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Maternal effects reduce oxidative stress in female nestlings under high parasite load

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Running headline: Maternal effects on oxidative stress

2 **Summary**

3

4 Mothers can adjust the phenotype of their offspring to the local environment through a
5 modification of their egg investment and/or nestling provisioning. However, offspring health
6 may be severely impaired if the conditions experienced by nestlings do not match with those
7 anticipated by the mother. If maternal effects differentially affect the sexes or if one sex is
8 more strongly affected by an environmental stressor, fitness benefits may also differ between
9 male and female offspring. Here, we study maternal effects in male and female great tit
10 (*Parus major*) nestlings by means of an ectoparasite treatment before egg-laying combined
11 with a partial cross-foster experiment between broods of infested and uninfested nests.
12 Nestlings that were raised in their own nest experienced the same conditions before and after
13 cross-fostering (either in parasite infested or uninfested nests), while cross-fostered ones
14 experienced different conditions (either changing from infested to uninfested or the other way
15 around). We measured effects on nestling plasma levels of oxidative stress [reactive oxygen
16 metabolites (ROMs) and total antioxidant capacity (OXY)], body condition (body size and
17 mass) and post-fledging survival. Daughters, but not sons, from matching conditions showed
18 the lowest ROM and high OXY levels when exposed to parasites, while there was no effect
19 of parasite exposure in any of both sexes in case of a mismatch. In contrast, body condition
20 and post-fledging survival were not (or only slightly) affected by any of the experimental
21 treatments. Results of this study show that maternal effects can affect oxidative stress levels
22 of nestlings in a sex-specific way and that the outcome depends on the exposure to
23 environmental stressors, such as parasites.

24

25 **Keywords:** Antioxidants, birds, cross-fostering, ectoparasites, great tit, hen fleas, host-
26 parasite interaction, oxidative status

27 **Introduction**

28

29 Environmental conditions, such as abiotic conditions, food availability and the exposure to
30 parasites, typically vary in time and space. As a consequence, an organism's phenotype might
31 not be optimally adapted to the environmental conditions it experiences, because as a rule a
32 phenotype is formed before selection takes place. Yet, mothers can improve offspring fitness
33 by adjusting their phenotype to the local environmental conditions through maternal effects
34 (Marshall and Uller 2007). Maternal effects may arise in various ways and at different times
35 in the life cycle: prenatal effects are often mediated by an adjustment of egg investment (e.g.
36 hormones; reviewed in Groothuis et al. 2005, Gil 2008), while postnatal effects usually occur
37 through an adjustment of parental care, such as offspring food provisioning (Clutton-Brock
38 1991). A key prediction is that offspring will perform better in the environment anticipated
39 by their mother, in comparison to other environments (Marshall and Uller 2007). However,
40 mothers may not always prepare their offspring for the correct environment e.g. because of
41 the time-lag between maternal adjustment and selection on the offspring, potentially resulting
42 in offspring exhibiting poor phenotype-environment matching (DeWitt et al. 1998, Marshall
43 and Uller 2007). Apart from an adjustment to the local (non-maternal) environment, mothers
44 can also adjust offspring phenotype to their own (prevailing) phenotype. For instance,
45 mothers may adjust offspring begging behaviour to their own expected provisioning rate via
46 differential androgen investments in eggs (Kölliker et al. 2000, Hinde et al. 2009).
47 Furthermore, the fitness benefits of maternal effects might differ between male and female
48 offspring through a sex-specific investment of resources or because the same amount of
49 investment has sex-specific consequences (e.g. Groothuis et al. 2005, Badyaev et al. 2006a,
50 De Neve et al. 2008, Badyaev et al. 2006b, Jones et al. 2009).

51

52 Maternal effects can act on a broad range of offspring morphological and physiological traits
53 (e.g. Todd et al. 2011, Marshall 2008, Naguib and Gil 2005). However, to the best of our
54 knowledge, evidence for maternal effects on offspring oxidative stress is still lacking, despite
55 the fact that persistent oxidative stress can contribute to ageing and various disorders
56 (Harman 1956, Finkel and Holbrook 2000). Oxidative stress is defined as the rate at which
57 oxidative damage to biomolecules is generated after the exposure to reactive species that are
58 e.g. produced in the body as a result of oxidative metabolism (Costantini and Verhulst 2009,
59 Finkel and Holbrook 2000). Organisms have evolved antioxidants, which are obtained from
60 diet or can be produced endogenously, to defend against oxidative stress (Halliwell and
61 Gutteridge 2007). The large transfer of maternal antioxidants to egg yolk to protect
62 developing offspring against oxidative stress (Blount et al. 2000, McGraw et al. 2005, Surai
63 and Speake 1998) and the great variability in oxidative stress levels (reviewed in Monaghan
64 et al. 2009, Metcalfe and Alonso-Alvarez 2010) and in maternal antioxidant transfer in
65 relation to environmental conditions (Blount et al. 2002, Royle et al. 2003) suggest that
66 oxidative stress may be modified by maternal effects.

67

68 Here, we investigate maternal effects on nestling oxidative stress (reactive oxygen
69 metabolites and antioxidant capacity), body condition (body size and mass) and post-
70 fledgling survival in the great tit (*Parus major* L.). In particular, we study whether these
71 characteristics are negatively affected when nestlings are reared by foster parents in a foreign
72 nest through a cross-foster experiment. Being raised in a foster nest - hence being exposed to
73 a new nest, new parents and/or new pathogens - may not only disrupt the match between
74 offspring phenotype, maternal phenotype and environment, but may also induce a stress
75 response that deteriorates individual performance (Berthouly et al. 2007). In addition, we
76 manipulated parasite exposure, starting before egg-laying, by means of hen fleas

77 (*Ceratophyllus gallinae* Schrank). When blood-sucking ectoparasites such as fleas bite their
78 hosts, they produce small wounds along which oral secretion is introduced. These secretions
79 have antigenic properties that induce immunological responses in the host (Baron and
80 Weintraub 1987, Benjamini et al. 1960), including the great tit (De Coster et al. 2010). Hen
81 fleas have multiple negative effects on behavioural, physiological and reproductive traits of
82 great tits (Christe et al. 1996b, Richner et al. 1993). Yet, mothers that are exposed to hen fleas
83 before egg-laying are able to reduce the deleterious effects on nestling mortality and
84 condition (e.g. Buechler et al. 2002, Heeb et al. 1998), indicating the occurrence of parasite-
85 induced maternal effects. Furthermore, the sensitivity to fleas is sex-specific with male
86 nestlings being more negatively affected (Tschirren et al. 2003). By combining a cross-foster
87 experiment with a parasite treatment, we did not only maximize differences between pre- and
88 post-hatching environments of exchanged nestlings, but were also able to study whether, and
89 to what extent, effects of cross-fostering were larger in stressful environments.

90

91 It has previously been shown that environmental stressors, such as parasite exposure and
92 infection (Sorci and Faivre 2009, Costantini 2008, Saino et al. 2002) can result in oxidative
93 stress because of the resulting upregulation of the immune system, which is the main
94 physiological defence mechanism against parasites (Zuk and Stoehr 2002). The induction of
95 an immune response may affect oxidative stress levels for at least three reasons (reviewed in
96 Costantini and Møller 2009). First, reactive metabolites are generated during inflammatory
97 immune responses to kill pathogens. However, these molecules might also damage host
98 tissues, resulting in oxidative damage (Sorci and Faivre 2009). Second, the induction of an
99 immune response increases metabolic activity (Demas et al. 1997) and can hence generate
100 oxidative species (Finkel and Holbrook 2000). Third, mounting an immune response
101 (Lochmiller and Deerenberg 2000), but possibly also the adjustment of other physiological

102 and behavioural traits under parasite exposure (Richner et al. 1993, Christe et al. 1996b), may
103 be energetically costly. This may result in a depletion of antioxidant defences to prevent or
104 limit tissue damage if resources are limiting (von Schantz et al. 1999). Hence, effects of
105 parasites on oxidative stress may mainly become apparent in organisms in (energetically)
106 stressful conditions (see also van de Crommenacker et al. 2011b). Furthermore, there is some
107 evidence for sex-specific variation in oxidative stress (e.g. Alonso-Alvarez et al. 2004,
108 Wiersma et al. 2004, van de Crommenacker et al. 2011a), which may be related to sex-
109 specific differences in the susceptibility to parasites (e.g. Tschirren et al. 2003, Klein 2004,
110 Poulin 1996, Schalk and Forbes 1997).

111

112 Our experimental design allowed to test whether (i) the health status of cross-fostered
113 nestlings is more strongly negatively affected than that of nestlings that develop in their own
114 nest, (ii) negative effects of parasite exposure are larger in cross-fostered nestlings, and (iii)
115 effects differ between sons and daughters.

116

117 **Materials and Methods**

118

119 Study area and pre-laying treatment

120

121 The study was conducted in spring 2009 in a population of great tits breeding in nest boxes in
122 a forest near Ghent, Belgium (for details see De Coster et al. 2010). Before the start of the
123 breeding season, all nest boxes were thoroughly brushed to remove nest material and
124 parasites from the previous breeding season. At an advanced stage of nest building [4.2 ± 0.5
125 days (\pm SE) before the first egg was laid], an ectoparasite treatment was performed with hen
126 fleas collected from previous year's nest material. All nests ($N = 48$) were first put in a closed
127 plastic bag to prevent loss of humidity, and heat-treated for 3 min in a 700 Watt microwave
128 oven to kill all nest organisms (Richner et al. 1993). Afterwards, half of the nests ($N = 24$)
129 were inoculated with 40 hen fleas placed inside the nest cup (see Heeb et al. 1996); the
130 remaining 24 nests were left parasite-free. Only first clutches were included.

131

132 Post-laying treatment

133

134 Uninfested nests (P-) received two additional heat-treatments, i.e. after the start of egg-laying
135 (3 eggs present at most) and during cross-fostering (see below). At the same time, infested
136 nests (P+) were also transported to a microwave but infested with 20 extra fleas per nest
137 (instead of being heat-treated) at each occasion. During these treatments, nests were
138 temporarily replaced by previously heat-treated nest material so that eggs and nestlings could
139 remain in their own nest box to minimize potential stress. A partial cross-foster experiment
140 (Fig. 1) was carried out two days after hatching. Half broods were reciprocally swapped
141 between pairs of infested (9.0 ± 0.3 nestlings) and uninfested (9.0 ± 0.4 nestlings) nests with

142 the same hatching date. When cross-fostering, all nestlings were marked with a non-toxic
143 permanent colour marker pen (Pentel Maxiflo NLF50) to allow identification, weighed and
144 ranked according to their body mass. In each pair of nests, the heaviest young of each nest
145 and then every second nestling in the mass-based rank was alternately assigned to stay in the
146 nest of origin or to be exchanged between nests, until the clutch size of the smallest nest was
147 reached. Nestlings were kept warm in a warmed padded box during cross-fostering to
148 minimize potential stress. Nestlings remaining in the nest of origin were also handled and
149 removed from their nest to make the treatment of cross-fostered and non-cross-fostered
150 nestlings as similar as possible. Nestlings that remained in their own nest experienced the
151 same conditions before and after cross-fostering (i.e. P+P+ or P-P-), while cross-fostered
152 ones experienced different conditions (i.e. P-P+ or P+P-). Although cross-fostered nestlings
153 were removed from the nest for a longer time (cross-fostered 18.2 ± 0.5 min; non-cross-
154 fostered: 7.8 ± 0.5 min), cross-foster duration had no significant effect on nestling body mass
155 or size (see below) or measures of oxidative stress in any of both groups of nestlings (all $P >$
156 0.20). Four nests were deserted after cross-fostering (3 P+, 1 P-). From the other nests, all but
157 4 nestlings survived until fledging. Nests were collected at the day of fledging and stored at
158 4°C . Previous tests on the same set of nests showed that numbers of flea larvae were
159 significantly increased in flea-infested nests (De Coster et al. 2010), which validates our
160 parasite treatment.

161 **FIGURE 1 ABOUT HERE**

162

163 Post-hatching sampling and measurements

164

165 A total of 382 nestlings (94 P+P+; 107 P-P-; 87 P-P+; 94 P+P-) were ringed at the age of 6
166 days, and when nestlings were 15-days old, a blood sample (150 μ l) was collected in
167 heparinized capillary tubes via brachial vein puncture. Blood was stored under cool
168 conditions in the field and centrifuged (10,000 *g* for 5 min) later that day. Plasma was
169 separated from the cells and frozen at -20°C. Blood cells were used to sex the nestlings
170 following the protocol of Griffiths et al. (1998). This PCR-based technique involves
171 amplification of homologous fragments of chromohelicase (CHD) gene located on both Z and
172 W sex chromosomes. Immediately after blood sampling, nestlings were weighed and tarsus
173 and wing lengths were measured, and the latter two were combined in one measure of body
174 size by means of a principal component analysis. As the first principal component (PC1) for
175 each sex separately was highly correlated with PC1 for both sexes pooled ($\rho = 92.9\%$; $P <$
176 0.0001), the latter was used as a measure of body size (Costantini et al. 2010). After the
177 breeding season (July 2009 – February 2010), 31 first-year birds (8 P+P+; 6 P-P-; 10 P-P+; 7
178 P+P-; 8.2% of fledglings) were recaptured with mist nets with efforts spread across the study
179 area. All recaptured birds were captured at least once before October 2009, suggesting that
180 our recapture effort was adequate to recapture most first-year birds residing in the forest.

181

182 Oxidative stress analysis

183

184 Oxidative stress results from an imbalance between reactive species and antioxidants. Valid
185 inference should therefore be based on a measure of both components (Costantini and
186 Verhulst 2009). After the breeding season, oxidative stress levels were quantified in blood
187 plasma using two complementary assays which are known to accurately reflect oxidative
188 stress levels in birds and mammals (e.g. Brambilla et al. 2001, Costantini and Dell'Omo
189 2006): the OXY-Adsorbent test and the d-ROMs test (Diacron, Grosseto, Italy) measuring

190 total plasma antioxidant capacity (hereafter OXY) and reactive oxygen metabolites (ROMs;
191 primarily hydroperoxides), respectively. The OXY-Adsorbent test quantifies the ability of the
192 antioxidant barrier, including both exogenous and endogenous antioxidants, to resist the
193 oxidant action of hypochlorous acid (HClO). Analyses were carried out following Costantini
194 and Dell'Omo (2006) (volume: oxidant HClO-based solution 200 μ l, chromogen 5 μ l,
195 calibrator 5 μ l, sample 5 μ l; dilution: calibrator 1:100, sample 1:100; incubation 10 min at
196 37°C). Reactive oxygen species are very reactive with organic molecules, generating ROMs
197 after an oxidizing attack. ROMs also have oxidizing power, but are fairly stable and can
198 therefore be quantified. Analyses of the d-ROMs test were carried out following the
199 manufacturer's protocol (buffer 400 μ l, chromogen 4 μ l, calibrator 10 μ l, sample 20 μ l,
200 incubation 90 min at 37°C). At the end of both procedures, the absorbance of the obtained
201 complex was measured with a spectrophotometer at wavelengths 505 nm and 546 nm, after
202 which the mean of both values was calculated as a measure of OXY (in mM HClO
203 neutralized per plasma volume) and ROMs (in Carratelli Units with 1 CARR U equivalent to
204 0.08 mg/dl H₂O₂), respectively (but see also below). Plasma samples were randomly assigned
205 to assays. The inter-assay variation at 505 nm and 546 nm were 8.3% and 6.5% for the OXY-
206 test, and 6.2% and 5.8% for the d-ROMs-test, respectively. Lipemic plasma had a higher
207 absorbance than non-lipemic plasma in the d-ROMs test and plasma colour (yellow, orange
208 or red) affected absorbance in both tests (all $P < 0.01$), with differences in plasma colour
209 probably a result of haemolysis during blood sampling. Therefore, and also to correct for
210 differences between assays, residual ROMs and OXY were calculated from a linear mixed
211 model (see below for random effects) with lipemic state (only for ROMs) and plasma colour
212 and assay ID (for both ROMs and OXY) as explanatory variables. These residual measures
213 were used as response variables in the statistical analyses instead of the original ROM and
214 OXY measures.

215

216 Statistical analysis

217

218 We first tested whether nestling plasma ROMs and OXY were related to body size and body
219 mass by means of general linear mixed models (LMMs), thereby also including sex and the
220 two-way interaction with sex whenever significant (model 1-4; Table A1).

221 We then tested whether nestling plasma ROMs, OXY, body size and body mass differed
222 between matching and mismatching pre- and post-hatching environments by means of
223 LMMs. Models also included sex and post-hatching treatment wherever these factors were
224 significant (model 5-8; Table A1).

225 We also tested whether post-hatching treatment and sex effects (and two-factor interactions)
226 on ROMs, OXY, body size and body mass differed between individuals exposed to matching
227 or mismatching environments by means of contrast statements (model 9-12; Table A1). To
228 correct for multiple testing, a sequential Bonferroni-type correction was applied to the *P*-
229 values (Holm 1979). Three-factor interactions were not modelled due to lack of power as a
230 consequence of our complex experimental design in relation to the sample size. In particular,
231 the power for detecting the observed differences (see Results section) at the 5% level of
232 significance is 35% and 50% for ROM and OXY levels, respectively (Verbeke and
233 Molenberghs 2000). All models with ROMs as response variable (model 5 and 9; Table A1)
234 were controlled for body size as both variables were related (see model 1 and Results).

235 Finally, we tested whether post-hatching treatment and sex effects (and two-factor
236 interaction) on post-fledging survival differed between individuals exposed to matching or
237 mismatching environments (model 13, Table 1A), whether OXY and ROM levels were
238 related to post-fledging survival and whether this relation was affected by nestling sex (model
239 14, Table 1A). We therefore applied two generalized linear mixed models with logit link and

240 adaptive Gaussian quadrature. As body mass and laying date are known to affect post-
241 fledging survival (e.g. Naef-Daenzer et al. 2001, Verhulst and Nilsson 2008), both variables
242 and their interaction term were added as covariates.

243 To ascertain that any possible sex effect was not simply caused by parasitized-induced
244 changes in nest sex ratio or by partial cross-fostering inducing a sex-ratio shift, we fitted two
245 generalized linear models with logit link. Sex ratio in the nest of origin or rearing was thereby
246 considered as the response of interest and pre-hatching or post-hatching treatment as
247 explanatory variable, respectively (models 15-16, Table A1).

248

249 All mixed models contained nest of origin and nest of rearing as random factors to account
250 for similarities between nestlings hatched and/or reared in the same nest. Effects of nest of
251 origin were nested within nest of rearing (e.g. Kunz and Ekman 2000). We used restricted
252 maximum likelihood (REML) parameter estimation for LMMs to obtain unbiased estimates
253 of variance components, and likelihood ratio test statistics to test if variances differed
254 significantly from zero (Verbeke and Molenberghs 2000). Fixed effects were estimated from
255 the most parsimonious model obtained after the sequential removal of non-significant effects.
256 Degrees of freedom for LMMs were estimated following the method described by Kenward
257 and Roger (1997). All statistical analyses were performed in SAS 9.2 (SAS Institute Inc.
258 2002-2003, Cary, NC, USA).

259

260 **Results**

261

262 Variation in oxidative stress

263

264 ROM levels were lower if pre-and post-hatching environments matched ($F_{1,39} = 4.52$; $P =$
265 0.040) and were also lower in daughters ($F_{1,364} = 4.61$; $P = 0.032$). Subsequent analyses
266 showed that these results were mainly caused by the fact that the effect of the post-hatching
267 treatment differed between both sexes in matching environments ($F_{1,353} = 7.68$, $P = 0.012$;
268 Fig. 2): daughters showed significantly lower ROM levels than sons in infested nests ($F_{1,352} =$
269 15.37 ; $P = 0.0002$; Fig. 2), but not in uninfested ones ($F_{1,361} = 0.03$; $P = 0.86$; Fig. 2).
270 However, when pre- and post-hatching environments were different, no sex-specific
271 differences were found in relation to post-hatching treatments ($F_{1,361} = 0.17$, $P = 0.68$; Fig. 2).
272 When comparing ROM levels of daughters among environments, we found that the lowest
273 ROM levels occurred in parasitized daughters developing in matching environments (Fig. 2).
274 These levels tended to be lower than those of unparasitized daughters in matching
275 environments ($F_{1,160} = 3.80$, $P = 0.053$; Fig. 2), and were significantly lower than those of
276 parasitized ($F_{1,137} = 6.05$, $P = 0.031$; Fig. 2) and unparasitized ($F_{1,189} = 10.30$, $P = 0.005$; Fig.
277 2) daughters in mismatching environments. In sons, ROM levels tended to differ between
278 parasitized and non-parasitized individuals developing in matching environments ($F_{1,196} =$
279 3.53 , $P = 0.062$; Fig. 2), but not among other groups (all $P > 0.23$). Neither nest of origin nor
280 nest of rearing explained a significant part of the total variability in ROMs (both $P > 0.33$).
281 Finally, ROM levels negatively covaried with body size (estimate \pm SE: -1.67 ± 0.62 ; $F_{1,250} =$
282 7.29 ; $P = 0.0073$) while correcting for offspring sex ($P = 0.021$). This effect was mainly
283 caused by a negative relation between body size and ROM in daughters (estimate \pm SE: -1.90
284 ± 0.84 ; $F_{1,320} = 5.06$; $P = 0.025$), as a similar relation in sons was not significant (estimate \pm

285 SE: -1.41 ± 0.89 ; $F_{1,325} = 2.50$; $P = 0.12$). Body mass was not related with ROM levels ($P =$
286 0.55).

287 **FIGURE 2 ABOUT HERE**

288

289 With respect to OXY levels, the effect of the post-hatching treatment differed between both
290 sexes when pre- and post-hatching environments matched ($F_{1,370} = 8.21$, $P = 0.009$): OXY
291 levels of sons were higher than those of daughters in uninfested nests ($F_{1,370} = 5.85$, $P =$
292 0.032; Fig. 3), whereas OXY levels of daughters tended to be higher in infested nests ($F_{1,370}$
293 $= 2.75$, $P = 0.098$; Fig. 3). Comparing OXY levels among environments within each sex,
294 OXY levels of daughters were higher in infested than in uninfested nests ($F_{1,370} = 5.02$, $P =$
295 0.026; Fig. 3), whereas OXY levels of sons tended to be lower in infested nests ($F_{1,370} = 3.31$,
296 $P = 0.069$; Fig. 3). In contrast, when pre- and post-hatching environments did not match, the
297 effect of the post-hatching treatment did not depend on the sex ($F_{1,370} = 0.00$, $P = 0.99$),
298 neither did OXY levels differ between matching or mismatching environments when
299 averaged over both sexes and post-hatching treatments ($F_{1,376} = 0.38$; $P = 0.54$). Neither nest
300 of origin nor nest of rearing explained a significant part of the total variability in OXY (both
301 $P = 1$). Body size was not related to OXY levels ($P = 0.79$). Yet, the interaction between
302 body mass and sex on OXY levels was marginally significant ($P = 0.055$) with OXY levels of
303 female daughters tending to increase with body mass (estimate \pm SE: 4.72 ± 2.42 ; $F_{1,373} =$
304 3.80; $P = 0.052$), while such an effect was not observed in sons ($P = 0.44$).

305 **FIGURE 3 ABOUT HERE**

306

307 Variation in nestling condition and post-fledging survival

308

309 Overall, nestlings from matching and mismatching environments did not differ in body size
310 ($F_{1,44.3} = 0.28$; $P = 0.60$). However, daughters were smaller than sons ($F_{1,328} = 94.17$; $P <$
311 0.0001), and this sexual dimorphism tended to be larger in case of mismatching pre- and
312 post-hatching environments mainly due to smaller daughters in mismatching environments
313 ($F_{1,326} = 3.49$; $P = 0.063$; Fig. 4). Daughters also weighed less than sons ($F_{1,329} = 112.78$; $P <$
314 0.0001), however, this dimorphism was not affected by the matching of pre- and post-
315 hatching environments ($F_{1,43.3} = 1.17$; $P = 0.29$). Neither body size nor mass were affected by
316 the post-hatching treatment (all $P > 0.56$). Nest of origin (22 and 20%) and nest of rearing (17
317 and 23%) explained a significant part of the total variance in body size and mass, respectively
318 (all $P < 0.017$). Finally, post-fledging survival tended to be higher in daughters ($F_{1,289} = 3.19$;
319 $P = 0.075$), but this trend was independent of the level of matching of pre-and post-hatching
320 environments, the post-hatching treatment or OXY and ROM levels (all $P > 0.11$).

321 FIGURE 4 ABOUT HERE

322

323 Sex ratios within nests of origin were not affected by the parasite treatment, nor was there
324 any relation between the parasite treatment and the sex ratio after partial cross-fostering (both
325 $P > 0.41$).

326

327 **Discussion**

328

329 Being raised in a foster nest may reduce an organism's condition and health status. Here, we
330 found that ROM levels of great tit nestlings were higher after cross-fostering. This was
331 mainly caused by the fact that daughters that were raised in their own nest showed lower
332 ROM levels, but only if they were exposed to parasites, than daughters from all other
333 treatment combinations. These daughters also showed lower ROM levels and tended to show
334 higher OXY levels than sons under matching high parasite pressure. Oxidative stress levels
335 were hence lowest (i.e. lowest ROM levels and high OXY levels) in daughters that developed
336 in their own parasite-infested nests. On the contrary, under matching low parasite pressure,
337 there was no difference between the sexes in ROMs, but daughters showed lower OXY levels
338 than sons. Sons that stayed in their own nest hence experienced slightly less oxidative stress
339 than daughters when reared under low parasite exposure. Oxidative stress levels of nestlings
340 reared in a foster nest were relatively high and did not differ between the sexes or parasite
341 treatments. Also, other measures of nestling health status, such as body mass, were not, or
342 only slightly, affected by cross-fostering and parasite exposure.

343

344 The observation that oxidative stress levels are somewhat lower when offspring are reared by
345 their own mother suggests the occurrence of maternal effects, though our results showed that
346 the outcome of such maternal effects depends on offspring sex and environmental conditions
347 (here, whether or not exposed to parasites). As parasitized mothers had already been exposed
348 to parasites before egg-laying, the maternal effect may be caused by a parasite-induced
349 modification of egg investment to help offspring coping with high parasite loads (e.g.
350 Buechler et al. 2002, Tschirren et al. 2004, Gasparini et al. 2002). Only daughters seemed to
351 benefit from such a parasite-induced maternal effect, suggesting that maternal investment in

352 egg yolk, nestling susceptibility to such investment, or costs induced by maternal
353 adjustments, differed between sexes (e.g. Groothuis et al. 2005, Badyaev et al. 2006a, De
354 Neve et al. 2008, Badyaev et al. 2006b, DeWitt et al. 1998). Mechanisms underlying such a
355 sex-specific parasite-induced maternal effect remain hypothetical, but may be related to
356 antioxidant or testosterone deposition, since both substances have been related to maternal
357 parasite and antigen exposure (e.g. Saino et al. 2002, Tschirren et al. 2004), sex-specific
358 investment (e.g. Verboven et al. 2005, Badyaev et al. 2006b, Silverin and Sharp 1996) and
359 oxidative stress levels (e.g. Alonso-Alvarez et al. 2007, Zhu et al. 1997, Chainy et al. 1997).
360 Apart from testosterone, other steroid hormones such as oestrogen and glucocorticoid have
361 also been shown to affect oxidative stress (Zhu et al. 1997, Viña et al. 2006, Borrás et al.
362 2003, Costantini et al. 2011), but it is yet unclear whether, and to what extent, their
363 concentrations vary with maternal parasite exposure and differ between sexes.

364

365 A parasite-induced maternal effect may also be caused by an increase in parental food
366 provisioning in response to nest parasites (Bouclama et al. 2002, Christe et al. 1996a),
367 possibly mediated by increased nestling begging intensity (Christe et al. 1996a). This
368 behavioural adjustment may not only directly affect offspring body condition and health
369 status but also the amount of antioxidants that the latter receive with food. Furthermore, the
370 observation that food distribution is more unequal among nestlings of infested nests (Christe
371 et al. 1996a) and the fact that hen fleas reduce body mass and size of great tit nestlings
372 (Richner et al. 1993, Christe et al. 1996a) most strongly in males (Tschirren et al. 2003)
373 indicate that higher oxidative stress levels in sons might also be a result of sex-specific
374 differences in food intake, despite the absence of evidence that parents can effectively
375 discriminate between daughters and sons while feeding (Michler et al. 2010).

376

377 A parasite-induced maternal effect that protects great tit offspring from the adverse effects of
378 parasites has previously been suggested as nestlings from flea-exposed mothers were heavier
379 and grew faster than those of unexposed ones in the presence of fleas (Buechler et al. 2002,
380 Heeb et al. 1998). However, in our study, effects of poor phenotype-environment matching
381 and the parasite treatment were not observed on nestling body mass or size. Furthermore,
382 post-fledging survival was not affected by any of both treatments, nor was it related to
383 oxidative stress levels. These results suggest that negative consequences of parasite exposure
384 on the offspring were rather low and the lack of carry-over effects of parasites during
385 development. Similarly, a recent study in Sechelles warblers (*Acrocephalus sechellensis*)
386 found no relation between malaria infection and body condition, despite increased oxidative
387 stress in infected birds (van de Crommenacker et al. 2011b). Earlier, it has been suggested
388 that the expression of parasite-induced maternal effects on nestling condition may be context-
389 dependent (Gallizzi et al. 2008), e.g. stronger under harsh environmental conditions when
390 low food availability might prevent parents to compensate for adverse energetic effects of
391 parasite exposure by increasing their food provisioning rate to nestlings (Dufva and Allander
392 1996). However, the high number of fledglings per nest and high mean fledgling mass
393 compared to previous breeding seasons in the same study area (De Coster, unpublished data)
394 suggest that environmental conditions were relaxed during our study. Under such conditions,
395 adverse effects of increased parasite loads on nestling body condition can be expected to be
396 masked, in spite of the observed effect on oxidative stress levels. Alternatively, as oxidative
397 damage accumulates with age and effects are linked with ageing and the development of age-
398 related diseases (Harman 1956, Finkel and Holbrook 2000), negative effects of oxidative
399 stress might only become visible in older birds.

400

401 In addition to maternal effects, flea infestation may also have triggered a physiological
402 defence mechanism that is stronger, or only present, in daughters. For example, an elevated
403 free radical production in daughters exposed to parasites might have led to increased
404 antioxidant levels (Costantini 2008, Barja 2002), which may, in turn, result in lower oxidative
405 damage. The fact that daughters from infested nests showed very low ROM levels and
406 increased levels of OXY supports this hypothesis. In contrast, sons tended to show high ROM
407 and low OXY levels in infested nests, suggesting that their antioxidant system was not able to
408 counteract the negative effects of parasites on oxidative stress. Possibly, parasites triggered
409 other defence mechanisms in males. For example, it has been suggested that under harsh nest
410 conditions, male jackdaw (*Corvus monedula*) offspring show increased levels of oxidative
411 stress, while female offspring are more adversely affected in their growth (Salomons et al.
412 2009). Our results showed similar effects since females, but not males, tended to be smaller
413 under mismatching pre- and post-hatching conditions. However, the negative relation
414 between body size and ROMs and the tendency towards a positive relation between body
415 mass and OXY in daughters (but not in sons) does not support the occurrence of a trade-off
416 between investment in growth and oxidative stress coping. Rather, these relations suggest that
417 all these characteristics reflect nestling condition. Particularly, daughters in good condition
418 seem able to maintain low oxidative stress levels despite simultaneous investments in body
419 size and mass, which is known to lead to increased metabolic activity and free radical
420 production (reviewed in Balaban et al. 2005). Possibly, an elevated production of
421 antioxidants helps daughters to actively buffer against an increased free radical production.

422

423 Despite the higher ROM levels in nestlings that developed in a foster nest, parasite exposure
424 did not affect any of the measures of nestling health status when a nestling developed in a
425 foster nest, nor did both sexes respond differently. This suggests that there are no additional

426 costs of post-hatching parasite exposure when reared in a foster nest, presumably because
427 negative effects of parasite exposure were low compared to those of cross-fostering.
428 However, because of our experimental design, all translocated nestlings were exposed to
429 parasites in some life-stage, i.e. before or after hatching. The latter (i.e. parasitized nestlings
430 from mothers that were not exposed to parasites) might be negatively affected because they
431 were not prepared to a parasitic environment by their mother, possibly resulting in a lower
432 parasite tolerance (Heeb et al. 1998). The former (i.e. offspring from parasitized mothers that
433 were reared in an environment without parasites) possibly produced a potentially costly
434 phenotype, which was in vain if the same stressor was not imposed on the offspring (but see
435 Gallizzi et al. 2008). Hence, an alternative explanation is that effects of direct (i.e. only post-
436 hatching) parasite exposure and maternal (i.e. only pre-hatching) parasite exposure are
437 similar.

438

439 In our experimental design, nestlings from matching environments not only experienced the
440 same parasite pressure before and after hatching but were also raised by their own parents
441 and in their own nest, while this was not the case for nestlings from mismatching
442 environments. Hence, high oxidative stress levels in mismatching nestlings may also be a
443 consequence of the stress induced by developing in a foster nest instead of being the
444 consequence of mismatching pre- and post-hatching parasite exposure. Stressful conditions,
445 such as developing in a foster environment, may result in increased metabolic rate (Romero
446 2004, Berthouly et al. 2007) and hence more oxidative stress (Finkel and Holbrook 2000).
447 Furthermore, the mismatch between parental and offspring phenotypes induced by nestling
448 exchange may also have caused negative effects in offspring, such as higher oxidative stress
449 levels. In favour of this hypothesis is the fact that inflammatory immune responses of great tit
450 nestlings are lower after cross-fostering (Berthouly et al. 2007). Also, in domesticated

451 canaries (*Serinus canaria*), cross-fostered nestlings grow slower than those raised by their
452 own parents, because of the disruption of the prenatal signals which enable parents to adjust
453 the begging behaviour of their offspring to their own provisioning behaviour (Hinde et al.
454 2010). Because of the significance of offspring begging and parental feeding in reducing
455 negative effects of parasites (Bouclama et al. 2002, Christie et al. 1996a; see also above), such
456 a parental-offspring phenotype mismatch may hence also explain the observed results. Future
457 studies should therefore investigate whether such mechanism can also (or rather) explain the
458 observed oxidative stress levels by cross-fostering whole clutches between tetrads of nests,
459 that is by exchanging half of the nestlings between pairs of infested and uninfested nests and
460 the other half between nests subjected to the same treatment.

461

462

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464

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473

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675

676

677 **Figure legends**

678

679 **Fig. 1.** Scheme of partial cross-foster protocol. Half broods ($N = 24$ pairs) were reciprocally
680 swapped (see arrows) between infested nests (P+; black edged) and uninfested nests (P-;
681 white edged). The two nest boxes at the top and at the bottom represent the pre- and post-
682 hatching environment, respectively. Mothers from black nestlings had been infested with
683 parasites before egg-laying, while mother from white nestlings had not. The cross-fostering
684 resulted in two groups: matching (i.e. P+P+ or P-P-) versus mismatching (i.e. P-P+ or P+P-)
685 pre- and post-hatching environments.

686

687 **Fig. 2.** Effect of matching and mismatching pre- and post-hatching parasite environments on
688 reactive oxygen metabolite (ROM) levels (+ SE) for female and male nestlings. Darker bars
689 refer to environments that involved more parasite infestations. Reported P -values are those
690 for the interaction between post-hatching treatment and sex for matching and mismatching
691 environments. Asterisks denote significant differences ($*P < 0.05$; $**P < 0.01$) within
692 (represented by arrows) and between (asterisks in between bars) the sexes for a particular
693 combination of pre- and post-hatching environments. For ease of visual interpretation original
694 instead of residual dROM levels are depicted.

695

696 **Fig. 3.** Effect of matching and mismatching pre- and post-hatching parasite environments on
697 total plasma antioxidant capacity (OXY) levels (+ SE) for female and male nestlings. Darker
698 bars refer to environments that involved more parasite infestations. Reported P -values are
699 those for the interaction between post-hatching treatment and sex for matching and
700 mismatching environments. The asterisks denote significant differences ($P < 0.05$) within

701 (represented by arrows) and between (asterisks in between bars) the sexes for a particular
702 combination of pre- and post-hatching environments. For ease of visual interpretation original
703 instead of residual OXY levels are depicted.

704

705 **Fig. 4.** Interactive effect of sex and the pre- and post-hatching parasite environments on
706 nestling's body size (\pm SE).

Figures

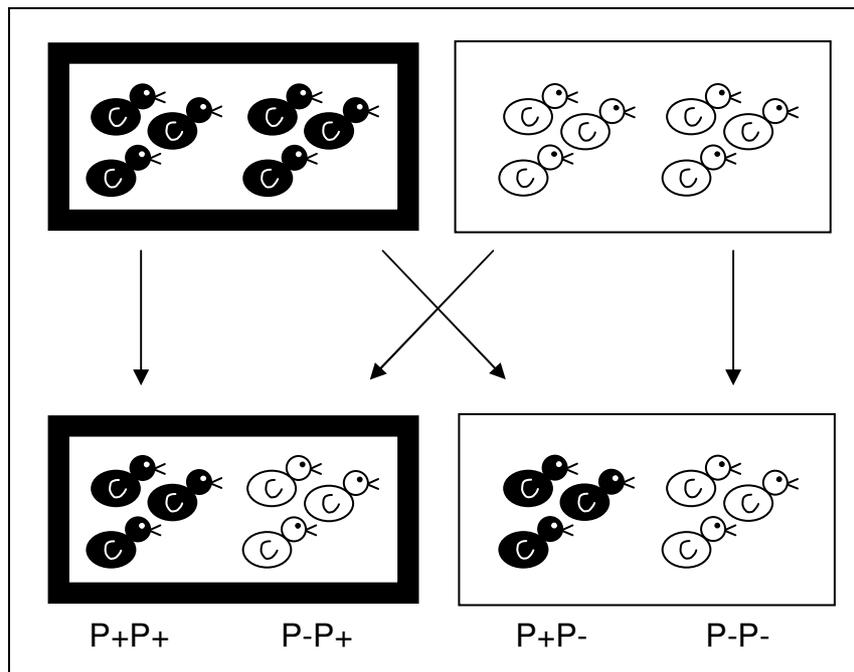


Fig. 1

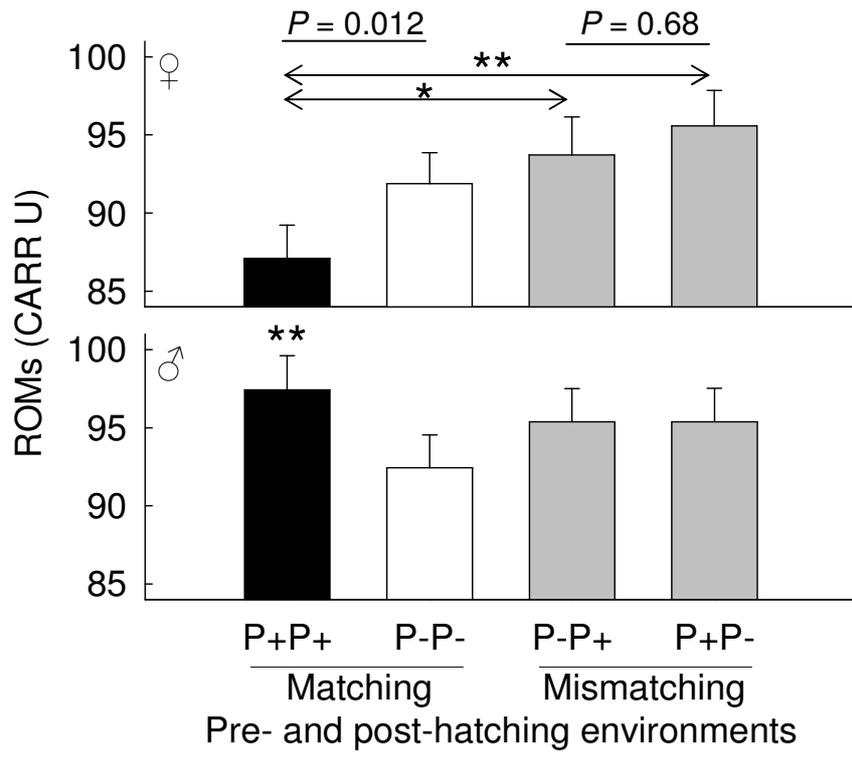


Fig. 2

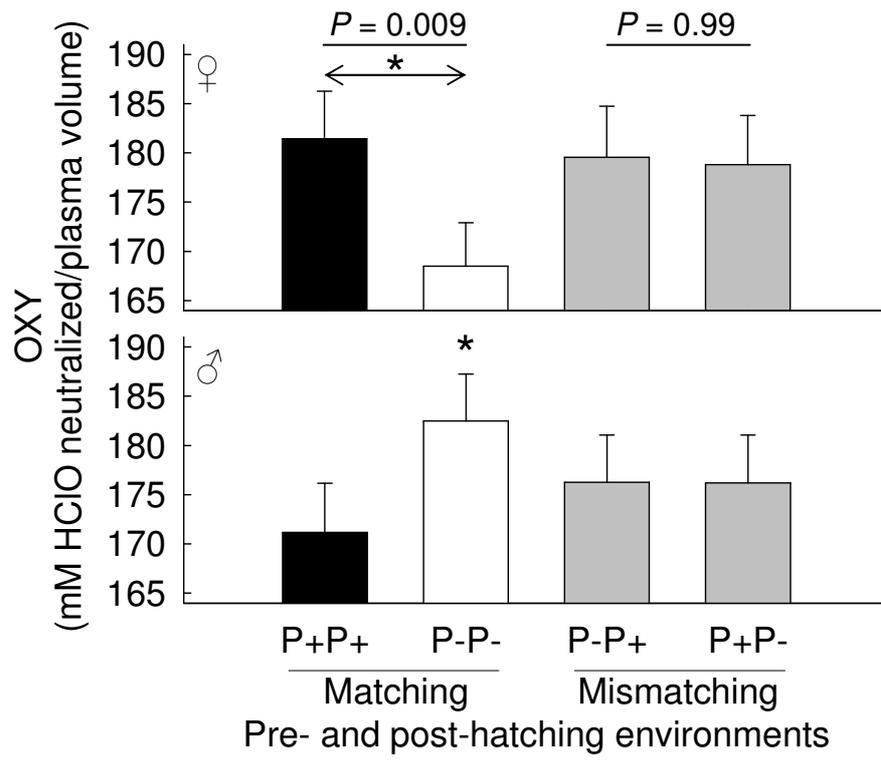


Fig. 3

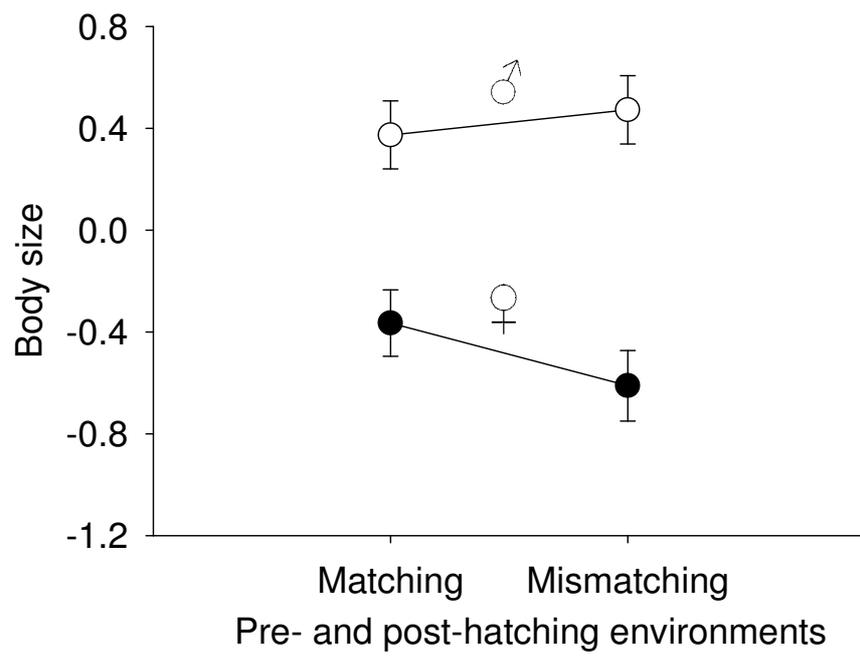


Fig. 4

Table A1 Overview of all fitted full models. Non-significant effects were sequentially removed to obtain parameter estimates. Terms included in final models are underlined.

Model identity	Statistical model	Response variable	Explanatory variables
1	LMM	ROM	<u>size</u> <u>sex</u> <u>size*sex</u>
2	LMM	ROM	<u>mass</u> <u>sex</u> <u>mass*sex</u>
3	LMM	OXY	<u>size</u> <u>sex</u> <u>size*sex</u>
4	LMM	OXY	<u>mass</u> <u>sex</u> <u>mass*sex</u>
5	LMM	ROM	<u>matching</u> <u>sex</u> <u>treatment</u> <u>size</u>
6	LMM	OXY	<u>matching</u> <u>sex</u> <u>treatment</u>
7	LMM	size	<u>matching</u> <u>sex</u> <u>treatment</u>
8	LMM	mass	<u>matching</u> <u>sex</u> <u>treatment</u>
9	LMM	ROM	within matching/mismatching: <u>sex</u> <u>treatment</u> <u>sex*treatment</u> <u>size</u>
10	LMM	OXY	within matching/mismatching: <u>sex</u> <u>treatment</u> <u>sex*treatment</u>
11	LMM	size	within matching/mismatching: <u>sex</u> <u>treatment</u> <u>sex*treatment</u>
12	LMM	mass	within matching/mismatching: <u>sex</u> <u>treatment</u> <u>sex*treatment</u>
13	GLMM	Survival	within matching/mismatching: <u>sex</u> <u>treatment</u> <u>sex*treatment</u> <u>mass</u> <u>date</u> <u>mass*date</u>
14	GLMM	Survival	ROM OXY <u>sex</u> ROM*sex OXY*sex <u>mass</u> <u>date</u> <u>mass*date</u>
15	GLM	Sex ratio	within nest of origin: <u>treatment</u>
16	GLM	Sex ratio	within nest of rearing: <u>treatment</u>

LMM: general linear mixed model

GLMM: generalized linear mixed model

GLM: generalized linear model