1	Bubble cavity for ethylene encapsulation based on starch-fatty acid
2	salt complex
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16	Abstract: This study investigated the effects of bubble or bubble gel characteristics on gas
17	loading properties. The bubble carriers prepared by starch-fatty acid salt (SFAC) complex
18	presented a better loading ability for ethylene with content in the range of 0.43-0.95 mL/g,
19	in which bubble system prepared by 4% SFAC dispersion showed a better gas loading
20	performance (0.95 mL/g). The gas content significantly decreased to 0.22–0.66 mL/g after
21	bubble gel formation. However, all bubble gel had a slower gas release rate than that of
22	corresponding bubble. In bubble gel system, bubble cavity immobilized with a gel network
23	to reduce bubble breakage and coalescence, which was beneficial for retarding gas
24	escaping. Besides, water layer surrounded by bubble cavity, as a physical barrier, could
25	further slow gas-escaping speed. As an effective carrier, the bubble and bubble gel carriers
26	based on starch are potential material for ethylene gas encapsulation used in fruit ripening
27	applications.

29 Keywords: starch, ethylene, gas encapsulation, bubble, bubble gel, release

32	The uncontrollable risks of ethylene gas, usually directly used in ripening process
33	(Huang et al., 2020) led researchers to utilize cyclodextrins (CDs) (Binh et al., 2015),
34	metal-organic frameworks (MOFs) (Zhang et al., 2016), and V-type starch (VS) (Liu et al.,
35	2022a; Liu et al., 2022b; Shi et al., 2017a) as solid carriers to encapsulate ethylene gas. The
36	CD molecule showed about 2.9% (w/w) of ethylene loading capacity at 0.2–1.5 MPa with
37	the help of hydrophobic interactions (Ho et al., 2011). However, the fixed cavity size of
38	CD limited its loading ability. The large internal surface areas and tunable cavities of the
39	MOF based $\alpha$ -CD significantly improved the capacity, and encapsulation ability of the
40	ethylene gas was to 47.4-52.9% (w/w) (Li et al., 2020). Meanwhile, the flexible
41	hydrophobic hollow structure of the VS contributes to the ethylene gas encapsulation (Shi
42	et al., 2017b). The VS cavity size is classified to $V_6$ , $V_7$ , and $V_8$ -type, depending on the
43	number of glucose units (Shi et al., 2019a). The loading performance of VS is significantly
44	correlated with the percentage of V-type single helix. Our previous study reported that
45	ethylene concentration increased from 8.0-31.8% (w/w) to 18.1-49.6% (w/w) because of
46	an increase in the V-type single helix ratio (Shi et al., 2019b). However, these existing
47	materials have many practical disadvantages, such as poor stability (VS), low adsorption
48	capacity (CD), and high cost (MOF). Hence, it is important to develop novel ethylene
49	carrier that is in line with the needs of practical applications.

50 Bubbles are a natural form of gas surrounded by liquid or solid substances to form 51 spherical cavity bubbles. According to their diameter, bubbles are divided into nanobubbles, 52 sub-microbubbles, and microbubbles (Temesgen et al., 2017). The nanobubbles have been

widely used in water treatment (Temesgen et al., 2017), medical imaging, drug delivery 53 (Lindner et al., 2001; Shen et al., 2018), surface cleaning, and mineral flotation (Wu et al., 54 55 2008; Zhu et al., 2016) for the past 20 years due to their excellent stabilizing and functional properties. In the process of water treatment, ozone-loaded nano- or microbubbles provide 56 more active free radicals and oxidants to purify wastewater efficiently (Agarwal et al., 2011; 57 Jay et al., 2017; Hu and Xia, 2018). In the field of medical imaging, microbubbles penetrate 58 into blood vessels, and the health of blood vessel tissues is assessed by ultrasound feedback 59 under the action of some target-binding receptors found on the bubble surface (Lindner et 60 61 al., 2001). In the pharmaceutical industry, bubbles with high stability, good biocompatibility, and uniform particle size were used to deliver oxygen (O<sub>2</sub>) (McEwan et 62 al., 2015), nitric oxide (NO) (Jeong et al., 2018), and xenon (Xe) (Peng et al., 2013). In the 63 64 medical field, the nano- or microbubble carrier (Friedman et al., 2008) requires high production technology and cost. However, in the fruit ripening process, the bubble carrier 65 has no such demands. Furthermore, the ethylene gas encapsulation into bubbles or bubble 66 67 gel has not been reported.

In this study, the ability of bubbles to carry ethylene was investigated based on the starch-fatty acid salt complex (SFAC). In addition, the bubbles were immobilized into bubble gel matrix for enhancing bubble cavities stability. It was hypothesized that ethylene gas could be encapsulated in bubble or bubble gel carrier in a storage environment. Therefore, the characteristics of bubble and bubble gel, including bubble diameter, microstructure of bubble gel, gas loading capacity, and storage stability, were investigated. Bubble or bubble gel carrier could efficiently promote fruit and vegetable ripening

### 75 development.

#### 76 2. Materials and methods

77 2.1. Materials

SFAC was prepared using normal maize starch (5 %, w/w) and sodium laurate (10 %
of the weight of starch) in laboratory (Jiang et al., 2023). D-(+)-gluconic acid δ-lactone
was purchased from Shanghai Aladdin Co., Ltd. (China). The Gaonengda Chemical
Industry Co., Ltd. (Zhaoqing, China) provided the ethylene gas (99.9% purity). All other
chemicals used were of analytical grade.

### 83 2.2. Ethylene in a water bubble system preparation

The bubble system prepared according to the previous research (Liu et al., 2019) with slight modifications. Briefly, appropriate weight of SFAC was dispersed in 100 mL water to obtain 2%, 3%, 4%, 6% dispersion followed by addition of Tween 80 (1%, w/w) as emulsifier. The ethylene gas was injected continuously into the dispersion bottom to gain an ethylene environment. Meanwhile the system was high-speed shear treatment at 20,000 rpm for 2 min to prepare bubble system. The resulting bubbles were immediately analyzed and detected.

91 2.3 Preparation of bubble gel

SFAC dispersion formed a gel network after contacting with H<sup>+</sup> (Jiang et al., 2023). To hold ethylene gas and enhance stability of bubble cavities, the bubble gel matrix was prepared by addition of the d-(+)-gluconic acid  $\delta$ -lactone to release H<sup>+</sup>, generat an acid environment, and form a bubble gel. Thus, fresh bubbles (100 mL) were mixed with 0.1 g d-(+)-gluconic acid  $\delta$ -lactone followed by stirring and solidification for 10 min to form

- 97 bubble gel carrier.
- 98 2.4 Characteristics
- 99 2.4.1 Microscopic observation
- 100 An inverted microscope (DMi8, Leica, Germany) was used to observe the 101 microscopic images of bubbles at ambient temperature under bright mode. A certain 102 volume of bubble dispersion (about 30  $\mu$ L) was dropped in microscope slide glass and 103 images of samples were observed at 10×40 magnification.
- 104 *2.4.2 Size distribution of bubbles*
- 105 The bubble diameters and size distribution determined using ImageJ software (v1.51,

106 National Institute of Health, USA). The diameters were calculated through pixel analysis

107 according to the scale bars. At least 100 bubbles were selected to evaluate the diameters

108 and size distribution data.

109 2.4.3 The viscosity analysis for dispersion and bubble system

110 The SFAC dispersion and bubble system were tested by a Discovery HR-1 rheometer

111 (TA Instrument Ltd., USA) at 25 °C. The shear rate of viscosity tests for samples were set

112 from 0.1 to  $100 \text{ s}^{-1}$ . The functions of shear stress and shear rate was described by the Power-

113 Law and Herschel-Bulkley (HB) models (Fan et al., 2022).

- 114 Power Law model:  $y = k(x)^n$  Eq (1)
- 115 HB model:  $y=a + k(x)^n$  Eq (2)
- where y represent the shear stress (Pa) of the dispersion and bubble, x is the shear rate ( $s^{-1}$ ),
- 117 k is the consistency (Pa·s), and n is the flow behavior index.
- 118 2.4.4 Viscoelastic detection

A Discovery HR-1 rheometer (TA Instrument Ltd., USA) was used to detect viscoelastic characteristics of bubble gel. In this section, the non-bubble gels were formed by corresponding SFAC dispersion as control groups. On strain sweep and frequency sweep modes, the storage modulus (G') and loss modulus (G") of samples were detected. The frequency sweep was set to 0.1–100 Hz at a specific 1% strain. The strain sweep operation was set to the 1%–100% strain at a frequency of 1 Hz. All the operations for samples and detection were set at 25 °C.

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## 2.4.5 Morphology observation

127 The morphology of samples observation used to a scanning electron microscope 128 equipment (Phenom Pro, Thermo Fisher Scientific Inc., Waltham, USA). The dry bubble 129 gel and non-bubble gel were fixed on microscope stage with conductive double-sided tape. 130 In order to increase conductivity of samples, gold layer (10 nm) was sprayed on the surface.

131 *2.5 Gas loading ability and stability* 

According to our previous report, the ethylene content of samples was detected (Shi 132 133 et al., 2017a). In brief, 0.5 g bubble or bubble gel were placed into an sample vial, subsequently adding 1 mL of water. The cap was sealed immediately. To thoroughly release 134 ethylene gas, all sample vials were shaken for 5 min. The headspace gas chromatography 135 (HS-GC) was used to determin ethylene content, which equipped with an Agilent 7890A 136 GC system (Agilent, CA, USA). At the same time, the sample injection was used a DANI 137 HS 86.50 automatic headspace sampler (DANI Instruments S.p.A., Cologno Monzese, 138 139 Italy).

140 2.6. Statistic analysis

141 All experiments operation were at least three times. The SPSS 20.0 statistical analysis 142 program (IBM Corp., USA) was used to obtain the analysis of variance (ANOVA) of the 143 data. The difference among samples was judged by the Duncan's post hoc test. When p144 values were < 0.05, differences between data were considered statistically significant.

- 145 **3. Results and discussion**
- 146 *3.1. The microstructure and size distribution of bubble*

The observed micrograph images of fresh bubbles are shown in Fig. 1. The bubble 147 diameter of individual bubbles of different SFAC concentrations decreased gradually from 148 149 47.8 µm to 26.2 µm with the increase in SFAC concentration from 2% to 4%, while the bubble size of 6% SFAC concentration increased significantly. A previous study reported 150 that the SFAC could act as emulsifier to form oil in water emulsion (Huang et al., 2021), 151 152 which indicated its emulsifying properties. Thus, with an increase in the concentration (2-4%) of SFAC, the bubble diameter decreased. While the larger bubble size formed in the 153 6% SFAC system might be due to the higher viscosity that hindered energy dispersion 154 155 (Schmidt et al., 2015).

Fig. 1 shows the size distributions of fresh bubble. The diameter of 2% SFAC bubbles ranged from 15–120  $\mu$ m (Fig. 1a), while the size of 3% and 4% SFAC decreased to 5–90  $\mu$ m and 5–65  $\mu$ m after stabilization, indicating that 2–4% SFAC concentration relatively showed uniform particle size. However, a wide range of size distribution was obtained in the 6% SFAC bubble system, leading to a bigger average bubble diameter (43.3  $\mu$ m), consistent with microscope images (Fig. 1). After 60 h of storage, all bubbles disappeared (data not shown), which was ascribed to the burst and coalescing among bubbles. A

previous study reported that the stability of gaseous bubbles depends on the bubble size 163 (Zahiri et al., 2021), in which nanobubbles usually maintain stability. For example, bubbles 164 with a 150-200 nm diameter can be stably stored in a solution system for 2 weeks (Azevedo 165 et al., 2016). That means that the microbubble was hard to stabilize because of its tendency 166 to float up. In this study, the size of a fresh bubble was in the range of 26.2–47.8 µm, which 167 was much larger than nanobubbles. Moreover, the wide range of diameter distribution 168 could have an effect on bubble stability. The large bubble had an imbalanced force, leading 169 to intensified movement and coalescence, which also accelerated bubble breakage. In 170 171 addition, many factors could also affect the stability of bubbles (Zahiri et al., 2021), especially system viscosities. Thus, in this research, the viscosities of SFAC dispersion and 172 the corresponding bubble were detected to further investigate the bubble stability. 173



Fig. 1 The size distribution and micrographs of fresh bubble system prepared by 2% (a),
3% (b), 4% (c), and 6% (d) starch dispersion.

### 177 *3.2 The shear stress and viscosity of dispersions and bubbles*

The changes in the viscosity and shear stress of the SFAC dispersions and 178 corresponding bubbles are shown in Fig. 2. The viscosity of both dispersion and bubble 179 samples increased with an increase in SFAC concentrations, consistent with a previous 180 181 study (Islam and Azemi, 1997). The higher SFAC concentration showed a higher molecule 182 density and lower water penetration with restricted mobility and fluidity. According to previous studies (Liu et al., 2020), the influence of viscosity on emulsification could be 183 divided into two parts, similar to the bubble system (ethylene gas in water emulsion). On 184 185 the one hand, a higher viscosity of dispersion could retard the emulsifier's movement to the interface, decreasing the emulsifying activity. As shown in Fig. 2a, the 6% SFAC had 186 the highest viscosity, which limited Tween 80 movement to surface during bubble 187 188 formation under the same conditions, resulting in the formation of a larger diameter bubble. On the other hand, the bubble movement might be restricted because of a higher viscosity, 189 which is useful for maintaining bubble stability, similar to the oil-in-water emulsion 190 191 reported by a previous study (Schmidt et al., 2015). In addition, it could be clearly seen from Fig. 2a that the viscosity of the bubble system was higher than that of the counterpart 192 193 dispersion, which might be due to the decreasing intermolecular distance between SFAC molecules, enhancing the entanglement network, and consequently having higher 194 viscosities in the bubble system. 195

The viscosities of SFAC dispersion and corresponding bubble decreased with the increasing shear rate (Fig. 2a), exhibiting shear thinning characteristics. A previous study explained this phenomenon (Islam and Azemi, 1997), in which the rate of disruption of the

existing entanglements among starch molecules was higher than the rate of re-199 entanglement, resulting in decreasing viscosities. Compared to dispersion, the viscosities 200 201 of the bubble system had a faster decreasing speed, which could be attributed to the breakage of the bubble cavity during viscosity detection. These results indicated that 202 stronger pseudoplastic behavior was obtained in all dispersion and bubble systems. These 203 results were agreement with previous researches (Muhammad et al., 2014; Chan et al., 2017; 204 Dodero et al., 2020), in which Newtonian behavior was obtained at a lower pectin 205 concentration and pseudoplastic behavior was observed at higher polysaccharide 206 207 concentrations. This is a common phenomenon for polysaccharides.





Fig. 2 The changes in the viscosity (a) and shear stress (b) of dispersion and bubble system with the shear rate

The shear stress of dispersions and bubbles increased slowly with the increase in shear rate (Fig. 2b), consistent with previous research (Nascimento et al., 2016). Besides, the bubble had a higher shear stress compared to its counterpart dispersion. In order to further analyze rheological behavior, the data between shear stress and shear rate was fitted by the Power Law and HB models, and Table 1 shows the functional parameters. The parameters k and n represented the apparent viscosity and flow behavior index (Fan et al., 2022; Yanes

217	et al., 2002), respectively. From Table 1, with an increase in the SFAC content, the apparent
218	viscosity ( $k$ value) of dispersion and bubble systems increased and the flow behavior index
219	(n  value) decreased. The same results obtained by two different fitting equations indicated
220	that interactions among SFAC molecules were enhanced with an increase in concentration.
221	Compared to dispersion, the corresponding bubble had a higher $k$ value and a lower $n$ value,
222	suggesting that molecules in the bubble system had a restricted movement space. These
223	results could be attributed to the fact that SFAC molecule interaction was enhanced after
224	bubble cavity formation, leading to an increase in the $k$ value and a decrease in the $n$ value
225	of SFAC molecules. In addition, the $n$ values of all dispersion and corresponding bubble
226	samples are less than 1, which indicates that all samples belong to pseudoplasticity fluids
227	(Fan et al., 2022), consistent with the results of Fig. 2.

Table 1 Rheological parameters of dispersion and bubble systems fitted by the Power

Smaples ID		Power law model			HB model			
		K (Pa. S)	n	$\mathbb{R}^2$	a (Pa)	K (Pa. S)	n	$\mathbb{R}^2$
	2%	0.069	0.747	0.999	0.005	0.071	0.741	0.999
Dispersion	3%	0.194	0.707	0.999	0.014	0.201	0.700	0.999
system	4%	0.421	0.653	0.999	0.027	0.436	0.646	0.999
	6%	9.510	0.358	0.991	0.258	9.234	0.363	0.991
	2%	3.167	0.256	0.952	1.196	1.797	0.367	0.962
Bubble	3%	8.764	0.226	0.941	4.679	3.402	0.412	0.973
system	4%	26.788	0.184	0.933	12.648	12.483	0.321	0.952
	6%	74.972	0.131	0.939	50.036	126.698	0.081	0.942

229 Law and HB models in steady flow behavior.

230 3.3. Analysis of rheological characteristics of gel

Above results indicated that microbubbles based on SFAC were hard to hold stability. Thus, bubble gel was prepared to immobilize the bubble cavity, which could reduce bubble mobility and breakage. Meanwhile, to confirm the effect of bubbles cavities on the gel rheological characteristics, the non-bubble gels prepared by the corresponding SFAC dispersion were used as reference samples. The bubble gel formation mechanism was reported by previous research (Jiang et al., 2023). Briefly, the negative charge of SFAC molecules repel each other to form sol state in water system. The negative charge of SFAC neutralized with d-(+)-gluconic acid  $\delta$ -lactone, gradually released the H<sup>+</sup>, and transferred the sol dispersion into gel state.

Fig. 3 shows the strain sweep curves and oscillatory frequency sweep curves. 240 Compared to the loss modulus (G") value (Fig. 3a and b), the non-bubble gel and bubble 241 242 gel prepared by 2% SFAC had a higher storage modulus (G') value, and also the G' value of samples at 1% oscillation strain was lower than 130 Pa, which was significantly lower 243 than that G' value of 1% gellan gum (500 Pa) (Fan et al., 2022), indicating weak gel 244 245 formation in the 2% SFAC dispersion and bubble systems (Ferreira et al., 2022; Chen et al., 2023). In addition, according to previous study (Chen et al., 2021), the G' represented 246 hardness and G" values represented the energy consumption to resist flow in the gel system. 247 248 As shown in Fig. 3a and b, the G' and G" values of all samples increased with SFAC content increasing, indicating that non-bubble gel and bubble gel had a higher hardness and energy 249 consumption at higher SFAC concentrations. This phenomenon could be ascribed to 250 different densities of junction zones or chain-chain interactions among SFAC molecules at 251 different SFAC contents (Koev et al., 2020; Dudu et al., 2021). The higher SFAC 252 concentration formed more junction zones after electrostatic repulsion elimination, leading 253 to higher G' and G" values. 254



could analyze the limit G' value (Nair and Roy Choudhury, 2020). The nonlinear 256 deformation in the curve appeared after exceeding the LVR point, indicating samples 257 yielding. Interestingly, yield stress of both gel and bubble gel systems obtained by 2% 258 SFAC were the highest (Fig. 3a and b). This might ascribe to the starch chain structure in 259 the gel network linked by junction zones in 2% SFAC had more movement space, which 260 could reduce the destruction of the gel network below a certain strain during detection. 261 While the yield stress of a 3–6% gel or bubble gel system having no significant difference, 262 which might be attributed to the starch chain in the system having a similar movement 263 264 space.



Fig. 3 The strain sweep curves of gel (a) and bubble gel (b) system and the oscillatory
frequency sweep curves of gel (c) and bubble gel (d) system.

Fig. 3c and d shows the oscillatory frequency sweep curves of non-bubble and bubble

gel, in which could obtain the modulus and the tan $\delta$  (G''/G') values. The frequency sweep curves of all samples showed higher G' values than G'' and the tan $\delta$  values of all gels were less than 1. These results indicated that all gel samples maintained an ideal elastic state in detecting frequency ranges (Arogundade et al., 2021; Fan et al., 2022). Similarly, in the strain sweep curves, the G'' and G' values still showed a gradual increase in the SFAC concentration and frequency sweep mode (Fig. 3c and d), further indicating the improvement of junction zones with an increase in SFAC concentration.

## 276 *3.4. The morphology of bubble gels*

To obtain information on gel and bubble gel structures, the surface of all samples was examined after the lyophilization. The gel and bubble gel structures prepared by 2% SFAC hardly maintained the blocky structure after lyophilization, thus it could not be observed in this section.

The SEM images of non-bubble gel and bubble gel prepared at different SFAC 281 concentrations (3–6%) are shown in Fig. 4. The non-bubble gel matrices (Fig. 4a, c, and e) 282 formed after SFAC molecules were contacted with H<sup>+</sup>. It can be seen from micrographs 283 that all non-bubble gels presented a porous structure, which was due to solvent evaporation 284 during lyophilization, accordance with a previous study (Montes et al., 2022). Besides, the 285 porous size gradually decreased with an increase in the SFAC from 3–6%, which might be 286 ascribed to an increase in the SFAC density, leading to the formation of more junction 287 zones. However, the bubble gel showed different morphology with different sheet 288 structures (Fig. 4b, d, and f). This phenomenon could be attributed to the presence of bubble 289 cavities, which could affect the accumulation of SFAC during gel formation. Compared to 290

bubble gel formed by 3% SFAC, bubble cavity structure was obviously observed in 4%
and 6% bubble gel matrices, which directly proved the bubble presence in bubble gel. In
addition, according to this microstructure discrepancy, the non-bubble gel structuremaintained integrity is linked with junction zones, which might lead to a higher G' and G''
value, further proving the rheological results (Fig. 3).



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Fig. 4 SEM images of gel system prepared with 3% (a), 4% (c), and 6% (e) starch dispersion, and bubble gel system prepared with 3% (b), 4% (d), and 6% (f) starch bubble system.

## 300 *3.5 Gas encapsulation capacity and release for carriers*

Fig. 5 showed the ethylene gas content in fresh bubble, bubble gel system, and gas
release at atmospheric temperature. As shown in Fig. 5a, the fresh bubble obtained with 3%

SFAC had the highest ethylene content (0.95 mL/g), the following order is 2% SFAC (0.86 303 mL/g), 4% SFAC (0.81 mL/g), and 6% SFAC (0.43 mL/g). After gel formation, gas 304 305 encapsulation content significantly decreased compared to the counterpart bubble system. The bubble gel prepared with 3% and 4% SFAC loaded 0.66 mL/g and 0.61 mL/g ethylene 306 gas, respectively, while 2% SFAC bubble gel only encapsulated 0.43 mL/g ethylene gas. 307 This could be ascribed to two reasons. On the one hand, bubbles might collapse during gel 308 network formation, leading to the gas escaping from the bubble carrier. On the other hand, 309 the gas permeated the environment through the bubble shell and water layer. Thus, bubble 310 311 stability was an important factor affecting the gas content of bubble gel. Compared to bubbles prepared with 2% SFAC, 3% and 4% SFAC bubbles had higher viscosity (Fig. 2), 312 which could enhance the stability of the bubble cavity. Besides, 2% SFAC bubbles had the 313 314 slowest gel formation speed because of the lowest molecule density and viscosity (Fig. 2b), resulting the disappearance and breakage of more bubble cavities during gel network 315 formation. Thus, the gas concentration in 2% SFAC bubble gel was lower than that in 3% 316 and 4% SFAC systems. However, the 6% SFAC bubble had the highest viscosity; the 317 bubble cavity might be extruded by the gel network, resulting in bubble breakage, thus 318 319 leading to gas escaping and the lowest ethylene gas content (0.22 mL/g) in bubble gel carriers. 320

The ethylene gas released from the bubble system during 60 h of storage is shown in Fig. 5b. The differing gas release rate in bubbles could be due to the gas permeability (Nguyen et al., 2020), shell materials, and bubble stability (Zahiri et al., 2021). Indeed, the bubble cavity stability showed a crucial impact on the gas release characteristics. The

325	instabilized bubble cavity of the 2% bubble system showed a faster releasing rate. Although
326	the 6% bubble system showed the highest viscosity, its bubbles could break faster due to
327	extruding with a higher density of SFAC molecules, thus having a higher gas release rate.
328	It can be seen that bubble carriers obtained with 4% SFAC (Fig. 5b) showed the lowest gas
329	release speed, indicating that bubbles were relatively stable in this system. In order to
330	further analyze the gas release kinetics from bubbles, the release process was fitted by
331	Avrami's equation, and $k$ and $n$ parameters are shown in Table 2. The release rate constant
332	k represented the speed of gas released from bubbles, dependent on bubble properties. The
333	4% SFAC bubble showed the smallest release rate constant $k$ value (41.55), indicating the
334	lowest release rate. While the highest release rate constant $k$ value (727.49) was obtained
335	from a 2% SFAC bubble system, in agreement with the release curve results (Fig. 5b). The
336	n value is an important index of gas release mode. From Table 2, the $n$ values of all bubble
337	carriers fell between 0.34 and 0.86, showing a diffusion-limited process (Liu et al., 2023).
338	That means gas released from bubbles mainly belongs to a major physical process (Shi et
339	al., 2017b).

Table 2 Release rate constant (k), release parameter (n), and degree of fitting  $(\mathbb{R}^2)$  for ethylene from bubble and bubble gel system based on Avrami's equation at room temperature.

Starch	Bubbl	e system	1	Gel system		
Concentration	$k \times 10^{-3} (h^{-1})$	n	$\mathbb{R}^2$	$k \times 10^{-3} (h^{-1})$	n	$\mathbb{R}^2$
2%	727.49	0.34	0.991	357.08	0.44	0.999
3%	167.01	0.59	0.972	106.99	0.63	0.998
4%	41.55	0.86	0.995	17.53	0.99	0.998
6%	276.11	0.57	0.961	128.44	0.62	0.997



Fig. 5 The ethylene gas content (a) in fresh bubble and gel system, and gas release from
bubble system (b) and bubble gel system (c) at room temperature.

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In order to improve the stability of the bubble cavity and reduce the gas release rate, 346 the bubble gel was designed and prepared. Fig. 5c shows the gas released from bubble gel. 347 Similar to bubble carriers, the 4% SFAC bubble gel showed the lowest gas release speed, 348 and the highest release rate was obtained in the 2% SFAC bubble gel. This could be due to 349 the thicker bubble shell in the 4% SFAC gel system, which could retard gas release speed 350 with the aid of the water layer. However, in the higher SFAC gel carriers (6%), the bubble 351 might gradually break and disappear after gel formation because of extrusion, leading to 352 faster gas escaping. Compared to release speed of bubbles (Fig. 5b), the gas release rate of 353

bubble gel significantly decreased (Fig. 5c), indicating that bubble gel was a potential 354 carrier for ethylene gas. The slow gas release speed could be attributed to two reasons. The 355 356 first is that gel formation could immobilize bubble structure and improve bubble cavity stability. The other is that the bubble shell structure could be cross-linked by H<sup>+</sup> to form a 357 physical barrier, preventing ethylene from escaping with the help of the water layer 358 surrounding the bubble cavity. Meanwhile, Table 2 presented the parameters k and n. The 359 parameter k values of bubble gel were obviously lower than those of their counterpart 360 bubbles, further suggesting a lower release rate in bubble gel systems. According to the n 361 362 values (0.44–0.99) of bubble gel, the gas release still belongs to the diffusion-limited mode, demonstrating the physical diffusion process through the bubble shell structure and water 363 layer. 364

## 365 *3.6. Gas loading mechanism of bubble gel*

The schematic diagram of gas encapsulation in bubble and bubble gel systems is 366 shown in Fig. 6. The bubble cavity formed with the help of Tween 80, which could load 367 368 ethylene gas (Fig. 1 and Fig. 5). According to the gas release process from the bubble cavity, bubble stability was an important factor in slowing gas escaping. In order to improve the 369 storage stability of bubbles, the bubble structure was immobilized to form bubble gel carrier. 370 The SFAC molecules could interact with H<sup>+</sup> through cross-linking to form a gel network 371 (Jiang et al., 2023). Thus, in this research, the bubble gel was gradually formed after SFAC 372 molecules contacting with H<sup>+</sup>, in which the H<sup>+</sup> was slowly released from D-(+)-gluconic 373 acid  $\delta$ -lactone in the bubble system. After bubble gel formation, the bubble cavities could 374 decrease the gas leakage. On the one hand, the immobilized shell materials could wrap 375

bubbles to prevent movement and breakage, increasing the stability of the gas carrier. On

- the other hand, the water films surrounding the bubble cavities to further retard ethylene
  - Adding H<sup>+</sup>
     Adding H<sup>+</sup>

     Bubble system
     Bubble gel system

     Fatty acid salt
     Starch-fatty acid salt complex

    Bubble cavity Double helix
- 378 gas from escaping.

Fig. 6 Mechanism of ethylene gas encapsulation based on starch bubble.

381 **4. Conclusion** 

In this research, we investigated the potential bubble and bubble gel gas carrier based 382 on starch material. The all-bubble system had better encapsulation capacity with ethylene 383 content from 0.43 to 0.95 mL/g. Bubble carriers prepared with different SFAC 384 concentrations differed in the gas release speed. The 4% SFAC bubble showed suitable 385 viscosity with the slowest gas release rate. Although 6% SFAC bubble showed the highest 386 viscosity, but its gas release was faster than that of 3% and 4% SFAC, which might be due 387 to bubble breakage by extrude in higher density of SFAC molecules, resulting gas escaping. 388 In order to enhance the bubble cavity stability, the bubble gel carriers were prepared by 389 adding D-(+)-gluconic acid  $\delta$ -lactone, in which electrostatic repulsion between SFAC 390 molecules disappeared, leading to form a gel network. Although the gas loading ability 391

significantly decreased to 0.22-0.66 mL/g after bubble gel formation, the remaining 392 ethylene was still capable of ripening effectively. Moreover, gas release speed of bubble 393 394 gel carriers significantly decreased compared to counterpart bubble. These results could be ascribed to two reasons. The one is that bubble cavity was immobilized in gel to improve 395 bubble stability. The other one is that water layer surrounded by bubble could also be a 396 physical barrier to slow gas escaping. The bubble or bubble gel carrier is a potential 397 material for gas encapsulation in the agriculture and food industry applications such as fruit 398 ripening and food shelf-life regulation. 399

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## 401 **Conflict of Interest**

402 The authors confirm that they have no conflicts of interest with respect to the work403 described in this manuscript

404

### 405 Acknowledgments

406 The authors acknowledge the financial support received from the National Natural Science

407 Foundation of China (31771929), Guangdong Basic and Applied Basic Research

408 Foundation (2023A1515012195), the 111 Project (B17018), the Chinese Scholarship

409 Council (CSC) for funding as a joint PhD (202206150087) at Ghent University.

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## 554 Figure legend

- 555 Fig. 1 The size distribution and micrographs of fresh bubble system prepared by 2%
- 556 (a), 3% (b), 4% (c), and 6% (d) starch dispersion.
- 557 Fig. 2 The changes in the viscosity (a) and shear stress (b) of dispersion and bubble system
- 558 with the shear rate
- 559 Fig. 3 The strain sweep curves of gel (a) and bubble gel (b) system and the oscillatory
- 560 frequency sweep curves of gel (c) and bubble gel (d) system.
- 561 Fig. 4 SEM images of gel system prepared with 3% (a), 4% (c), and 6% (e) starch
- dispersion, and bubble gel system prepared with 3% (b), 4% (d), and 6% (f) starch bubble
- 563 system.
- 564 Fig. 5 The ethylene gas content (a) in fresh bubble and gel system, and gas release from
- 565 bubble system (b) and bubble gel system (c) at room temperature.
- 566 **Fig. 6** Mechanism of ethylene gas encapsulation based on starch bubble.