

1 **Understanding polyploid establishment: temporary** 2 **persistence or stable coexistence?**

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26

27 **Abstract**

28 Polyploidy, resulting from whole-genome duplication (WGD), is ubiquitous in nature and
29 reportedly associated with extreme environments and biological invasions. However, WGD
30 usually comes with great costs, raising questions about the establishment chance of newly
31 formed polyploids. The surprisingly high number of polyploid and mixed-ploidy species
32 observed in nature may be a consequence of their continuous emergence or may reflect stable
33 polyploid persistence and even coexistence with the ancestral ploidy under certain
34 circumstances. However, empirical studies on contemporary polyploid establishment often
35 neglect the cost-benefit balances of polyploid characteristics, trade-offs between phenotypic
36 characteristics, intercytotype interactions, recurrent polyploid formation, and stochastic
37 processes. Here, we advocate for considering population-level success, combining the
38 aforementioned factors that affect polyploid establishment and long-term coexistence with
39 their ancestors. We approach the paradox of polyploid establishment despite high costs from
40 a modern coexistence theory perspective and give an overview of the diversity of mechanisms
41 and their timing that may potentially enable stable rather than transient persistence.

42 **Keywords:** whole-genome duplication, polyploid establishment, coexistence, phenotypic
43 evolution, niche differentiation

44 **Introduction**

45 Whole-genome duplication (WGD) or polyploidization is a process by which organisms gain
46 an additional copy of the entire genome. A duplication event is usually caused by the failure
47 of chromosomes to segregate properly during cell division (Ramsey and Schemske 1998).
48 Such errors are rare but because of the large numbers of gametes produced within individuals,
49 within species and over many generations, WGD is a regular occurrence across the tree of
50 life. In this forum paper, we mainly focus on flowering plants, where polyploidy is common and
51 intensively studied (Mable 2004b). Nevertheless, many of the ideas described here should
52 extend to other taxa where polyploidy has been frequently observed, such as in certain groups
53 of animals (Gregory and Mable 2005, David 2022), fungi (Albertin and Marullo 2012, Campbell
54 et al. 2016, Todd et al. 2017), ciliates (Chen 1940), algae (Nichols 1979, Albertin and Marullo
55 2012), and even archaea (Breuert et al. 2006, Jaakkola et al. 2014).

56

57 Some of the most influential evolutionary botanists expressed the believe that polyploids are
58 evolutionary noise or “dead-ends” because of their low starting genetic variation and a higher
59 genetic buffering concealing more of the left-over variation (Stebbins 1950, 1971, Wagner
60 1970). This “dead-ends” hypothesis was seemingly confirmed by comparative phylogenetics
61 that indicated higher extinction rates of polyploids along the tree of life (Mayrose et al. 2011).
62 However, the genomic signature of polyploidy in extant species demonstrates its occasional
63 success, which seems to coincide with environmental turmoil (Van de Peer et al. 2021). For
64 instance, many ancient WGDs in plants cluster around the Cretaceous-Paleogene boundary,
65 suggesting that the extreme environmental conditions following the Chicxulub asteroid impact
66 increased polyploid formation and/or facilitated polyploid survival and establishment (Fawcett
67 et al. 2009, Vanneste et al. 2014, Lohaus and Van de Peer 2016).

68

69 The biodiversity of polyploids can only be understood by how they establish after WGD.
70 Hypotheses on polyploid establishment have focused on reduced reproductive success due

71 to the difficulty of finding compatible mates of the same ploidy level, i.e., same cytotype. This
72 difficulty arises from the fact that interbreeding between different cytotypes typically produces
73 offspring that are unfit (often called 'triploid block' Ramsey and Schemske 1998, Husband and
74 Sabara 2004). This barrier for new polyploids leads to minority cytotype exclusion (MCE, Levin
75 1975), a positive density dependent mechanism on a cytotype's population growth. However,
76 many theoretical studies have demonstrated how a higher rate of unreduced gamete formation
77 (Felber 1991), incomplete 'triploid block' ('triploid bridge', Felber and Bever 1997, Yamauchi
78 et al. 2004), kinds of niche differences (Fowler and Levin 1984, Rodríguez 1996, Oswald and
79 Nuismer 2011), asexual reproduction and selfing (Rodríguez 1996, Yamauchi et al. 2004,
80 Rausch and Morgan 2005, Van Drunen and Friedman 2022), perenniality (Van Drunen and
81 Friedman 2022), and spatial segregation (Li et al. 2004, Baack 2005a) all can help overcome
82 MCE. Although there are few empirical studies on MCE, they largely confirm the barrier it
83 presents to polyploid establishment (Husband 2000, Sutherland et al. 2020).

84

85 A vast literature of empirical studies has investigated polyploid success in many ways,
86 focusing on specific aspects, such as the difficulties of intercytotype fertilization underlying
87 putative MCE and additional prezygotic reproductive barriers (e.g. Husband and Sabara 2004,
88 Baack 2005b, Castro et al. 2011, Sutherland et al. 2020). Other researchers have studied
89 different phenotypic traits in natural or induced novel polyploids, called neopolyploids (Garbutt
90 and Bazzaz 1983, Segraves and Thompson 1999, Richardson and Hanks 2011, Baldwin and
91 Husband 2013, Čertner et al. 2019a, Van Drunen and Husband 2019, Wei et al. 2020, Bafort
92 et al. 2023), and assessed the differential fitness of ancestral and polyploid phenotypes in
93 relevant environmental conditions (Baack and Stanton 2005, Raabová et al. 2008, Ramsey
94 2011, Bafort et al. 2023). Ecological studies have examined the distribution of polyploids
95 relative to their ancestral cytotype (Baack 2004, Richardson and Hanks 2011, Glennon et al.
96 2014, Thompson et al. 2014, Marchant et al. 2016, Čertner et al. 2019b, López-Jurado et al.
97 2019) or assessed polyploid occurrence in entire communities (Brochmann et al. 2004, Rice
98 et al. 2019).

99 Empirical studies have shown polyploidy-related, but often species specific, phenotypic
100 differences that possibly mitigated MCE. Some of those phenotypic differences may have
101 been relevant for the disproportional success of polyploids in extreme habitats (Van de Peer
102 et al. 2021, David 2022, but see Martin and Husband 2009) and in biological invasions (Pandit
103 et al. 2011, te Beest et al. 2012, Moura et al. 2021). Although observations on extant polyploids
104 hint at underlying reasons for polyploid success, these insights are biased to successful cases
105 and cannot disentangle the immediate effects of genome doubling from evolution after the
106 doubling event. Furthermore, interactions with other organisms are overlooked in empirical
107 study systems. New polyploids are expected to interact with other species (Segraves and
108 Thompson 1999, Münzbergová 2007, Segraves and Anneberg 2016) and with other cytotypes
109 such as the ancestor. Important intercytotypic interactions encompass not only those
110 associated with sexual reproduction leading to MCE but also competitive interactions between
111 cytotypes (but see Maceira et al. 1993, Thompson et al. 2015, Anneberg et al. 2023, Guo et
112 al. 2023, Pérez-Romero et al. 2023 that consider intercytotypic competition). Hence,
113 understanding polyploid establishment requires understanding the population performance of
114 a new cytotype following WGD, driven by the combination of costs/benefit balances of the
115 phenotype, ecological interactions such as with other cytotypes, and historical contingency
116 (as already recognized by Stebbins 1971, Ramsey and Schemske 2002).

117

118 Modern coexistence theory (Chesson 2000) provides a theoretical framework for
119 understanding polyploid establishment as the outcome of interacting cytotypes. Modern
120 coexistence theory emphasizes that the outcome of competition between two species is
121 determined by whether each species can invade a population of its competitor at carrying
122 capacity (i.e., mutual invasion). Modern coexistence theory also applies to different cytotypes,
123 often considered different species because polyploidy induces immediate reproductive
124 barriers (Levin 1983). Chesson (2000) derives that coexistence is promoted by equalizing and
125 stabilizing mechanisms. Equalizing mechanisms reduce the difference in competitive ability
126 between competitors. Differences in competitive ability entail differences in population growth

127 and sensitivity to competition, irrespective of the frequency of each species (called 'average
128 fitness' in Chesson, 2000). Stabilizing mechanisms are caused by niche differences that
129 reduce the effect of interspecific compared to intraspecific interactions. Therefore, they impose
130 negative frequency-dependency on population growth. Different niches can be available in the
131 same location or can be spatially or temporally separated, such as with environmental niches
132 (Chesson 1985, Snyder and Chesson 2003). In contrast, positive frequency-dependent effects
133 have a destabilizing effect on species coexistence. An important destabilizing component in
134 the context of polyploids comes from costs leading to MCE that reinforces the dominance of
135 the majority cytotype at the expense of the minority cytotype. Under positive frequency-
136 dependent growth, the outcome of competition is determined by priority effects: the earliest
137 cytotype has a higher frequency when the other emerges and is expected to exclude that other
138 cytotype (Grainger et al. 2019). In short, the eventual long-term survival of both cytotypes
139 depends on the balance between competitive ability differences on the one hand and
140 coexistence (de)stabilizing mechanisms on the other (Chesson 2000). Even if one cytotype
141 has a superior competitive ability, it can still coexist with a competitively inferior cytotype given
142 sufficient niche differences that overcome the competitive difference. In the absence of large
143 competitive differences and strong (de)stabilization, neutral processes can postpone
144 deterministic exclusion of one species or disrupt stable coexistence, which in both cases can
145 lead to temporary coexistence (Adler et al. 2007).

146

147 Polyploid establishment represents one side of the mutual invasion criterion of modern
148 coexistence: the low-frequency invasion of the polyploid into its ancestral population. The
149 estimated rates of unreduced gametes range from 0.1 to 2% in vascular plants (Kreiner et al.
150 2017) and 0.071% in yeast (Harari et al. 2018), resulting in polyploidization rates that are
151 estimated in the order of 10^{-5} (Ramsey and Schemske 1998). A neopolyploid can only
152 establish if it exhibits a positive population growth, while interacting with its environment that
153 usually includes the ancestral cytotype. However, WGD is associated with steep costs, such
154 as those causing MCE (Levin 1975) and other fitness costs (Comai 2005), that make it less

155 likely for a neopolyploid to achieve positive population growth. Polyploidy is not only
156 associated with costs but often also with benefits that can stem from the wide array of
157 phenotypic changes associated with WGD (Thompson and Lumaret 1992, te Beest et al. 2012,
158 Porturas et al. 2019, Bomblies 2020). Polyploid establishment therefore requires sufficient
159 niche differences to stabilize cytotype coexistence and/or other fitness benefits at or close to
160 the time and location of WGD. Furthermore, distinguishing (de)stabilizing factors and
161 equalizing factors will demonstrate the likelihood of establishment under a certain ancestor's
162 population size, and whether intercytotypic competition will lead to competitive exclusion or
163 coexistence of the ancestor and its polyploid progeny (formalized in Fowler and Levin, 1984).

164

165 Here, we review the fitness costs and benefits arising immediately after WGD that are able to
166 alter polyploid establishment and evolutionary effects that influence long-term cytotype
167 persistence and coexistence. We discuss how these effects lead to niche differences and/or
168 a change in competitive difference. We also include mechanisms involving chance or priority
169 effects that may be important to achieve establishment. Polyploidization can occur within one
170 species (autopolyploid) but also in combination with the hybridization of two species
171 (allopolyploidy). However, we do not explicitly distinguish between auto- and allopolyploidy
172 but instead view them as two extremes of a continuum of hybridization with increasing genetic
173 distance between genomes (Soltis and Soltis 2009) and increasing severity of hybrid effects.
174 Therefore, we discuss the influence of hybridization effects polyploid establishment. We aim
175 to stimulate an eco-evolutionary research agenda to understand the apparent paradoxical
176 success of polyploids in time and space.

177 **Immediate fitness effects of polyploidization: novel** 178 **phenotype**

179 The phenotype of a newly formed polyploid, or neopolyploid, can differ considerably from that
180 of its lower ploidy ancestor. These immediate effects are crucial for polyploid establishment,
181 influencing success from the moment of emergence. We summarize several immediate

182 phenotypic, ecological, and fitness consequences often associated with polyploidization in a
183 diagram that illustrates their interrelatedness (fig. 1). We present some of these relationships
184 briefly in this section but refer to other publications for a comprehensive review on the diversity
185 and ubiquity of immediate effects of polyploidization (for recent work see Bomblies, 2020; Clo
186 and Kolář, 2021).

187 Broadly, polyploidization entails direct fitness costs (fig. 1, red) but also tends to cause other
188 phenotypic changes that each may, but not necessarily, result in a fitness benefit (fig. 1,
189 green). Because WGD-associated phenotypic changes are often interconnected, trait trade-
190 offs may constrain the net fitness effect of a phenotypic change. Some of these relationships
191 are well understood, whereas others are mostly hypothetical with little or ambiguous evidence
192 in support. Although many trait differences between cytotypes are species-specific, several
193 are frequently observed among both natural and induced polyploids.

194
195

196 **Fitness costs**

197 New polyploids often experience fitness costs that are the direct result of whole-genome
198 duplication (fig. 1, red). A recent meta-analysis (Clo and Kolář 2021) reported consistently
199 lower values for fitness traits of neopolyploids compared to their ancestors (on average around
200 70% of the ancestral value over 32 estimates). It seems that, on the one hand, the competitive
201 ability of many polyploids is decreased due to a reduction in growth rate and/or fecundity likely
202 stemming from a slower cell cycle, various cell-cycle problems (Comai 2005) and a higher
203 resource demand (Guignard et al. 2016, Anneberg and Segraves 2023, Anneberg et al. 2023).
204 On the other hand, the shift to polyploidy destabilizes coexistence with the ancestral cytotype
205 due to costs that lead to MCE. MCE results from incompatible encounters of gametes of the
206 low-frequency, newly emerged cytotype with gametes of the dominant ancestral cytotype
207 (Levin 1975, Husband 2000). Together, the direct costs to WGD provide a baseline
208 expectation for success for any emerging polyploid. In other words, they determine the

209 immediate benefit to competitive ability and stabilizing effects of niche differences that is
210 required for polyploid establishment.

211

212 **Potential fitness benefits**

213 Phenotypic novelty in a polyploid arises from two fundamental differences from the ancestor
214 (fig. 1). First, all polyploid cells have more nuclear DNA. Second, a polyploid can involve the
215 merging of two differentiated genomes, a consequence of hybridization. Hybridization effects
216 typically impact allopolyploids containing genomes from different species but also
217 autopolyploids from two intraspecifically differentiated parents (sometimes categorized as
218 interracial autopolyploids or segmental allopolyploids; Soltis and Soltis 2009).

219

220 Increased cell size is a consistent phenotypic change associated with genome doubling, in
221 both neo- and established polyploids (Bombliès 2020). This is in line with the positive genome
222 size/cell size correlation that is found among eukaryotes, which suggests that DNA content is
223 involved in determining an organism's minimum cell size (Gregory 2001, Beaulieu et al. 2008).
224 It is usually unclear and highly context specific how the multiple downstream effects of
225 increased cell size influence fitness. An increase in cell size at the onset of polyploidy often
226 correlates with a decrease in the number of cells (Clo and Kolář 2021). Polyploids often show
227 larger stomatal guard cells, larger stomatal openings, a lower stomatal density, and wider
228 xylem conduits. This in turn affects water transport but can do so in opposite directions,
229 providing a positive (Vyas et al. 2007, Ntuli and Zobolo 2008, Zhou et al. 2015, Dudits et al.
230 2016, Wang et al. 2019, Yang et al. 2019, Zhang et al. 2020), negative (Niu et al. 2016), or
231 neutral (Solhaug et al. 2016) effect on photosynthetic rates and usually increasing drought
232 resistance (Ntuli and Zobolo 2008, Li et al. 2009, van Laere et al. 2011, Deng et al. 2012, Del
233 Pozo and Ramirez-Parra 2014, Zhang et al. 2015, Rao et al. 2020, Jiang et al. 2022).
234 Moreover, the increased surface area to volume ratio of larger cells slows down the cell cycle
235 (Cavalier-Smith 1978, Comai 2005). A larger cell size often, but not always, increases body

236 size or the size of certain structures (“gigas effect”, such as in flowers and seeds; Niu et al.,
237 2016), which in turn influences other physiological and morphological characteristics (Lleonart
238 et al. 2000, Price et al. 2010). An increase in size may also intensify competition through
239 increased acquisition of certain resources. Within a community context, WGD may
240 immediately modulate ecological interactions including those with pollinators, herbivores,
241 mutualists and pathogens (Segraves and Anneberg 2016).

242

243 Genome doubling and hybridization can also cause ‘genomic shock’ by means of a wide
244 variety of genetic, epigenetic, and transcriptomic effects (‘molecular changes’, fig. 1), such as
245 a change in genome structure, transposable element activity, epigenetic and transcriptomic
246 patterns, and homoeologous exchange (Bird et al. 2018, Qiu et al. 2020, Shimizu 2022).
247 Genome doubling can also induce gene dosage effects, whereas hybridization increases
248 heterozygosity, which all have downstream phenotypic consequences (te Beest et al. 2012,
249 Moghe and Shiu 2014 for a more in-depth overview). A potential hybridization effect that is
250 ecologically relevant, is the increased environmental responsiveness of gene expression
251 profiles that should enable greater plastic responses to environmental conditions (Polyploidy
252 plasticity hypothesis: Bardil et al. 2011, Dong and Adams 2011, Powell et al. 2017, Shimizu-
253 Inatsugi et al. 2017, Shimizu 2022). The suite of polyploidy-related phenotypic changes,
254 whether stemming from cell-size increase or genomic effects, often coincide with an increased
255 resistance in a variety of stresses in different species (Bomblies 2020, Van de Peer et al.
256 2021).

257

258 **Cost-reducing traits**

259 Some fitness benefits derive from characteristics that help to avoid the cost of minority
260 cytotype exclusion (MCE). Many polyploids feature assortative mating and asexual
261 reproduction strategies that alleviate the cost of MCE and, thereby, stabilizing coexistence
262 (Van Drunen and Husband 2019). Assortative mating alleviates the cost of MCE by increasing

263 the likelihood of compatible intercytotype mating (Oswald and Nuismer 2011). It enables
264 polyploid establishment and stabilizes coexistence by segregating gamete pools of both
265 cytotypes. Assortative mating in flowering plants can be achieved through shifts in the
266 behavior of pollinators as a result of ploidy-differentiated flower morphology (Segraves and
267 Thompson 1999, Kennedy et al. 2006), floral scent (Gross and Schiestl 2015) or flowering
268 phenology that reduces overlap in the fertilization window between polyploid and ancestor
269 (Petit et al. 1997, Ramsey and Schemske 2002). Selfing represents an extreme form of
270 assortative mating to assure reproductive success (Levin 1975, Schemske and Lande 1985,
271 Rodríguez 1996, Baack 2005a, Rausch and Morgan 2005, Spoelhof et al. 2020, Van Drunen
272 and Friedman 2022). It follows the breakdown of self-incompatibility mechanisms (Mable
273 2004a, Clo and Kolář 2022) and is found in many polyploids. Asexual reproduction bypasses
274 gamete fusion altogether, allowing polyploids to avoid MCE and establish (Yamauchi et al.
275 2004, Spoelhof et al. 2020, Van Drunen and Friedman 2022). Shifts towards asexual
276 strategies, such as clonal expansion or apomixis, are documented in a wide range of
277 polyploids (Comai 2005, Kao 2007, Kolář et al. 2017). Polyploidy is also associated with
278 perennial herbs (but not woody plants, Gustafsson 1948, Stebbins 1971, Rice et al. 2019).
279 Perenniality can reduce MCE by providing an emerging polyploid with a longer time-window
280 for sexual reproduction that enables other polyploids to emerge and produce compatible
281 gametes (Gustafsson 1948, Rodríguez 1996, Van Drunen and Friedman 2022).

282 There is evidence that assortative mating, selfing, and asexual reproduction are caused
283 directly by WGD, such as the shift in flowering phenology (Dixit et al. 2015, Husband et al.
284 2016, Corneillie et al. 2019), the breakdown of self-incompatibility (Chawla et al. 1997, Miller
285 and Venable 2000) and certain modes of asexuality (Gustafsson 1948, Hörandl and Hojsgaard
286 2012, Van Drunen and Husband 2018). If such traits are caused by WGD or were present
287 prior to WGD, as exaptation, they help to promote polyploid establishment. Perenniality,
288 however, has generally evolved after WGD, suggesting that it helped establishment only in a
289 limited number of polyploid species (Van Drunen and Husband 2019).

290

291 **Trait trade-offs**

292 Organisms simultaneously experience multiple WGD-associated trait changes that combine
293 to strengthen or negate eventual fitness effects (box 1). Correlated traits and consequent
294 trade-offs in fitness effects may arise from physical, functional, resource allocation, or genetic
295 constraints (Roff 2001, Garland 2014, Garland et al. 2022). Such trade-offs influence polyploid
296 success because they have the potential to equalize competitive ability differences. As an
297 example, more robust and longer lived polyploids develop slower, hence trading-off higher
298 survival during development with lower fecundity (Müntzing 1936, Garbutt and Bazzaz 1983).
299 If each side of the trade-off leads to success in a different niche, a polyploidy-induced change
300 in these correlated traits can act as a coexistence stabilizing mechanism when both niches
301 are available. For instance, drought resistance trades-off with hydraulic conductivity in
302 hexaploid *Atriplex canescens* (Hao et al. 2013), rendering them competitively superior
303 compared to their diploid and tetraploid relatives in water-limited, but not water-permeable
304 soils. This facilitates coexistence between hexaploids and di- and tetraploids in locations
305 where both soils are available. Despite their importance, these trade-offs are seldom
306 considered.
307

Box 1:

Phenotypic trade-offs

Immediate phenotypic benefits that are also associated with a cost.

- Longevity and size (of structures) - longer developmental times (Müntzing 1936, Garbutt and Bazzaz 1983).
- Larger seeds (linked with higher seed survival) - fewer seeds (Bretagnolle et al. 1995, Del Pozo and Ramirez-Parra 2014, Stevens et al. 2020).
- Increased storage to tolerate nutrient or water stress - structural integrity (Pacey et al. 2022).

- Taller or bigger plants to compete better for space - more attractive to herbivores (Solomon et al. 2014)
- Stomata and xylem drought tolerance - optimal water conductance for photosynthesis (trade-off with water conductance: van Laere et al. 2011, Hao et al. 2013; trade-off with photosynthesis: Niu et al. 2016); though photosynthesis can be higher (Senock et al. 1991, Ntuli and Zobolo 2008) or equal (Li et al. 2009) together with an increased drought resistance.

Evolutionary trade-offs

Benefits to polyploidy that trade-off with the delayed effect of mutational load

- More mutations per genome (Sharp et al. 2018) result in increased genetic diversity - more mutations that are potentially lethal (genetic load)
- Masking enables the accumulation of standing genetic variation - higher genetic load at drift-mutation equilibrium (Otto and Whitton 2000, Gerstein and Otto 2009).
- Asexual reproductive assurance - genetic load (Haag and Roze 2007, Hojsgaard and Hörandl 2015).

308

309

310 Many of the immediate phenotypic changes following WGD are not straightforwardly
 311 associated with a fitness cost or benefit nor are they always easily identified as equalizing or
 312 stabilizing effects. A phenotypic change can influence competitive ability, the polyploid niche,
 313 or both, depending on the frequency-independent and frequency-dependent effects. Similarly,
 314 trait covariances steer the eventual phenotype and ecological impact. The ecological success
 315 of neopolyploids can therefore only be understood and inferred by considering population
 316 performance and in the relevant environment.

317

318 **Delayed fitness dynamics: evolution and changes in** 319 **adaptive potential**

320 After the immediate phenotypic effects of WGD, polyploid organisms remain subject to further
321 trait evolution (Bomblies 2020, Clo and Kolář 2021). These emerging trait dynamics that occur
322 with a delay after WGD can change the stabilizing or equalizing component of coexistence
323 (Yamamichi et al. 2022) and break down existing phenotypic trade-offs (Garland et al. 2022).
324 These delayed fitness effects therefore have the potential to change a polyploid's fate long
325 after their formation. Insights into the phenotype of extant polyploids may therefore reveal little
326 about their establishment, because the phenotype may have shifted substantially afterwards
327 (acknowledged in, among others, Van Drunen and Husband 2018, Bomblies 2020, Shimizu
328 2022).

329

330 How polyploids evolve is also affected by changes in the genomic structure after WGD. First,
331 polyploids have in principle a double amount of DNA following a WGD and therefore twice the
332 number of mutational sites. While the per-nucleotide mutation rate is reported to decrease,
333 the per-genome mutation rates increase with the level of ploidy in yeast (Sharp et al. 2018).
334 Given equal population size, polyploids are expected to generate greater genetic variation for
335 selection to act on. Second, due to a higher number of gene copies, recessive mutations are
336 better 'masked' because they are only expressed in homozygotes, which comprise a smaller
337 proportion of the population (Otto and Whitton 2000). Recessive alleles, whether
338 advantageous or deleterious, are therefore less efficiently selected in polyploids. Recessive
339 beneficial alleles are expected to get fixed more slowly, whereas recessive deleterious
340 mutations are expected to initially cause less inbreeding depression (Clo and Kolář 2022) and
341 accumulate faster over time (Otto and Whitton 2000, Gerstein and Otto 2009). Selmecki et al.
342 (2015) revealed an increase in genetic variation and a higher adaptation rate in tetraploid
343 yeast. Third, an increased complexity from doubled and/or merged gene regulatory networks
344 (GRN) is expected to enable more extreme phenotypes (Yao et al. 2019, Ebadi et al. 2023).
345 This increased GRN complexity can therefore be regarded as a genome-wide effect that

346 enables larger phenotypic changes from mutations, possibly beneficial under extreme
347 environmental change (Yao et al. 2019). In contrast, others have argued that increased
348 complexity in GRNs could equally contribute to higher robustness against mutations through
349 stabilizing selection (Sevim and Rikvold 2008). Fourth, a doubled genome creates
350 opportunities for novel gene functions or altered gene expression to evolve over
351 macroevolutionary time scales (neo- and subfunctionalization: Blanc and Wolfe 2004, Adams
352 and Wendel 2005). This can arise because each gene in a doubled genome has a
353 homoeologous copy which will be released from purifying selection against mutations and
354 therefore may accumulate mutations (Keane et al. 2014).

355

356 A neopolyploid population is expected to start with relatively low adaptive potential due to the
357 bottleneck at WGD (Ramsey and Schemske 1998, Otto and Whitton 2000), even if repeated
358 WGD and intercytotypic gene flow introduce some genetic variation (Soltis and Soltis 1999).
359 Adaptive evolution in polyploids will therefore be mostly limited by genetic variation rather than
360 the efficiency of selection. The faster accumulation of recessive deleterious genetic variation
361 may therefore outweigh the less efficient selection of recessive mutations due to masking in
362 doubled genomes (Otto and Whitton 2000, Gerstein and Otto 2009). Compared to immediate
363 fitness effects (discussed in previous section), the differences in evolutionary processes are
364 expected to have a negligible effect on success in neopolyploids. However, evolutionary
365 effects become more relevant when they compound over generations. A polyploid may this
366 way gradually acquire further adaptations that deal with the challenges of polyploidy and
367 restore its competitive ability to help long-term persistence. This could explain how established
368 polyploids are usually fitter than their neopolyploid counterparts and perform at similar levels
369 as their ancestor (Clo and Kolář 2022). Further evolution of niche differentiation may
370 additionally ensure long term persistence that also stabilizes coexistence with the ancestor,
371 though, destabilization is possible as well (Yamauchi et al. 2004). Therefore, we expect the
372 differences in evolution to have a small impact on initial polyploid establishment but a
373 significant impact on long-term cytotype persistence and coexistence.

374 **The importance of chance and priority**

375 The ecological success or failure of polyploids is not only determined by deterministic
376 processes. Polyploidization itself shows strong stochasticity, stemming from accidental cell
377 cycle errors such as unreduced gamete formation. Considering how this and other stochastic
378 processes affect polyploid establishment is exceedingly relevant. To date, explanations
379 involving stochastic mechanisms and historical contingency are often put forth when
380 deterministic processes fail to explain the establishment of a polyploid (Van Dijk and Bakx-
381 Schotman 1997, Hanzl et al. 2014, Čertner et al. 2019b). However, deterministic and
382 stochastic explanations deserve equal consideration as non-mutually exclusive influences on
383 the establishment process (Lohaus and Van de Peer 2016).

384 Higher rates of unreduced gamete formation lead to higher polyploid emergence and make
385 polyploid establishment more likely (Felber 1991, Felber and Bever 1997). This effect provides
386 polyploid population growth that is not caused by higher polyploid performance. Unreduced
387 gamete formation is observed to vary with temperature (Randolph 1932, Lewis 1943, Ramsey
388 and Schemske 1998, Mable 2004b, Pécix et al. 2011, de Storme et al. 2012) and nutrient
389 stress (Grant 1953). Therefore, a higher rate of polyploid formation may partly explain the
390 occurrence of many polyploids in extreme environments.

391 Also after polyploid formation, stochastic processes impact their success. Any genetic variant
392 (or species), even those lacking net fitness benefits, can get eliminated or succeed in a
393 population (or community) by chance through repeated sampling of individuals and genes
394 from one generation to the next (genetic drift: Kimura 1983, Ohta and Gillespie 1996;
395 community drift: Hubbell 2001, Alonso et al. 2006). Sampling has a bigger impact in smaller
396 populations to a point that sufficiently strong drift may overwhelm any deterministic outcome,
397 such as competitive exclusion but also stable coexistence (Adler et al. 2007). This means that
398 if a novel polyploid emerges from an ancestral population with a low effective population size,
399 drift has the potential to overcome the general fitness costs associated with WGD (Rausch

400 and Morgan 2005). Drift is even expected to overcome the indirect fitness costs of unreduced
401 gamete formation (Clo et al. 2022).

402 Strong drift effects especially play a role during the colonization of competition-free
403 environments (Peter and Slatkin 2015), such as newly emerged islands, habitat becoming
404 available at range margins due to climate change, or human-introductions in non-native
405 regions. Such founder effects may enable lower-fitness genotypes to establish and persist
406 (Kliber and Eckert 2005, Travis et al. 2007, Čertner et al. 2019b). Colonization provides a route
407 to successful polyploid establishment away from the ancestral population, by enabling
408 polyploids to avoid MCE or competition with the ancestor that may be too strong. Successful
409 polyploid founders can later monopolize available resources and prevent the invasion of
410 putatively fitter variants. Such priority effects reinforce the dominance of the earliest cytotype,
411 independent of its fitness (Grainger et al. 2019). Hence, priority effects can preserve the
412 persistence of lower-fitness variants that would not be able to persist with a stronger
413 competitor if they would compete at equal density. Priority effects may have constrained the
414 expansion of competitively superior tetraploids of the *Centaurea stoebe* complex in
415 microhabitats where diploids occur (Mráz et al. 2012) and of competitively superior hexaploid
416 populations of *Achillea borealis* in places where tetraploids occur (Ramsey 2011). MCE results
417 from inherent negative priority effects that impedes polyploid establishment but whose effects
418 also work the other way around. An ancestral cytotype that invades a polyploid-founded
419 population will experience a similar cost to sexual reproduction from being the minority
420 cytotype.

421 Dispersal limitation and subsequent spatial clumping are common in most organisms,
422 including polyploids (Husband and Sabara 2004, Baack 2005a). Such clustering determines
423 the spatial extent of sampling with regard to mating, competition and survival. Spatial clumping
424 can facilitate polyploid establishment and coexistence by providing more nearby compatible
425 mates and, thereby, locally alleviating the cost associated with MCE (Baack 2005a, Spoelhof
426 et al. 2020). Furthermore, it promotes competition within rather than between cytotypes (De

427 Aguiar et al. 2009, Kauai et al. 2023) and enhances the effects of drift by the local
428 population size.

429 Recurrent polyploid formation, drift, founder effects, priority effects and dispersal limitation
430 may each contribute to creating and maintaining a mosaic distribution of cytotypes across the
431 landscape, and to promote establishment of a new polyploid at their distribution range edge.
432 Priority effects and eventual adaptive evolution can then reinforce the distributional difference,
433 resulting in a parapatric or allopatric pattern. Such geographically divergent polyploid
434 occurrences are often attributed to niche shifts (Marchant et al. 2016), even though the role of
435 drift and priority effects may be underappreciated.

436

437 **Outlook & outstanding questions**

438 Conspicuous phenotypic changes associated with polyploidy, their remarkable presence in
439 stressful environments as well as their putative origin and long-term establishment in times of
440 environmental upheaval (Van De Peer et al. 2017) have fueled the view of polyploids as
441 ecological and evolutionary favored hopeful monsters (Otto and Whitton 2000, Dietrich 2003,
442 Vanneste et al. 2014, Yao et al. 2019). Nonetheless, genomic archives demonstrate the
443 recurrent extinction of polyploids or their reversal to non-duplicated states (Mayrose et al.
444 2011, Dodsworth et al. 2016). This paradox raises the question whether contemporary
445 distributions of polyploids are only transient or whether they persist permanently under certain
446 conditions. By focusing on polyploid success at the population level, considering all the costs
447 and benefits, the interaction between polyploids and their ancestral cytotype, and the
448 environment, we provide an eco-evolutionary oriented perspective on the establishment,
449 extinction, and distribution of polyploids in nature. We present a list of 6 outstanding questions
450 to be answered by combining experimental, modelling, and phylogenetic tools to understand
451 all evolutionary and ecological factors involved in polyploid establishment.

452

- 453 1. **To what degree and under which conditions are trait trade-offs relevant for**
454 **polyploid establishment?** Trade-offs between phenotypic traits are expected to be
455 relevant to persistence under stressful conditions, affecting the extremes of their
456 distribution (Holzman et al. 2011, Willi and Buskirk 2022). We need a systematic study
457 of typical WGD-related trade-offs, their stabilizing or equalizing function on
458 intercytotypic interaction under gradients of stress, and potential attenuation of trade-
459 offs via evolution.
- 460 2. **Are cost-reducing mechanisms a result of WGD or do they typically precede or**
461 **evolve after WGD?** It is often unclear when a shift in pollination, selfing, or asexual
462 reproduction appeared in polyploids. The timing of evolving such traits determines
463 whether it had a role in polyploid establishment or not. Comparative phylogenetics on
464 assortative mating mechanisms (such as in Van Drunen and Husband, 2018) and a
465 search for the origin of the mechanisms in mixed-ploidy species will enable us to
466 assess the presence of cost-reducing mechanisms during establishment.
- 467 3. **To what extent are the mechanisms of polyploid establishment and coexistence**
468 **that are identified in plants applicable to other organisms? Do other taxonomic**
469 **clades have distinct mechanisms?** Many studies have addressed the question of
470 why there is an overwhelmingly higher occurrence of polyploidy in plants than in other
471 organisms, yet, satisfying explanations are still lacking (Mable 2004b, Fox et al. 2020).
472 Plants may be inherently more prone to certain stabilizing or equalizing mechanisms
473 compared to other organisms. We need to address this bias by studying how non-plant
474 polyploid systems can be successful in overcoming the costs of WGD.
- 475 4. **Does WGD increase or decrease the rate of adaptation? Does it facilitate**
476 **maladaptation?** Polyploids should start with a low standing genetic variation right after
477 WGD but are expected to accumulate deleterious mutations faster (Otto and Whitton
478 2000, Clo 2022) that would increase a polyploid's adaptive potential (Selmecki et al.
479 2015). The accompanying higher mutation load, however, is considered a long-term
480 maladaptive cost for polyploids (Gerstein and Otto 2009). Furthermore, it is expected

481 that WGD transforms the genome in various ways. Whether the net effect of these
482 genomic changes improve the rate adaptation remains empirically challenging to
483 ascertain. Long-term evolutionary experiments on mutation accumulation and
484 adaptation in the right model systems may shed light on how polyploidy influences
485 microevolutionary processes.

486 **5. Does community complexity affect polyploid establishment?** New polyploids
487 interact with their ancestral cytotype, but also with a whole community of species.
488 Different types of interactions, antagonistic and mutualistic, and the complexity of the
489 community may provide stabilizing or equalizing forces that affect polyploid
490 establishment. Experimental invasion experiments can be developed to quantify
491 putative consistent invasibility in species-poor and species-diverse communities, with
492 respect to trophic relations and its potential condition dependence to changing
493 environmental conditions.

494 **6. What is the relative impact of chance, priority, and deterministic processes on
495 cytotype persistence and coexistence?** Researchers are starting to recognize the
496 effects of stochasticity and historical contingency as impactful forces in evolution and
497 population success. A mechanistic understanding of how these affect the
498 establishment process can show or eliminate alternative explanations of polyploid
499 establishment. A promising avenue may be to quantify fitness equality (i.e., neutrality)
500 and estimate effective population sizes at WGD in mixed-ploidy systems. Confronting
501 mechanistic models with data on cytotype distribution and niches through inverse
502 modelling can help estimate relative importance of processes.

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887

888 Figure caption

889 Fig. 1. Consequences of polyploidy. We distinguish direct costs (red), phenotypic effects
890 (green), or ecological consequences (orange) that can operate as an equalizing mechanism
891 affecting competitive ability, a stabilizing mechanism affecting niche, or both. Molecular
892 changes refer to (epi)genetic and transcriptomic changes. Despite the indicated interrelations,
893 this diagram is unavoidably a simplification of the complex, multivariate, species-specific
894 consequence of whole-genome duplication (WGD).