1999; Van Bottenburg, Rijnen, & Van Sterken which organize competitions at all levels and which are linked to one another through sy a model in which sport is embedded within a network of sport clubs and sport feders One of the distinctive characteristics of European sport is the so-called European sport n another way, there were about 17 sports clubs per 10,000 citizens (Scheerder, 2004). How about 150 million sustaining members, which equals one third of the total EU population 2005). For example, in the former EU-25 alone, approximately 750,000 clubs were operating the majority of those active people were "amateurs" who did not make money from the pr

as the UEFA (Union of European Football Associations) is an important player in devel of a European football club. As such, it is not surprising that a European sport federation countries where this is not yet the case. Europe counts more football players than any tributed to the development of the European sport sphere. After World War II, many European sport policy (Scheerder & Van Tuyckom, 2006; Scheerder & Vermeersch, 2007) continent: of the 122 million official football players almost 36 million of them are active men European football is the most popular sport in most countries and is growing in popular One particular powerful, commercial sport dominates the European club scene: football (so became institutionalized in the form of the European Sport for All Charter (Council of E had already launched the Sport for All idea, as a result of which Sport for All achieved a pi European countries developed a noticeably active government policy with regard to spo In addition to the traditional sport organizations, several European governments have ideology of top level sport (Vanreusel, 2001). responsible for sport signed the Charter, and it still acts as a democratic counterbalance to active sport participation for every citizen. All Council of Europe member-country min 1975). Inspired by the Universal Declaration of Human Rights, this Charter endorses th Scheerder & Vermeersch, 2007). In 1975 government actions with respect to recreational role in the advancement of sportive body movement among European citizens (Husting, involved in sportive action and to take part in physical activities. In 1966 the Council of E physical activity. An important aim of this policy was to inspire as many citizens as possible

It is evident that societal interest in sport has increased in past decennia, and that active this trend as the "sportization of society" (1991, p. 15). However, this popularization of participation has become one of the most common forms of leisure activity. Crum summ

does not imply that sport participation has become (more) democratized. Numerous empirical studies demonstrate that participation in sports still appears to be socially stratified according to sex, age, income, education, etc. (Collins, 2003; Collins & Kay, 2003; De Haan & Breedveld, 2000; Hartmann-Tews, 2006; Lamprecht & Stamm, 1995; Scheerder & Pauwels, 2002; Scheerder, Vanreusel, & Pauwels, 2007; Sugden & Tomlinson, 2000; Taks, Renson, & Vanreusel, 1998; Wilson, 2002). Bourdieu's perspective (1979, p. 24) on "sport as a site of struggles between the social classes" remains a topic of interest.

In this paper, we intend to present an initial look at European citizens' physical activity patterns. Specifically, an exploratory analysis is performed of (1) overall physical activity patterns in the EU-27, and (2) social stratification of physical activity patterns in the EU-27. By doing this we intend to develop a picture of sport participation in the European Union, and to verify whether traditional background characteristics such as sex, age, education, etc. still play an important part in recreational sport activities. The first section of this article describes the research material used for the (bivariate) analyses. In the second section, the results are presented. Finally, the third section discusses the results in greater detail and provides some policy recommendations.

WEIHOD

1.1 Comparative research into physical activity

Europe has a tradition of mapping out sporting activity based on scientific research from European member states, an approach that is aimed at enhancing a stimulating sports policy both on the European level and the level of the individual member states. For example, at the end of the seventies and the beginning of the eighties, Rodgers (1977; 1978) and Claeys (1982a; 1982b) conducted a study of the sporting behavior of European citizens, commissioned by the European Council. Two decades later a similar European project, the COMPASS study (COMPASS, 1999; see also Gratton, 1997; Rossi-Mori, Neri, Minelli, & Freda, 2002), showed the sporting activity of to these seven countries, the COMPASS study also included twenty other countries that had data on sporting activity available; however, the figures provided did not allow for cross-national comparisons.

More recently, the Dutch Mulier Instituut carried out a study, commissioned by Nike Europe (Van Bottenburg et al., 2005), about active sporting activity in Europe. This study provided an overview of research into sport activity in the (then still) 25 member states of the European Union. However, this research was based on secondary source material, so results from the various countries are not comparable. Like the private initiatives mentioned earlier, an examination of the sporting activity of European Union citizens was conducted by the European Commission (in particular the Directorate-General for Education and Culture) by means of the Eurobarometer survey series (European Commission, 2004). Since these surveys apply standardized measurement instruments, they do allow for cross-national comparisons between the different European member states.

1.2 Research material

The most recent Eurobarometer survey about recreational sporting activity was carried out in November 2005 by request of the European Commission, Directorate-General Press and Communication Polls. It covers the population of each of the EU member states aged 15 years and

older (N = 26,688). The survey was also conducted in Bulgaria and Romania, an interes since at that time they were still preparing for accession to the EU. A multistage randc design was applied in all countries and all interviews were conducted face-to-face i homes, in the appropriate national language. With respect to the data capture, CAPI (Assisted Personal Interview) was used in those countries where that technique was (Papacostas, 2005). In each member state, at least 500 (Malta) and at most 1,557 (interviews were conducted. In spite of the standardized procedure, however, it must be c that citizens from different member states may have different perceptions about the (sporting activity. Consequently, differences in responses might be partly ascribed to c in conceptualization.

This study focuses specifically on aspects of active sporting participation. Passive participations, newspaper readers or television viewers – will not be dealt with here. Eurol 64.3 (2005) assesses overall sporting activity by means of the following question: "In days, how much physical activity did you get from recreation, sport and leisure-time a The answer categories are as follows: (i) a lot, (ii) some, (iii) little, and (iv) none, Physic items not included are physical activity when at work, when moving from place to J when working in and around the house since these items are the subject of a different The original question is dichotomized, whereby respondents who answered "none" a as non-participants and those who answered "alot," "some" or "little" are defined as paras non-participants and those who answered "alot," some" or "little" are defined as paras non-participants are lated to the following six background variables:

- Gender: men versus women;
- Age: (i) 15- to 24-year-olds, (ii) 25- to 34-year olds, (iii) 35- to 44-year-olds, (iv) 45- t olds, (v) 55- to 64-year-olds, or (vi) 65 years old and older;
- Marital status: (i) cohabiting or married, (ii) single, (iii) divorced, or (iv) widowed;
- Occupation: (i) self-employed, (ii) manager, (iii) white-collar worker, (iv) manual v
 house person, (vi) unemployed, (vii) retired, or (viii) student;
- Education (age when finished): (i) younger than age 15, (ii) between age 15 and age between age 18 and age 21, or (iv) after age 21;
- Geographical status: (i) living in a rural area or village, (ii) living in a small- or mid-si
 or (iii) living in a large town.

To get an initial picture of active sporting participation with regard to certain social and socio-economic background characteristics, several bivariate analyses were parties of the analyses are presented by means of crosstabulations with Pearson statistics. These statistics are used to test the hypothesis of no association between and rows in tabular data, or in the case of this study, no association between the incand the dependent variables. A chi² probability of 0.05 or less is interpreted as justificienting the null hypothesis that the row variable is unrelated (that is, only random to the column variable, or for accepting the alternative hypothesis that the row an variables – or independent and dependent variables – are related to each other.

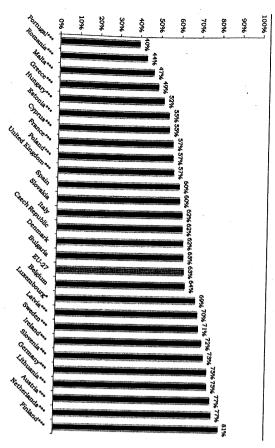
ESULTS

1.3 Overall physical activity

First of all, we notice striking differences between the European member states with sporting activity in 2005. Figure 1 shows Finland as the most active sporting nation.

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however, are Slovenia and to a lesser degree the Czech Republic and Bulgaria. Europeans generally score less well in the sportive sphere than West Europeans. The exceptions, countries exceed their continental colleagues from the Mediterranean Sea area. In addition, East from north to south in Europe. Citizens from more northern locations and from Scandinavian an asterisk (*p \leq .05; ** p \leq .01; ***p \leq .001). In general, physical activity declines when moving countries are not among the leaders in the present survey. Sweden (71%) and Denmark (62%) are percentages of countries which differ significantly from the European average are indicated with sort of physical activity from recreation, sport or leisure-time activities in the last seven days. The out of ten citizens being physically active. On average, 63% of the European adults indicate some merely in eighth and thirteenth place, respectively. Portugal and Romania are last with only four do you exercise or play sport?" (Scheerder & Van Tuyckom, 2006; 2007), the other Scandinavian eight out of ten Fins age 15 and older are physically active. Remarkably, in contrast with research from 2004 in which sporting participation was assessed by means of the question "How often



population (* p \leq .05; ** p \leq .01; *** p \leq .001 for difference with EU-27 average) Figure 1: Sporting activity for all EU-27 member states (2005), percentages in function of total

1.4 Social stratification of physical activity

years of education. Of the European citizens who finished school after the age of 21, 69% are contrast to merely 45% of the 65-year-olds. Third, sport activity clearly increases with additional sporting activity decreases. Almost 80% of the 15 to 24 year old Europeans are physically active, in age also seems to be a strong determinant of sporting activity in the EU-27. As age increases, are active sport participants, this number decreases by 8% for their female counterparts. Second, women seem to be actively involved in sports. Whereas 66% of the European men aged 15 or more status, occupation, educational level and geographical status. First, more European men than From Table 1 it is apparent that differences in physical activity occur according to sex, age, marital

> results of bivariate analyses, percentages in function of total population Table 1: Sporting activity according to background variables for all EU-27 member states

Variable	Categories	No	Yes
Sex	men	34.2%	65.8
	women	42.0%	58.0
$chi^2 = 186,743; df = 1; p < .001; N = 28815$)1; N = 28815		
Age category	15- to 24-year-olds	20.2%	79.8
	25- to 34-year-olds	32.1%	67.9
	35- to 44-year-olds	34.8%	65.2
	45- to 54-year-olds	39.5%	60.5
	55- to 64-year-olds	42.8%	57.2
	65 years and older	55.5%	44.5
$chi^2 = 1411,205; df = 5; p < .001; N = 28815$	01; N = 28815		
Marital status	cohabiting or married	39.2%	60.8
	single	24.6%	75.4
	divorced	36.0%	64.0
	widowed	60.5%	39.5
$chi^2 = 986,539; df = 3; p < .001; N = 28495$	1; N = 28495		
Occupation	self-employed	37.4%	62.6
•	manager	24.0%	76.0
	white-collar worker	29.0%	71.0
	manual worker	36.7%	63.3
	house person	51.0%	49.0
	unemployed	43.2%	56.8
	retired	52.3%	47.7
	student	15.2%	84.8
$chi^2 = 1814,354; df = 7; p < .001; N = 28815$	01; N = 28815		
Education	finished younger than age 15	61.0%	39.0
	finished between age 15 and age 18	43.2%	56.8
	finished between age 18 and age 21	36.1%	63.9
	finished after age 21	31.4%	68.6
$chi^2 = 1106,617; df = 3; p < .001; N = 26146$	01; N = 26146		
Geographical status	rural area or village	42.6%	57.4
	small-or mid-sized town	37.3%	62.7
	large town	34.4%	65.€
$chi^2 = 136,200; df = 2; p < .001; N = 28681$	1; N = 28681		

to the relationship of physical activity to marital status, single Europeans are the moactive in sport, in contrast to 39% of those who finished school before the age of 15. With (75%), followed by divorced people (64%) and cohabiting or married individuals (61%). We have the contraction of the contracti

Europeans are the least physically active, which is not surprising given that this age group is generally older. Differences according to occupation can be noticed as well. As expected, sport participation grades are the lowest among retired citizens (48%) and the highest among students (85%). The latter are followed by managers (76%), white collar workers (71%), manual workers and self-employed individuals (both 63%), and unemployed persons (57%). The house persons group is, with only 49%, the least involved in sport and physical activity. Finally, geographical status is a determinant of sporting activity as well. Of the European citizens living in a rural area or village, 57% are active sport participants. This number increases to 63% for people living in a small- or mid-sized town, and to 66% for people living in a large town.

DISCUSSION

Sport and Europe are inextricably connected, and it seems clear that Europe will continue to strengthen its ties with professional and non-professional sports. Since the 1995 Bosman ruling, there has been a greater and greater involvement – governmental as well as non-governmental – in European sport policy. In addition, several academic and informal organizations have been established (see for instance www.easm.net, www.ejss.de and www.sportandeu.com) which focus on sport policy. Furthermore, in Europe a tradition is developing to empirically map several aspects of sport participation and sport policy. One of the most useful instruments for measurement on the European level is the Eurobarometer survey series. Based on the Eurobarometer survey of 2005, this paper has tried to present insight into the physical activity patterns of EU-27 citizens. In addition, our data has allowed us to carry out some exploratory bivariate analyses so that sport participation could be examined in function of certain socio-cultural and socio-economic background characteristics.

Based on the Eurobarometer survey of 2005, this paper has tried to present insight into the physical activity patterns of EU-27 citizens. In addition, our data has allowed us to carry out some exploratory bivariate analyses so that sport participation could be examined in function of certain socio-cultural and socio-economic background characteristics.

Some remarkable findings emerge from this paper. First of all, we find that the sport participation behavior of Europeans is geographically stratified. In particular, there are some apparent differences between North and West European countries on the one hand and South and East European countries on the other hand. In general, sporting participation declines when going from north to south and from west to east, with a few exceptions. The reasons for this finding should be scrutinized in future research. On average, 63% of European citizens are physically active. However, the popularization of sport participation at the start of the 21st century does not change the fact that in 2005 four out of ten Europeans were still not exposed to sport or physical activity in their leisure time, even by the rather broad definition of physical activity used in the 2005 Eurobarometer survey.

Furthermore, sport participation in the EU-27 is still socially stratified. The sportive leisure-time behavior of European citizens aged 15 and over seems to differ in terms of sex, age, marital status, occupation, educational level and geographical status. These findings are congruent with the results from previous national and regional studies into sport participation which have shown that in many European countries physical activity patterns are still characterized by social differences (see Collins & Kay, 2003; De Haan & Breedveld, 2000; Lamprecht & Stamm,

1995; Scheerder & Pauwels, 2002; Scheerder, Vanreusel, Taks, & Renson, 2002; Scheerder Tuyckom 2006; 2007).

The findings discussed in this paper are based on a first, exploratory analysis. Consequently prudence is called for in the interpretation of the findings. Nevertheless, the results sho Europe still has many policy challenges to face in the field of sport. A Europe aiming at and greater integration of its citizens into the political sphere should also pay attention to on and equal opportunities with respect to the recreational sport activities of its citizens. As su important to adjust for any social discrepancies with respect to physical activity. In spite of years of Sport for All policy, differences according to social position continue to exist. At the of the 21st century active involvement in sports is still related to social position and socia. In other words, democratization of sport participation as of 2005 has still not yet been reconsidered as appropriate arguments, so that elements such as health and social integration considered as appropriate arguments for potential policy changes. The challenge of devera sound policy consists of subordinating the influence of geographical and social differen much as possible to the needs of the social, educational and medical spheres, as well as to perferences and needs.

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