

**Work it Baby! A Survey Study to Investigate the Role of Underaged Children and Privacy
Management Strategies Within Parent Influencer Content.**

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Abstract

Nowadays, parents are increasingly drawn to establish a successful influencer status on social media. Being a parent influencer offers an alluring work environment, allowing them to combine devotion to their children and generating a considerable income. However, both scholars and policymakers raise significant concerns regarding the orchestrated and monetized nature of influencer sharenting, which involves sharing children's personal information online. The present study, which surveyed 89 [country blinded for review] parent influencers, shows that children are omnipresent in their parents' influencer content. The findings do not only uncover the underlying motivations driving influencer sharenting, but also reveal a low sharenting risk awareness. Building on parent influencers' safe sharenting strategies, this study identifies three parent influencer types: reckless, safe and authoritarian safe sharenters. This classification contributes to a better understanding of the heterogeneity of the parent influencer landscape and will foster the development of protective measures in favor of children's wellbeing.

Keywords: Influencer sharenting; social media; privacy concerns; communication privacy management; child labor; social media influencer; parent influencer; children

INTRODUCTION

On social media, including TikTok, Instagram and YouTube, highly popular social media users have made a profitable endeavor of transforming their family lives in sceneries for product placement (Abidin, 2017). Some of them are niche influencers, specialized in the field of ‘parenting’, as they often grew from being ordinary social media users to microcelebrities by sharing intimate content mostly on their domestic and family lives. Others already had a blooming influencer career when they started sharing pictures or ultrasounds of their - often unborn - child (Abidin, 2015). Both influencer categories can be considered ‘parent influencers’ and operate in an attention economy in which they aim to get noticed and admired by highly engaging in self-disclosure (Jorge et al., 2022). This includes sharing boundless information about their parental experiences by portraying their children on their profiles, an act referred to as ‘sharenting’ (sharing parenting; Blum-Ross and Livingstone, 2017).

Strikingly, a content analysis shows that sharenting and branded content accounts for nearly half of parent influencers’ profiles (Jiménez-Iglesias et al., 2022). This practice raises important concerns both in terms of the children’s privacy (i.e., misuse of images) as well as their wellbeing (e.g., child labour) following their displaying to a large audience. In particular, countries are increasingly responding to this call, a process of which France has been at the forefront by implementing a concrete law against the exploitation of children’s images on online platforms (Macron et al., 2020). Notably, other countries such as Belgium are currently introducing similar bills, and Illinois is the first state in the USA to have passed a law to protect the earnings of child influencers (Feweb, 2023; Hawkinson, 2023). However, academic research currently lacks understanding of what influencer sharenting activities demand of the parents and children involved. Therefore, the current paper aims to understand the backstage dynamics and efforts influencer sharenting represents in the everyday lives of parent influencers and their children.

This understanding is imperative as influencer sharenting (also called sharenting labor) adds an important dimension to the ongoing academic and public debate regarding regular sharenting

risks (e.g. Ong et al., 2022), due to the large reach and commercial character of this content (Buvár and Orosz, 2023). Although influencer sharenting literature is growing, prior research mainly followed a qualitative approach aimed at the conceptualization of the phenomenon and understanding the motivations driving this behavior (e.g. Blum-Ross and Livingstone, 2017; Jorge et al., 2022). As such, prior research provided insights in the motivations of parent influencers to engage in influencer sharenting and showed that the practice is associated with threats for the portrayed children (e.g., Ong et al., 2022). However, no academic insights yet exist on how parent influencer's children are actually involved in the everyday process of content creation of their parents. Nevertheless, gaining insights into children's level of involvement is indispensable to help understand the magnitude and danger of the influencer sharenting phenomenon.

Using a survey method approach among parent influencers, this study will quantitatively map the extent to which children are involved within parent influencers' content creation process. Furthermore, we aim to add nuance to the ongoing debate by classifying parent influencers based on their influencer sharenting attitudes and practices. In a first place, this approach adds value to the current state-of-the-art by helping to understand the magnitude of influencer sharenting. Besides, classifying parent influencers will allow future research and policy makers to consider the heterogeneity of parent influencers and their sharenting behaviors, as some parents may adopt more risky influencer behaviors compared to others. By this nuanced approach, the results of this study will strengthen future interventions and policies to protect children's wellbeing while accounting for the perspectives of the parents.

LITERATURE REVIEW

Parent influencers' Sharenting Behavior

Influencer Sharenting

A growing body of research has investigated why and at which costs children's lives are being commodified within today's digital context (e.g. Ågren, 2023). So far, research shows that parent

influencers' sharenting behavior is strongly driven by their desire to maximize their social capital and influence (Archer, 2019). For parent influencers, authentic representations of everyday domestic contexts and children are often shared with the ultimate goal to create an illusion of closeness and relatedness among audiences, to ultimately maximize the effectiveness of the incorporated branded content (Campana et al., 2020; Abidin, 2015). As opposed to traditional call-to-action marketing efforts, whereby one exposure to an anonymous child was used to stimulate sales, parent influencers are slowly but steadily building their personal brands and monetizing their family by, inter alia, sharing their child's ultrasounds, child birth details and development with many unknown others (Abidin, 2015; Ågren, 2023).

Increasing studies tried to grasp the implications of the consequent blurring lines between the private and public lives of influencer(s') children. Whereas some adopted a qualitative approach to explore the motives underlying the sharenting behavior of mom influencers (Holiday et al., 2022; Jorge et al., 2022), others performed digital ethnographic studies to conceptualize this phenomenon (e.g. Abidin, 2015; Abidin, 2017). Together with academic assessments of legal frameworks (e.g. Van Der Hof et al., 2020), these studies emphasize the urgent need for stricter regulations and guidelines in order to protect children within this fairly new revenue model.

The Backstage Process of Influencer Sharenting

Abidin (2020) draws attention to the fact that little academic attention is devoted to understanding the "backstage" process of influencer sharenting. This process involves the behind-the-scenes activities and dynamics contributing to creating and managing influencer content. From the followers' perspective, for instance, we know that a large part of today's parents is frequently exposed to parent influencer content (in this particular study mom influencers; Ouvrein, 2022). The time and effort parent influencers and their children devote to their influencer careers lacks academic inquiry and understanding, however, since this production process takes place in the private family sphere, largely managed and curated by the children's parents (Abidin, 2020). Related

to the frontstage (i.e. online content) of parent influencer content, Abidin (2017) underlines that some parent influencers undertake visible efforts to justify the digital labor their influencer activities impose for their children. She argues that these parents use narratives that highlight the willingness of their children to participate in the content creation process. However, this ethnographic study also revealed that the children's body language often suggests a lack of enthusiasm.

Investigating the backstage (i.e., how parents actually produce the content by involving their children) will complement these insights. This aspect is important, as factors such as children's age, consent, frequency and duration of activities that could potentially be considered as hazardous work, are central considerations within regulatory frameworks to protect children from economic exploitation (e.g. Council of the European Union, 1994). Van Der Hof et al. (2020), for example, advocate for the implementation of new regulatory measures to account for the new forms of economic exploitation (e.g., including kidfluencers) that occur in the digital realm. Hence, having insights in how frequent parents portray their children as well as how long children participate in it is crucial information to inform effective regulatory measures in the future.

The role of normalization in influencer sharenting

Research suggests that subjective norms have a profound impact on sharenting behavior, with parents being more likely to engage in sharenting when their social network supports such behavior (Ranzini et al., 2020). Even more so, research argues that publicly sharing media about infants became commonly accepted and are even considered markers of good parenting and care (Leaver, 2017). Building up on prior qualitative insights (e.g. Campana et al., 2020; Blum-Ross and Livingstone, 2017; Abidin, 2015), it is thus reasonable to expect that sharenting is widely normalized and accepted within the network of influencers, given the omnipresence of (influencer) sharenting and the great affordances that are attached to this content. Nevertheless, empirical research aiming to understand the extent to which sharenting is considered normalized among the peers of the parent influencers is, to the best of our knowledge, non-existing so far. These insights hold significant

value, however, because if parent influencers would indeed perceive sharenting as a means of meeting peer expectations and conforming to established norms and standards, it could highly impact the frequency and duration of parents' engagement in such practices, consequently impacting their children's involvement.

Children's involvement in influencer sharenting labor

Parent influencers' profiles are crossroads between everyday "filler" and branded content. Filler content is considered as portrayals of intimate information about the influencers' day-to-day events, which in turn stimulates positive reactions towards the branded content (Chung et al., 2023; Abidin, 2017). Although both filler and branded content contributes to the commercial success of parent influencers, a distinction can be made between influencer sharenting in function of branded (i.e., sharenting labor) or non-commercial posts (i.e., general influencer sharenting).

Given the large income generated through sharenting labor (MarketingHub, 2022), depicting children in branded posts raises additional concerns. Firstly, the economic gains that come with the child's involvement prompts questions related to how these incomes are managed (Saragoza, 2019; Hudders et al., 2022). Secondly, influencer sharenting labor might require a greater involvement of the child since more is at stake as opposed to non-commercial influencer sharenting. For instance, in-depth interviews with Flemish mom influencers has revealed that brands often demand the inclusion of their children in commercial content, resulting in conflicts between parents and children when the child refuses to participate (Van den Abeele et al., 2023). Thirdly, it is plausible to expect that the creation of branded influencer sharenting content requires more time and effort than non-commercial influencer sharenting content. Although increasing regulations are demanding influencers to clearly disclose their sponsored content (Jhawar et al., 2023), parent influencers are putting great efforts to calibrate their content in a certain way to make it appear highly authentic and spontaneous. This process is often referred to as authenticity labor (Arnesson, 2023) or calibrated amateurism (Abidin, 2017).

Recent insights from a content analysis show that nearly half of influencer's sharenting content consists of sharenting labor (Jiménez-Iglesias et al., 2022). However, research is lacking on how sharenting activities in function of commercial content are integrated in the everyday lives of the involved parents and children. Specifically, to have a clear view on the consequences and potential interventions to prevent influencer sharenting hazards, it is important to gain knowledge on what influencer sharenting actually demands from parents and children in terms of time and frequency and how this differs for commercialized and non-commercialized influencer sharenting.

Influencer Sharenting Motivations

In the context of regular social media users, research already showed that parents engage in sharenting for various reasons. As such, the study of Walrave et al. (2022) reveals that parents engage in sharenting because they are proud of their children and want to inform family and friends. Another study of Holiday et al. (2021) further argues that parents often engage in sharenting for purposes of self-representation (e.g. showing they are a good parent and have a strong bond with their child). In the context of influencer sharenting, the motivations driving parent influencers to engage in sharenting mainly consist of immediate gratifications, such as gaining emotional support of their audience, enhancement in their self-worth, collecting digital memories, etc. (Archer, 2019; Jorge et al., 2022). The current study will further explore which motives are the main drivers of parent influencers' sharenting behaviors.

Influencer Sharenting and Risk Perceptions

In addition to the various motivations that drive parent influencers to share information about their children online, there are several privacy risks related to (influencer) sharenting (e.g. Autenrieth, 2018; Nottingham, 2019). For instance, extensive research on both general sharenting (e.g. Ranzini et al., 2020) and influencer sharenting (e.g. Hudders et al., 2022) has identified a range

of concerning privacy issues, including criminal misuse such as identity theft, account hacking, cyberstalking, and the unauthorized exploitation of personal information.

Remarkably, research indicates that despite being cognizant of these risks, parent influencers persist in sharing their children's personal information online (Archer, 2019; Blum-Ross and Livingstone, 2017). This is commonly referred to as the privacy paradox by proxy (Ní Bhroin et al., 2022), and stems from the occurrence of a privacy-openness paradox (Van den Abeele et al., 2023). Hereby the implementation of safer privacy management strategies (e.g. strict privacy settings or not including the child at all) get hampered by a) the requirements attached to an influencer's career (e.g. large audience, demand of sponsoring brands) and b) the gains parents experience when sharenting (e.g. gaining social and financial capital; Chalklen and Anderson, 2017; Hudders et al., 2022). More specifically, even though parent influencers struggle with several privacy concerns, these remain largely abstract and limited in size (Van den Abeele et al., 2023). Comprehending and envisioning concrete long-term risks is particularly challenging for parent influencers, as they often did not personally experience negative consequences of their sharenting behavior yet. As a result, this behavior appears to remain highly habitual among parent influencers (Blum-Ross and Livingstone, 2017; Van den Abeele et al., 2023). We will further examine in our study to which extent parent influencers are concerned with the privacy of their child, which concerns prevail and how this affects their influencer sharenting behaviors.

Privacy Management Strategies Employed by Parent Influencers

Within the broad online context, privacy management strategies have been considered as a large set of behaviors that could be employed to manage one's privacy in general (Lankton et al., 2017). Related to influencer sharenting, suggestions have been made by researchers to better protect a child's privacy. Examples of these are the adoption of 'camouflage' techniques to hide the identity and/or locations of their children (Autenrieth, 2018) and 'privacy stewardship', whereby parents critically reflect upon the appropriateness of the content before actually sharing it (Kumar and

Schoenebeck, 2015). Based hereon, Hudders et al. (2022) proposed a set of nine privacy management strategies for parents to adopt with the ultimate goal to protect a child's privacy in the context of influencer activities. These so-called 'safe sharenting strategies' are categorized into individual safe sharenting strategies and group safe sharenting strategies (De Wolf et al., 2014).

Individual safe sharenting strategies consist of five strategies related to autonomous actions that a parent undertakes to protect their child from sharenting hazards, such as anonymizing the child or reflecting about the consequences of sharenting. *Group safe sharenting strategies* refers to four strategies concerning a shared boundary management between the parent and child (De Wolf et al., 2014). For instance, the parent may ask for permission to the child prior to sharing their picture or discuss consequences with their child while considering their child's point of view. Qualitative research related to influencer sharenting shows that some specific privacy concerns (e.g., concern for the future or concern for negative comments of others) did encourage a minority of parent bloggers to adopt stricter privacy management measures, such as trimming down the quantity or anonymizing their posts (Archer, 2019; Blum-Ross and Livingstone, 2017). This study will further build on this work to examine how these safe sharenting strategies are being employed by parent influencers to protect their child from unwanted sharenting risks, and to what extent these parents consult their child in relation to these risks.

RESEARCH QUESTIONS

Given the research gaps identified above with regard to parent influencers' sharenting behaviors, the current study identifies four research questions which will be answered with a quantitative survey study. The research questions aim to provide an insight into the backstage process of influencer sharenting behaviors from the perspective of parent influencers. They are concerned with providing an insight into influencers' sharenting labor (RQ1), their motivations to engage in these behaviors (RQ2), the privacy concerns that arise with these behaviors (RQ3) and safe sharenting strategies that are adopted by these influencers (RQ4):

RQ1: *To what extent do parent influencers engage in sharenting (labor), how normalized is it among their peers and how actively do they involve their children in this practice?*

RQ2: *Which motivations are most strongly driving parent influencers to engage in sharenting?*

RQ3: *Which privacy concerns are parent influencers most aware of and how do these relate to their actual sharenting behavior?*

RQ4: *Which individual and group safe sharenting strategies are most frequently adopted by parent influencers?*

METHODOLOGY

Research Design and Sample

Being among the first quantitative studies among parent influencers, an online survey through Qualtrics was conducted to shed light on the commercialization of the parent influencer business and answer the four research questions. Given the specific target group (parents with an influencer status or who have a child that is a kidfluencer), the respondents had to meet several inclusion criteria to participate in the study. First, the respondents had to have at least 1K followers on one of their social media profiles. This number of followers is considered as the lower limit of micro-influencers (Conde and Casais, 2023), a choice made since micro-influencers are most common in [the country of data-collection] and have a large impact on their loyal audience (Conde and Casais, 2023). Second, respondents had to have at least one child, which they portrayed on their influencer profile. Third, considering our focus on sharenting labor, only participants that had engaged in a sponsored partnership the month preceding the survey were allowed to participate.

A snowball method was used to collect the participants, given the strongly demarcated and small size of the target group. Specifically, the authors of the study a) contacted parent influencers

by direct messages on social media, b) designed Instagram stories with the call to participate in the study and c) asked a large number of acquaintances and the first respondents to further spread this call. The survey ran from May 3rd until May 16th, 2022. A total of 124 responses were initially collected. However, 30 respondents were deleted due to early dropout and five others because they did not meet (one of the) inclusion criteria. Analyses were thus performed on a final sample of 89 respondents of which 96.6% were mothers (cf. Table 1; descriptives). Although we acknowledge the rather small sample size, we believe it is adequate considering the limited geographical area and the relatively small population of parent influencers, who are the focus of our study. More details about their influencer activities can be found in Table 1.

Measures

Constructs (cf. appendix for a full overview) were measured using scales provided by prior research.

First, several *general items* measured the parents' demographic variables and engagement in influencer activities, including amongst other: the number of children they have, social media platforms they are active on, their expertise and the percentage of commercialized content they post on average.

Influencer Sharenting frequency was measured with one item, asking how often on average the respondents share a social media post in which their child is portrayed. The answer options were 'less than monthly', 'monthly', 'weekly', 'daily' and 'several times a day'.

Sharenting Labor frequency was measured by one item asking the participants 'how often on average they share a social media post in function of a collaboration with a brand, in which their child is portrayed'. The same answer options were provided as for sharenting frequency.

Influencer Sharenting Motivations ($\alpha = .892$) were measured by a self-composed scale of 8 items on a five-point Likert scale. The items were based on insights from two studies on general (but not

influencer) sharenting (Walrave et al. 2022; Holiday et al., 2022). The items related to business motives (brands and audience) were inspired by the research of Blum-Ross and Livingstone (2017).

The *Safe Sharenting Strategies scale* was composed based on the nine privacy management strategies identified within the study of Hudders et al. (2022). Further building upon the communication privacy management theory (Petronio, 2010), the results of that study led to the construction of a scale with 5 items reflecting individual privacy management strategies (IPMS) and 4 items representing group privacy management strategies (GPMS). All were measured on a five-point Likert scale. To investigate the nine-item scale's underlying dimensions, a principal component analysis using oblimin rotation was calculated. The choice for an oblique rotation method was made, as it allows components to correlate (Park et al., 2002). Following this analysis, a two-component solution was seen as suitable with factor loadings between .46 and .83. The first component consisted of the first five items of the scale (in line with the IPMS), accounting for 31 % of the variance (EV = 3.23; $\alpha = .78$). The second component consisted of the last four items of the scale (in line with the GPMS), accounting for 23 % of the variance (EV = 1.64; $\alpha = .68$). Both the Kaiser-Meyer Olkin measure of sampling adequacy (KMO = .70) as well as the Bartlett's test of sphericity ($\chi^2 (36) = 237, p < 0.001$) suggest that the sample size of our study can be considered as acceptable. Following these results, both components were included as two separate subscales in further analyses.

Situational privacy concerns ($\alpha = .892$) were measured by 10 items adopted from the study of Ranzini et al. (2020). Those were also measured on a five-point Likert scale and checked, inter alia, whether the participants were concerned that other users would commit identity theft or misuse the images of their child, based on the information they share online.

To conclude, *peer influence* ($\alpha = .663$) was measured by four items on a five-point Likert scale, to assess to which extent sharenting is considered normalized among the peers of the parent influencers.

RESULTS

Parent Influencers' Sharenting Behavior

Instagram, being used by all respondents for influencer sharenting, was the most popular platform (cf. Table 1). Respondents predominantly target other parents (77.5%), rather than adults in general (21.3%) or minors (1.1%). Within their content, the respondents indicated that the most popular topics they cover are 'parenting and child activity' (89.9%) and 'beauty/fashion/lifestyle' (46.1%). Responding to RQ1, descriptive analyses show that 83% of the surveyed influencers engaged in sharenting very often. They reported to sharent either on a weekly (46.1%) or daily (22.5%) basis or even several times a day (14.6%). Only a minority shared images of their child(ren) monthly (16.6%) or less (2.2%). We can infer that sharenting is highly normalized within our sample, as the mean score on the peer influence scale is high ($M = 3.98$, $SD = .49$).

Table 1: Sample Descriptives

PARENT INFLUENCERS	
N	89
Gender	
Male	3.4%
Female	96.6%
Age	$M = 34.67$, $SD = 4.83$
Country	
[Blinded for review]	20.2%
[Blinded for review]	79.8%
Number of Children	$M = 2.17$, $SD = .83$
Mean age of the children	$M = 4.94$, $SD = 3.14$
Social media profile on child's name	
Yes	7.9%
No	92.2%
Influencer activities as:	
Full time job	13.5%
Part time job	12.4%
	24.7%

Extra income	49.4%
Hobby	
Diffusion among platforms	
Personal Blog/website	32%
Facebook	36%
Instagram	100%
Pinterest	13,5%
Snapchat	0%
TikTok	13%
Twitter	5%
Twitch	0%
YouTube	9%
Other	1%
MOST POPULAR PROFILE	
Descriptives	
Number of followers	<i>M</i> = 7795.11, Min.= 1052, Max.= 50000 <i>SD</i> = 7524.0
Titleholder	
Child	1.1%
Parent	98.8%
Thematic focus	
Beauty/Fashion/Lifestyle	46.1%
Parenting and child activities	89.9%
Food	16.9%
Traveling	30.3%
Sports and mental wellbeing	9.0%
Other	16.9%
Target audience	
Other parents	77.5%
Other adults	21.3%
Children and adolescents	1,1%

290

291 **Sharenting labor**

292 Further responding to RQ1, descriptive analyses show that 36% of the participating parent
 293 influencers' content consists of commercial content (described as: 'posts for which a compensation
 294 (material or financial) was received'). Furthermore, nearly half of the respondents (49.4%)
 295 considered their influencer activities as a hobby, while the others described it as an extra income
 296 (24.7%), part time (12.4%) or even full-time job (13.5%; cf. Table 1). Considering their children's role

within their commercial posts, the influencers reported to engage quite frequently in sharenting labor. While this occurred daily for only 2.2% of the parent influencers, 24.7% asked their children's involvement within commercial content on a weekly basis and 46.1% monthly. Finally, the average time the sample's children are required to spend on sponsored posts (including: posing, being filmed while playing with received toys ...), was 36.5 minutes ($SD = 36.92$) per post.

Influencer Sharenting Motivations

Responding to RQ2, descriptive analyses show that the strongest motivations for influencer sharenting was 'pride' ($M = 4.40$, $SD = .77$) and 'for pleasure' ($M = 4.47$, $SD = .74$). The motivations that were rated the least were 'so I can bond with my child' ($M = 2.03$, $SD = .92$) and 'to show others that I am a good parent' ($M = 1.97$, $SD = .98$). Notably, parents also gave a score above average to the motivation 'pleasing brands' and 'pleasing followers' (respectively $M = 3.42$, $SD = .99$ and $M = 3.64$, $SD = .92$). See Figure 1 for an overview of all sharenting motivations.

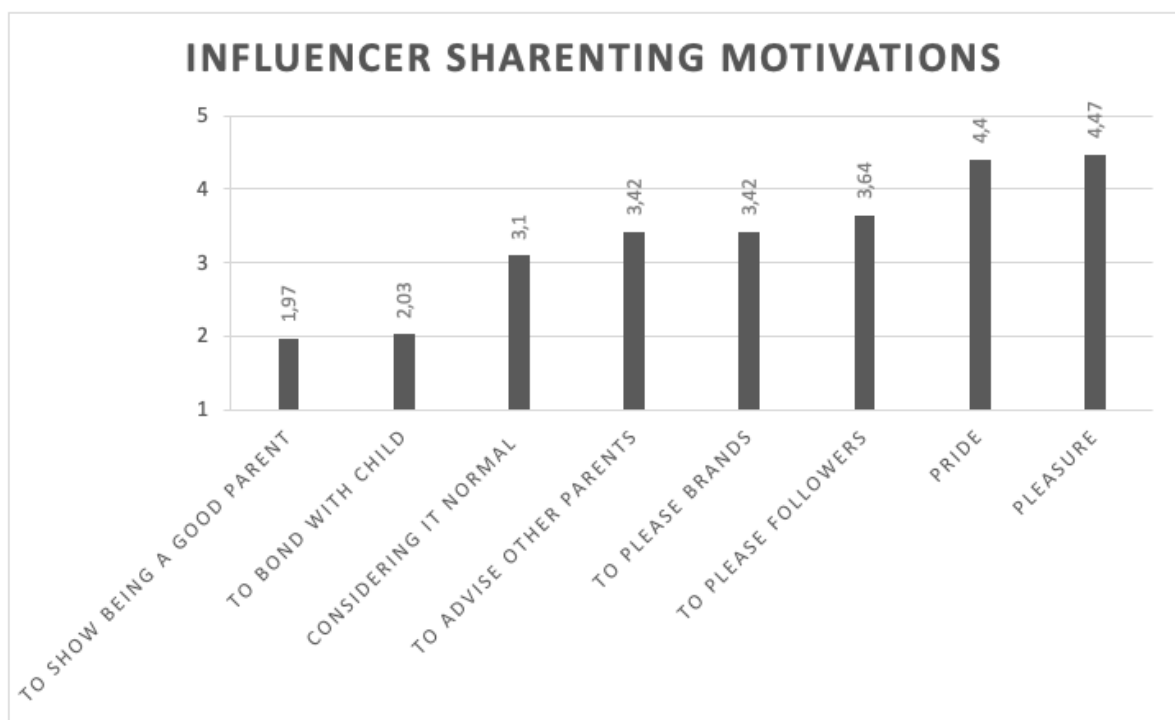


Figure 1: Influencer sharenting motivations

Privacy Concerns

Results show that the privacy concerns influencers had related to their sharenting behavior were low to moderate ($M = 2.68$, $SD = .76$ on a five-point scale). Descriptive analyses of the individual items (cf. Figure 2) were performed to respond to RQ3. These show that the respondents mostly agreed with the global and rather abstract statement ‘Overall, I find it risky to publish my child’s personal information on social media’ ($M = 3.1$, $SD = 1.12$). The statement that had the second highest score related to the concern that social media platforms would further share personal information that parents share about their child ($M = 2.78$, $SD = 1.04$). Parents seemed to be the least concerned about cyberstalking as a result of their sharenting behavior ($M = 2.09$, $SD = .95$).

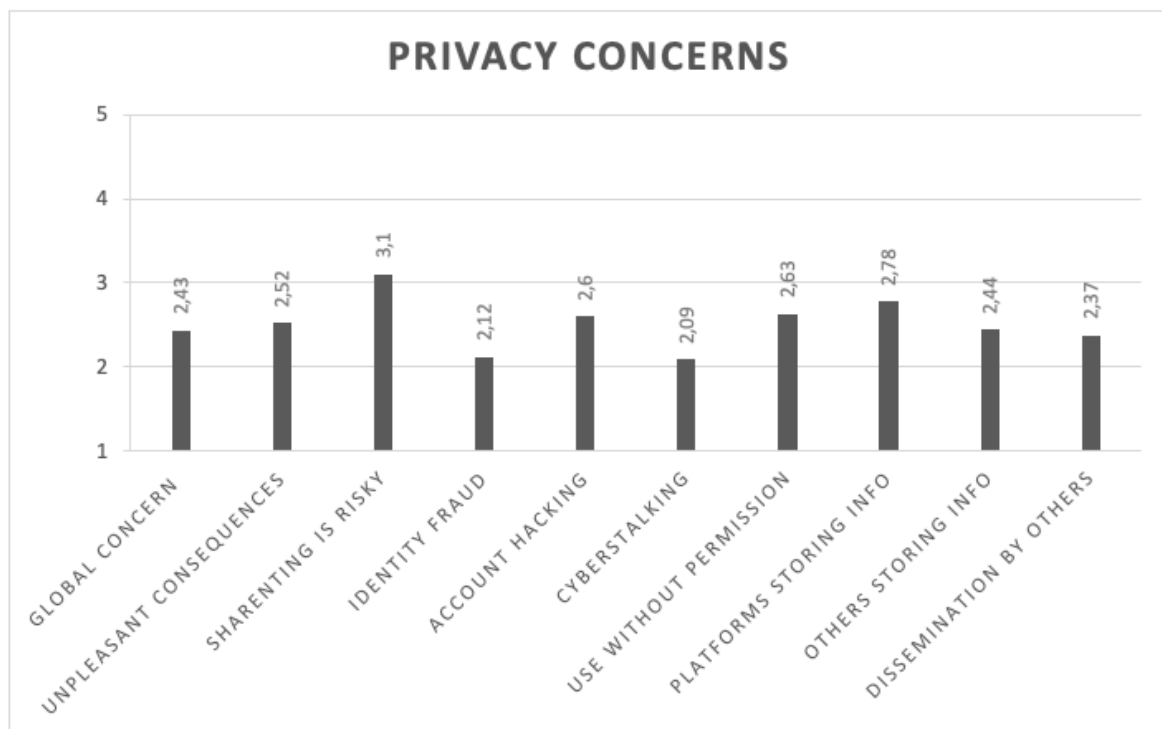


Figure 2: Privacy concerns

Further responding to RQ3, an insignificant simple linear regression showed that risk perceptions did not predict the extent to which the influencers engage in sharenting ($F(1,87) = 2.10$, $p = .151$, with an R^2 of .024) or commercial sharenting ($F(1,87) = .326$, $p = .570$, with an R^2 of .004).

Safe Sharenting Strategies

Within this study, we wanted to investigate to which extent safe sharenting measures were being put into practice by parent influencers today (cf. RQ4). Of all privacy management strategies, portraying a child unrecognizably was the most uncommon within our sample ($M = 2.17$, $SD = 1.26$). Besides, the respondents did not frequently communicate about sharenting and potential risks with their children ($M = 2.82$, $SD = 1.30$). The results show, however, that parents did consider it important that their children have autonomy about what is posted about them ($M = 4.08$, $SD = .82$) and want to support them when the child itself decides to post content on social media ($M = 4.26$, $SD = .86$). All other safe sharenting strategies were much less frequently adopted, as seen in Figure 3. Overall, we can infer that the parent influencers applied individual safe sharenting practices ($M = 2.62$, $SD = 2.62$) to a lesser extent than group privacy management strategies ($M = 3.79$, $SD = .66$), $t(88) = 11.99$, $p < .001$).

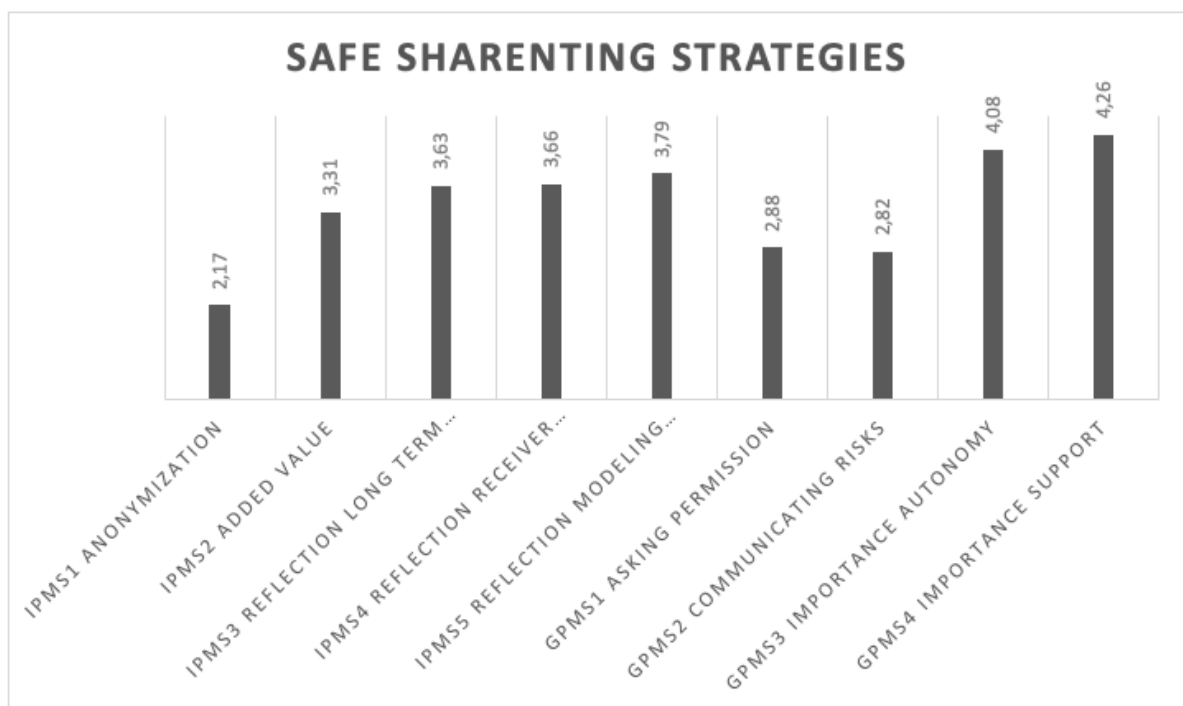


Figure 3: Safe sharenting strategies by parent influencers

While privacy concerns negatively relate to the amount of (commercial) sharenting of parent influencers (cf. above), a significant linear regression analysis showed that the privacy concerns did positively predict their overall safe sharenting behavior ($F(1,87) = 5.84, p < .05$, with an R^2 of .063).

To investigate whether there are different profiles of safe sharenting parent influencers, a K-Means cluster analysis was conducted with the nine safe sharenting items. This analysis revealed a three-cluster solution, whereby all except two variables could significantly predict cluster membership. No differences between groups could be revealed for anonymizing the child ($F(2, 86) = 2.84, p = .06$) and supporting the child ($F(2, 86) = 2.72, p = .08$). The individuals in the first cluster ($N = 28$) did adopt safe sharenting behaviors the least and are therefore considered the **reckless sharenters**. The second cluster ($N = 29$) are the **safe sharenters**, as they adopted both individual and group privacy management strategies when sharenting, while the third cluster ($N = 32$) are considered the **authoritarian safe sharenters**. They indicated that they adopt both individual and group privacy management strategies as well, but scored particularly low on the items related to parent-child communication (whether they ask permission to and communicate with their child about sharenting).

Although there were no significant differences between the three groups with regard to the motives related to sharenting (F 's < 1.70 ; p 's $> .20$), they did differ in their privacy concerns ($F(2, 86) = 6.51, p = .002$). The safe sharenters had the highest privacy concerns ($M = 2.86, SD = .60$), followed by the authoritarian safe sharenters ($M = 2.50, SD = .63$), and the reckless sharenters ($M = 2.27, SD = .68$), with no significant differences between the latter two groups ($p = .17$). The three groups did not differ in the perceived peer influence ($F(2, 86) = .70, p = .50$), suggesting sharenting is equally normalized among the peers of all three groups. While the three groups did not differ in the amount of commercial posts they share depicting their child ($F(2, 86) = .13, p = .88$), they did differ in the frequency of sharenting posts ($F(2, 86) = 6.90, p = .002$). The reckless sharenters depicted their child more often on their social media profiles ($M = 3.86, SD = .93$), compared to the safe sharenters ($M =$

3.07, $SD = .84$) and the authoritarian sharenters ($M = 3.09$, $SD = .96$), with no significant differences between the latter two groups ($p = .92$).

DISCUSSION

Through a quantitative design, this study sought to delve into the extent of children's involvement in their parents' influencer activities, particularly within the realm of sharenting labor. In addition, the study aimed to examine the motivations that drive parent influencers in their online activities, as well as the privacy concerns associated with their sharenting activities, and tried to identify the safe sharenting strategies they predominantly adopt. This study contributes to the growing field of influencer sharenting by adding value to the existing body of research which is, with some exceptions, predominantly qualitative in nature (e.g. Van den Abeele et al., 2023), relying on analyses of parent influencers' content (Jiménez-Iglesias et al., 2022) or investigating its impact on the perceptions of the followers (e.g. Ouvrein, 2022; Beuckels and De Jans, 2022).

The sharenting wave: ubiquity and potential normalization. In the first place, the results of our study show that parent influencers are above all active on Instagram and targeting other parents by providing them with content about parenthood and related child activities. Although this is the first study to empirically shed light on these topics, this greatly aligns with the fact that Instagram is the most popular social media channel of both marketers (to launch marketing campaigns; MarketingHub, 2022) and adults of the age group to which most new parents belong (25-34 years; Statista, 2022). Besides, our findings reveal that the vast majority of the respondents engage frequently in sharenting behaviors. Unsurprisingly, sharenting is greatly normalized among the influencer population of this study. Given their status as opinion leaders (Hudders et al., 2021) and ability to reframe and construct norms among their followers (Campana et al., 2020), their impact on social norms regarding sharenting in the broader society asks for caution. Future academic attention to this matter is recommended.

Behind the scenes of sharenting labor. Our results show that sharenting labor content represents a large portion of the parent influencers' profiles, which aligns with previous research (Jiménez-Iglesias et al., 2022). One quarter of the respondents engage their children in commercial influencer posts on a weekly basis and almost half of the sample on a monthly basis. Contributing to the ongoing work investigating the public aspect of momfluencers, our results shed light on the behind-the-scenes aspect of a single sponsored post, revealing that, on average, parents demand over 36 minutes of their child's time to complete the process. Following our results regarding RQ1, we can infer that children play a pivotal role in the success of their parents' influencer careers, as their parents require that the children invest considerable time in creating the commercialized content for them, which constitute of a significant portion of their parents' profiles and can thus be considered important drivers of their influencer status. To the best of our knowledge, this is the first academic effort that seeks to illuminate the precise amount of time children are required to invest in sharenting labor, which is an important step to inform policy makers that are increasingly showing interest and concerns related to this phenomenon (e.g. Feweb, 2023). Given the limited geographic scope of our study, it would be interesting to examine cross-country and cross-cultural differences in these influencer sharenting behaviors.

The driving force behind influencer sharenting. In response to RQ2, we wanted to investigate deductively, which motives are perceived to be driving parent influencers' sharenting behavior most strongly. Out of a comprehensive list based on previous research (Holiday et al., 2022; Walrave et al., 2022; Blum-Ross and Livingstone, 2017), we can infer that parent influencers mostly engage in sharenting for selfish motives such as pride and pleasure and less often for reasons of self-expression. Interestingly, sharenting motivated by parental pride can be considered as sharenting for impression management (i.e., managing their image of a 'good parent'), which happens to be the type of sharenting adolescents are most concerned about and disapprove of (Verswijvel et al., 2019). Importantly, we also gained insights in the weight of business-oriented motivations, which involve whether parents engage in sharenting to please followers or brands. These motivations have not yet

been considered in previous research investigating the relative importance of sharenting motives, as they are very specific to the context of influencers. Our results interestingly show that parent influencers attach great importance to these motivations, however, which respectively come third and fourth in place (out of the 8 motivations). Whereas previous research indicated that parents could feel pressured by family and friends to engage in sharenting (Ong et al., 2022), we propose that also influencers' audience and commercial partners have a substantial effect in parent influencers' decision to disclose personal information of their child online.

Perceived sharenting risks. In the same vein as for the motives, we wanted to investigate the awareness parent influencers have related to a comprehensive set of sharenting risks, previously identified within academic research (Ranzini et al., 2020). In contrast with the study of Ranzini et al. (2020), in which parents' privacy concerns related to sharenting were moderately high, the average privacy concerns of the surveyed parent influencers were moderately low. This might be explained by the privacy paradox as well as by cognitive dissonance theory (Festinger, 1957) that suggests that parents may minimize the risks related to influencer sharenting behaviors to resolve conflicting beliefs and behaviors. By minimizing privacy concerns, they can rationalize their behavior and reduce the tension that may result from the discrepancy between beliefs and behaviors.

Besides, the only item that scored above the neutral value was the very abstract statement that '*sharenting is risky*'. Other items had a score below average and items mentioning very concrete risks such as cyberstalking, third parties storing information of the child or disseminating information of the child scored the lowest. This is in line with findings of Van den Abeele et al. (2023), which show that parent influencers tend to have more awareness of abstract risk perceptions related to their sharenting behavior. Our results confirm this by showing that they are less concerned about specific risks, although those have been shown to be significant within previous research (Hudders et al., 2022). For example, the risks parent influencers are the least concerned about (i.e. cyberstalking) appear to be very commonly occurring (Ouvrein et al., 2023; Van den Abeele et al., 2022).

From safe to reckless sharenters. Even though insights from previous research show that experts in the field underline the importance of children's involvement regarding the decision-making process surrounding influencer sharenting (Hudders et al., 2022), the surveyed influencers did not frequently communicate about sharenting and the potentially associated risks with their children. Overall, we found that parents are especially willing to provide autonomy and support to their children when the child itself wants to post content online. However, they are much less likely to open up a dialogue with their child or adopt individual safe sharenting strategies when it comes to their own sharenting actions. Interestingly, our findings further show that although having a greater awareness of risks makes parents more conscious about sharing information about their children, it does not make them share less.

Aiming to account for the heterogeneity of parent influencers, we performed an analysis to classify parent influencers in associated groups, based on their sharenting attitudes and practices. We distinguished *reckless sharenters* (i.e., do not [often] adopt safe sharenting behaviors), *safe sharenters* (i.e., adopt both individual and group privacy management strategies) and *authoritarian safe sharenters* (i.e., same as safe sharenters, however, they score low on parent-child communication). This classification could aid future efforts to approach the most relevant groups of parent influencers (in the first place: reckless sharenters), with the right approach. For example, although the authoritarian safe sharenters adopt safe sharenting practices such as thinking about the long-term consequences and reflect upon the receiver of their child's personal information, they are not highly concerned about the risks their sharenting behavior might represent. Future efforts could thus invest in making risks more tangible for them, whereby their reflection process would actually make it more easy for them to come up with potential concrete risks.

Practical Implications

Summarized, we found that parent influencers attach great importance to impression management, commercially oriented motives and abstract privacy concerns. Therefore, we can indeed expect that the privacy calculus of parent influencers will be unbalanced due to the gains attached to their sharenting behavior (e.g. monetary gains, social capital) and low awareness of concrete risks (as suggested by Van den Abeele et al., 2023). Therefore, it is crucial for future research and practical efforts to invest in increasing awareness by making the concrete risks of influencer sharenting more tangible, for example, through interventions targeted at parent influencers. In addition, children are frequently engaged in influencer activities. It is important to consider the pressure this may cause and to provide enough support and care for these children. Parents are considered the primary caregivers and the main responsible to protect their children's rights, but at the same time they are the ones engaging in influencer sharenting potentially violating their children's rights. Therefore, it is crucial to offer those children an opportunity to voice their concerns, for instance, through educational packages informing them on their digital identity and the concept and right for privacy.

Limitations and Future Research

The limitations of this study should be acknowledged and taken into consideration when interpreting the results or initiating future research. A first important limitation is that our results solely rely on the perspective of the parent influencers themselves. Previous research argues, however, that cognitive biases (such as receiving social capital from their followers; Van den Abeele et al., 2023) and financial gains can get in the way of parents appropriately estimating online hazards and safeguarding their children from them (Van Der Hof et al., 2020). It is important for future research to examine other stakeholders, such as the involved children, commercial partners and followers. Regarding the latter, research indicates an increasingly critical attitude of followers regarding sharenting (labor) (Buvár and Orosz, 2023). Given these concerns of social media users, it might be

490 plausible to expect that they would positively receive safer sharenting techniques (such as the
491 anonymization of a child) by influencers. Our study shows that the expectations of followers are a
492 great motivation for parent influencers to engage in sharenting. Therefore, it would be of great value
493 for future research to empirically investigate under which conditions safer sharenting practices do
494 not harm the advertorial value of parent influencers, to encourage their adoption among an
495 influencer audience.

496 As a final point, while our study predominantly focused on questioning parents'
497 understanding of situational privacy risks (e.g., identity fraud, cyberstalking), related to their
498 sharenting behavior, we paid less attention to parents' attitudes towards their child's general right to
499 privacy. Specifically, children inherently possess the right to privacy (United Nations, 1989), which is
500 contended to be violated through sharenting, given that they are frequently exposed on social media
501 without having reached an age where they can reasonably question or consent to it (Steinberg, 2016;
502 Leaver, 2017; Nottingham, 2019). This general right on privacy can thus be compromised, even in the
503 absence of immediate situational threats as questioned in our study. Furthermore, the
504 institutionalization of the mere invasion of a child's privacy through influencer sharenting and the
505 subsequent normalization of this behavior raise concerns. Hence, future studies should delve into
506 influencer parents' perspectives concerning their children's general right to privacy and its intricate
507 relationship with their sharenting practices and the communication of such topics on their profiles.
508 Notably, a growing trend can be observed where both regular users and parent influencers employ
509 tactics to safeguard their child's privacy on social media continuously. These tactics, known as anti-
510 sharenting techniques, include methods like concealing a child's face with emojis or capturing them
511 from behind (Autenrieth, 2018). Further exploration into why certain parent influencers opt for or
512 against employing these stringent privacy management strategies, and whether this decision is
513 influenced by their awareness of situational risks or a more general concern for their child's privacy,
514 could yield valuable insights within academic discourse.

515 Summarized, our results highlight the need for further research delving into different
516 perspectives on the issue and calls for additional exploration of strategies and interventions to
517 enhance parent influencers' understanding and awareness of influencer sharenting risks.

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