

1 **Novel insights into double-stranded RNA-mediated immunopathology**

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8 9 **Abstract**

10 Recent progress in human and mouse genetics has transformed our understanding of the
11 molecular mechanisms by which recognition of self double-stranded RNA (self-dsRNA) causes
12 immunopathology. Novel mouse models recapitulate loss-of-function mutations in the RNA
13 editing enzyme ADAR1 that are found in patients with Aicardi-Goutières syndrome (AGS) —
14 a monogenic inflammatory disease associated with increased levels of type I interferon.
15 Extensive analyses of the genotype–phenotype relationships in these mice have now firmly
16 established a causal relationship between increased intracellular concentrations of endogenous
17 immunostimulatory dsRNA and type I interferon-driven immunopathology. Activation of the
18 dsRNA-specific immune sensor MDA5 perpetuates the overproduction of type I interferons,
19 and chronic engagement of the interferon-inducible innate immune receptors PKR and ZBP1
20 by dsRNA drives immunopathology by activating an integrated stress response or by inducing
21 excessive cell death. Biochemical and genetic data support a role for the p150 isoform of
22 ADAR1 in the cytosol in suppressing the spontaneous, pathological response to self-dsRNA.

23 24 **[H1] Introduction**

25 Double-stranded RNA (dsRNA) products are generated during the replication cycle of DNA
26 and RNA viruses^{1,2}. Mammalian cells express multiple innate immune receptors, including
27 melanoma differentiation-associated protein 5 (MDA5), protein kinase R (PKR) and Z-DNA
28 binding protein 1 (ZBP1), that bind to and are activated by dsRNA. Each dsRNA receptor
29 activates distinct signalling pathways tailored to restrict virus infection, such as the secretion of
30 antiviral cytokines including type I and type III interferons (IFN-I and IFN-III), the inhibition
31 of translation and the induction of cell death³. This antiviral immune reaction is referred to as
32 the dsRNA response (**Box 1**). It is now clear that dsRNA can originate not only from viral
33 nucleic acids but also from endogenous RNA. The first clinical suggestion that impaired dsRNA

34 metabolism may be causal to human immunopathology was provided by the identification of
35 loss-of-function mutations in *ADAR*, which encodes the dsRNA-specific editing enzyme
36 adenosine deaminase acting on dsRNA 1 (ADAR1), in patients with **Aicardi-Goutières**
37 **syndrome [G]** (AGS)⁴. We now know that duplex RNA structures generated by base pairing of
38 complementary sequences from nuclear or mitochondrial transcripts are potentially rich sources
39 of immunostimulatory dsRNA⁵, and that defects in the removal of endogenous RNA duplexes
40 result in the development of a chronic dsRNA response and give rise to human
41 autoinflammatory diseases^{5,6}. Here, we extensively discuss how the study of *Adar* loss-of-
42 function mouse models has produced novel insights into the mechanisms of dsRNA-induced
43 immunopathology. We also provide an update on the identity of the endogenous dsRNA species
44 and the dsRNA sensors that underlie autoinflammation in mice and possibly also in humans.

45 46 **[H1] ADAR1 mutations in AGS**

47 AGS is the prototypical member of a group of monogenic autoinflammatory diseases termed
48 type I interferonopathies^{7,8}. All patients with AGS develop neuroinflammatory symptoms and
49 have an increased interferon-stimulated gene (ISG) signature in their blood and cerebrospinal
50 fluid. In addition to AGS, ADAR1 dysfunction can cause other neurological manifestations
51 including bilateral striatal necrosis and progressive spastic paraplegia, which share symptoms
52 with AGS⁹⁻¹². Heterozygous *ADAR* mutations are involved in dyschromatosis symmetrica
53 hereditaria (DSH), a dominantly inherited skin pigmentation disorder with variable penetrance
54 and less pronounced ISG scores than in AGS^{4,13,14}.

55
56 ADAR1 is part of a family of three proteins containing dsRNA-binding motifs (dsRBMs) that
57 allow them to bind to and specifically modify dsRNA¹⁵⁻²⁰ (**Box 2**). ADAR1 catalyses the
58 hydrolytic removal of an amine group from the C6 position of an adenosine (A), yielding a
59 deaminated inosine (I) nucleobase^{21,22}. This process, known as A-to-I editing, generates A:I
60 mismatches that destabilize the dsRNA helix. Human and mouse *ADAR* messenger RNAs
61 (mRNAs) are transcribed from three alternative promoters: two constitutive promoters
62 upstream of exon 1B and exon 1C that give rise to a ~110 kDa protein, and an interferon-
63 inducible promoter upstream of exon 1A that gives rise to a ~150 kDa protein²³⁻²⁵ (**Fig. 1a**). It
64 should be noted that the smaller p110 isoform can be translated from p150-encoding mRNA
65 through ribosome skipping of the p150 start codon in exon 1A^{26,27}. As a result, a fraction of
66 ADAR1-p110 is also interferon inducible. Both p110 and p150 contain a Z β domain followed
67 by three dsRBMs, which bind to dsRNA with little or no sequence specificity^{28,29}, and an A-to-

I editase domain (**Fig. 1a,b**). The larger p150 isoform contains an additional amino-terminal Z-nucleic acid [G]-binding Z α domain (**Fig. 1a-c**), which also harbours a nuclear export signal (NES)^{30,31}. The NES enables the p150 isoform to shuttle between the cytosol and the nucleus, whereas the p110 protein is contained within the nucleus³². Human and mouse genetics show that the Z α domain controls spontaneous activation of the dsRNA response (see below), whereas the structurally related Z β domain is not able to bind to Z-nucleic acids. The Z β domain may be implicated in protein–protein interactions, although its function remains largely unknown despite its evolutionarily highly conserved sequence³³⁻³⁵.

AGS-associated *ADAR* mutations can be divided into four categories (**Supplementary Table 1**). The first category comprises homozygous missense mutations in the A-to-I editase domain that (are predicted to) negatively affect the editing activity of ADAR1 (**Fig. 1d**). These mutations likely do not affect the function of the Z α domain and dsRBMs, implying that reduced catalytic activity of ADAR1 underlies autoinflammation. The causal relationship between mutations in the catalytic domain of ADAR1 and autoinflammation was confirmed by the generation of *Adar*^{K948N} or *Adar*^{D963H} knock-in mouse models, which recapitulate the human K999N or D1113H homozygous mutations in the A-to-I editase domain³⁶⁻³⁸. The second category comprises heterozygous dominant-negative mutation of glycine at position 1007 of ADAR1 (G1007R). Mapping G1007 onto the available crystal structure of the A-to-I editase domain of the related protein ADAR2 bound to dsRNA shows that this glycine is part of the base-flipping loop of the A-to-I editase domain and lies adjacent to a glutamate that inserts into the dsRNA helix and replaces the adenosine that is to be edited, which is flipped out of the helix into the catalytic pocket of ADAR2 (refs.^{39,40}). Replacing glycine 1007 with a bulky arginine residue is predicted to sterically hinder the base-flipping process (**Fig. 1e**). The dominant inheritance of the G1007R mutant implies that it exerts an inhibitory effect on wild-type ADAR1, which may be related to the fact that ADARs typically function as homodimers⁴¹. Biochemical data show that ADAR2 deficient for dsRNA binding is a dominant-negative inhibitor of A-to-I editing⁴². Whether the G1007R mutation similarly affects the function of ADAR1 homodimers awaits biochemical proof. At least in cellular assays measuring the A-to-I editing efficiency of a known editing substrate, the G1007R mutant has dominant-negative activity over wild-type ADAR1 (refs.^{4,43}). A third category of AGS mutations comprises compound heterozygous mutations of ADAR1 combining an editing impaired or null allele of *ADAR* with a Z α -domain-mutant allele (**Fig. 1c**). This allelic combination is seen in more than half of patients with AGS who have *ADAR* mutations and is discussed in detail below. The

102 fourth category comprises miscellaneous genotypes including homozygous missense mutations
103 of the first dsRBM of ADAR1 and compound heterozygous mutations generating an A-to-I
104 editing-mutant allele combined with an *ADAR* or *ADAR-p150* null allele. Complete ADAR1
105 deficiency has not yet been reported and is likely incompatible with life; full *Adar*-knockout
106 mice die around embryonic day (E) 11.5–12.5 (refs.^{44,45}).

107

108 **[H1] A-to-I editing prevents immunopathology**

109 In all cases of AGS resulting from *ADAR* mutations the editing activity of ADAR1 is predicted
110 to be reduced, either directly through mutation of the A-to-I editase domain or indirectly by
111 affecting substrate binding through mutation of the $Z\alpha$ domain or first dsRBM or a reduction in
112 gene dosage. Together, these data show that A-to-I editing activity must be maintained above
113 a crucial threshold to restrict dsRNA-mediated immunopathology.

114

115 **[H2] Substrates of ADAR1**

116 The vast majority of ADAR1-mediated A-to-I editing takes place on RNA duplexes formed by
117 intramolecular base pairing of two inversely oriented repetitive elements¹⁸. In humans, A-to-I
118 editing occurs almost exclusively on inverted repeat *Alu* (IR-*Alu*) elements⁴⁶⁻⁵⁰. *Alu* sequences
119 are around 280 base pairs (bp) in length and are part of the family of **short interspersed nuclear**
120 **elements [G]** (SINEs). They are enriched in introns and in the 3' untranslated regions (UTRs)
121 of (pre-)mRNA transcripts, and the approximately 1.2 million *Alu* copies occupy ~13% of the
122 human genome⁵¹. The interaction of ADAR1 with human *Alu* sequences was confirmed by UV
123 crosslinking and immunoprecipitation followed by RNA sequencing⁵². By contrast, the
124 enormous *Alu* expansion as observed in primates has not occurred in rodents, and in mouse
125 cells, A-to-I editing mainly takes place on B1 and B2 SINEs, and to a lesser extent on long
126 interspersed nuclear elements (LINEs) and long terminal repeats (LTRs)^{53,54}. Editing in mice
127 occurs at a lower frequency (by at least 100-fold) than in humans^{53,55}. This difference may be
128 attributed to the greater sequence diversity and shorter length of mouse repetitive elements
129 compared with human *Alu* sequences, which reduces the intrinsic stability of potential ADAR1
130 substrates formed by two inverted repeats in mouse transcripts⁵³.

131

132 It is generally assumed that ADAR1 reduces the intracellular concentration of potentially
133 immunostimulatory dsRNA by destabilizing the dsRNA helix. However, ADAR1 favours
134 editing of adenosine paired with cytosine (A:C mismatch) over adenosine paired with uracil^{56,57},
135 which creates more stable I:C base pairs and promotes RNA duplex formation. Parallel analysis

136 of RNA secondary structure sequencing (PARS-seq) confirmed that the presence of ADAR1
137 increased global dsRNA structures⁵⁸. How then does ADAR1 prevent the accumulation of
138 immunostimulatory dsRNA? A recent study shows that ADAR1 dimers simultaneously edit
139 adenosines located on both strands of the RNA duplex that are positioned 35 bp upstream and
140 30 bp downstream from minor helix perturbations⁵⁹. The initial introduction of an I:U mismatch
141 by editing of an A:U pair thus promotes recursive editing at a second site until the dsRNA helix
142 is resolved and can no longer activate dsRNA sensors. Thus, although preferred editing of A:C
143 mismatches may increase the stability of base pairing at some sites, it also negatively influences
144 the recursive editing process. Instead, recursive editing of A:U pairs in longer dsRNA substrates
145 may destabilise immunostimulatory dsRNA. Indeed, long dsRNA helices formed by IR-*Alu*
146 elements or *cis-natural antisense transcripts* [G] (*cis*-NATs) that function as endogenous MDA5
147 agonists (see below) are extensively edited by ADAR1. Alternative and non-mutually exclusive
148 explanations for the non-immunogenic nature of ADAR1 products may include that they have
149 increased sensitivity to inosine-specific nucleases⁶⁰⁻⁶² and that I:U-containing dsRNA mediates
150 direct immunosuppression⁶³.

151

152 **[H2] ADAR1 blocks MDA5 activation**

153 An important step towards understanding the function of ADAR1 was the demonstration that
154 ADAR1 suppresses spontaneous IFN-I signalling⁶⁴. Microarray profiling of fetal liver
155 haematopoietic stem cells from *Adar*-knockout mouse embryos showed that the expression of
156 ISGs was greatly increased, some by more than two orders of magnitude⁶⁴. *Adar*-knockout mice
157 crossed into an MDA5-deficient background or a background deficient for the MDA5 adaptor
158 protein mitochondrial antiviral-signalling protein (MAVS) did not develop a spontaneous IFN-
159 I response and their lethality at embryonic (E) day E12.5 was rescued at least until birth^{43,65},
160 showing that MDA5–MAVS signalling is responsible for the aberrant IFN-I phenotype and
161 developmental lethality (**Supplementary Table 2**). The crucial role of ADAR1 in suppressing
162 MDA5 activation was later substantiated in knock-in mouse models corresponding to human
163 *ADAR* mutations found in patients with AGS or conditional knockout models wherein deletion
164 of MDA5 or MAVS rescued the tissue-specific or cell-specific pathological phenotypes
165 (**Supplementary Tables 2 and 3**). Notably, depletion of ADAR1 expression in adult mice
166 resulted in lethal MDA5-dependent and MAVS-dependent autoinflammation^{65,66}, which
167 indicates that ADAR1-mediated immunosuppression is not only required during development
168 but remains important throughout life (**Supplementary Table 3**).

169

170 The cytosolic dsRNA sensor MDA5 cooperatively binds along the axis of a dsRNA helix,
171 forming a dynamic filamentous structure containing multiple activated MDA5 molecules^{67,68}.
172 MDA5 then binds to MAVS, which further oligomerises at the mitochondrial outer
173 membrane⁶⁹. This activates a complex downstream signalling pathway involving multiple
174 TRAF family ubiquitin ligases and the TBK1–IKK ϵ and IKK α –IKK β kinases, which activate
175 the transcription factors IRF3, IRF7 and nuclear factor- κ B (NF- κ B) to induce expression of
176 IFN-I and IFN-III (**Fig. 2**), ISGs and proinflammatory cytokines⁷⁰⁻⁷². In addition to inducing a
177 transcriptional response, MDA5–MAVS activation has also been reported to trigger apoptosis
178 directly, although the molecular mechanism remains unclear⁷³⁻⁷⁵.

179
180 Surprisingly, crossing *Adar*-knockout mice into an IFN-I signalling-deficient background by
181 deleting the IFN-I receptor subunit IFNAR1 only delayed embryonic lethality by four days⁴³
182 (**Supplementary Table 2**). Combined ablation of IFNAR1 and the IFN γ receptor subunit
183 IFNGR1 did not further increase the survival of *Adar*-knockout embryos⁷⁶, which suggests that
184 IFN- γ (IFN-II) signalling is not involved in pathology. IFN-III, which induces a largely
185 overlapping set of genes to IFN-I⁷⁷, could also contribute to embryonic lethality. However,
186 genetic removal of the STAT1 signal transducer and transcription factor, which functions
187 downstream of receptors for IFN-I, IFN-II and IFN-III⁷⁸, did not further rescue the lethality of
188 *Adar*-knockout embryos⁴³. This shows that interferon signalling does not greatly contribute to
189 the embryonically lethal phenotype caused by complete loss of ADAR1 function. IRF3, which
190 is activated immediately downstream of MAVS, and the ISGF3 transcription factor complex
191 (containing STAT1, STAT2 and IRF9), which is activated downstream of the IFN-I or IFN-III
192 receptor, control the expression of many of the same genes⁷⁹. Thus, cell-intrinsic MAVS
193 signalling may suffice to induce pathology without the need for interferon-mediated positive
194 feedback, at least in the context of complete loss of ADAR1 (**Fig. 3**). This is supported by the
195 observation that blocking signalling induced by IFN-I⁴³ or both IFN-I and IFN- γ ⁷⁶ did not fully
196 prevent ISG expression in *Adar*-knockout mice. Interestingly, however, genetic removal of
197 either IRF3 in *Adar*-knockout mice⁸⁰ or of IRF7 in *Adar* editing-deficient mice⁸¹ also fails to
198 rescue embryonic lethality. *Adar/Irf3* double-knockout embryos still developed an ISG
199 signature⁸⁰. Since loss of IRF3 can be compensated by IRF7 (ref.⁸²), deletion of both IRF3 and
200 IRF7 is most likely required to fully prevent ISG expression downstream of MDA5–MAVS
201 and to recapitulate the rescue of *Adar*-knockout embryos seen by removal of MDA5 or MAVS,
202 although this remains to be addressed experimentally. It is also possible that interferon-

203 independent mechanisms, including NF- κ B overactivation and/or uncontrolled apoptosis,
204 contribute to the MAVS-mediated developmental defects.

205

206 As we discuss later, blockade of IFN-I signalling is sufficient to prevent autoinflammatory
207 pathology in ‘milder’ *Adar* genotypes, such as hemizygous *Adar* *Z α* domain-mutant mice⁸³,
208 which suggests that the need for IFN-I-mediated amplification of the autoinflammatory immune
209 response may depend on the severity of the *Adar* genotype and the magnitude of the
210 spontaneous dsRNA response elicited in these mice.

211

212 **[H2] Editing-(in)dependent functions of ADAR1**

213 Conclusive evidence in favour of an immunosuppressive role for the enzymatic activity of
214 ADAR1 came from the generation of ADAR1 editing-deficient mice⁸⁴. Replacing glutamine
215 861 of ADAR1, an active site residue that functions as a proton shuttle during the deamination
216 reaction⁸⁵, with an alanine (E861A) completely abolishes A-to-I editing activity⁸⁶. Mice
217 expressing E861A-mutant ADAR1 from both alleles phenocopy the embryonic lethality of
218 complete *Adar*-knockout mice and similarly develop a spontaneous MDA5-mediated IFN-I
219 response⁸⁴. This demonstrates that A-to-I editing is the primary mechanism by which ADAR1
220 prevents immunopathology. Accordingly, homozygous missense mutations in the A-to-I
221 editase domain cause AGS in humans (**Supplementary Table 1**). It should be noted that
222 ADAR1 editing-deficient mouse embryos survive one embryonic day longer than full *Adar*-
223 knockout mice^{44,45,84}, which suggests that ADAR1 also has editing-independent functions. This
224 small difference in embryonic viability becomes remarkably apparent when these animals are
225 crossed into an MDA5-deficient background. Whereas ADAR1 E816A-mutant, MDA5-
226 deficient animals continue to thrive well into adulthood and are largely indistinguishable from
227 their MDA5-deficient littermates⁶⁶, full *Adar/Mda5* double-knockout mice are runted and die
228 before weaning⁶⁵ (**Supplementary Table 2**). At least two non-mutually exclusive mechanisms
229 might underlie these phenotypic differences. First, catalytically dead ADAR1 can still bind
230 dsRNA and may sequester it from MDA5, which could briefly extend the lifespan of editing-
231 deficient embryos. Second, and as discussed in detail below, sequestration of dsRNA by
232 editing-deficient ADAR1 may further inhibit downstream activation of the IFN-inducible
233 nucleic acid sensors ZBP1 and PKR. Thus, although A-to-I editing has the major role in
234 preventing spontaneous MDA5 activation, editing-deficient ADAR1 may still function as a
235 buffer to prevent spontaneous activation of other dsRNA sensors.

236

237 [H2] MDA5 agonists

238 The fact that ADAR1 mainly edits IR-*Alu* sequences suggested that these dsRNA structures
239 could be MDA5 agonists. Indeed, an RNase protection assay identified IR-*Alu* sequences within
240 3' UTRs of mRNAs as being the main RNA species associated with active MDA5 filaments⁸⁷
241 (**Fig. 2b**). The highly abundant intronic IR-*Alu* sequences likely pose no danger of being
242 detected by MDA5 as they are removed by the splicing machinery before mRNAs enter the
243 cytoplasm where MDA5 is located. In fact, IR-*Alu* sequences within 3' UTRs, but not those
244 within introns, are subject to strong purifying selection, likely providing a first line of defence
245 against unintended activation of MDA5 (ref.⁸⁸). ADAR1 may then function as a second barrier
246 to preventing spontaneous MDA5 activation by IR-*Alu* sequences within 3' UTRs that have
247 escaped purifying selection. Interestingly, gain-of-function mutants of MDA5 identified in
248 patients with AGS^{89,90} are activated more efficiently by IR-*Alu* sequences, even in their edited
249 forms⁸⁷. This shows that either lowering the activation threshold of MDA5 through gain of
250 function or increasing the cytosolic availability of immunostimulatory dsRNA through ADAR1
251 loss of function can underlie inflammatory disease development.

252
253 A recent study correlating quantitative trait loci that are associated with reduced A-to-I editing
254 with genetic variants that are associated with common inflammatory diseases proposed that
255 dsRNA formed by intermolecular base pairing of *cis*-NATs constitutes a second source of
256 MDA5 agonists⁹¹ (**Fig. 2b**). *Cis*-NATs are transcribed from opposing DNA strands of the same
257 genomic locus⁹². As a result, they can form perfect RNA duplexes and are subject to A-to-I
258 editing^{56,91}. Sequence erosion among individual *Alu* elements determines that even in their
259 unedited form IR-*Alu* sequences contain on average 48 mismatches spanning a 238 bp
260 dsRNA⁹¹. Their relatively short length and the abundance of mismatches and bulges render IR-
261 *Alu* sequences inherently poor MDA5 agonists⁸⁷. By contrast, the perfectly base-paired *cis*-
262 NATs, which measure on average 611 bp, better meet the biochemical requirements for strong
263 MDA5 activation, which requires perfect RNA duplexes of >500 bp in length⁹³. However, IR-
264 *Alu* sequences are vastly more abundant than *cis*-NATs and the odds of forming RNA duplexes
265 may be more favourable for IR-*Alu* sequences than for *cis*-NATs as it requires intramolecular
266 base pairing rather than hybridisation of two separate transcripts. Sensing of shorter dsRNA
267 such as those formed by IR-*Alu* sequences may be aided by co-factors such as the MDA5
268 paralogue laboratory of genetics and physiology 2 (LGP2), which promotes the cooperative
269 assembly and activation of MDA5 onto shorter stretches of dsRNA⁹⁴. Indeed, LGP2 is crucial
270 for inducing an MDA5-mediated IFN-I response in ADAR1 *Zα* domain-mutant mice⁸³ (see

271 below) and ADAR1-deficient human cells⁹⁵ (**Fig. 2b**). The relative contributions of IR-*Alu*
272 sequences and *cis*-NATs to immunopathology remain to be determined.

273

274 **[H1] ADAR1-p150 prevents immunopathology**

275 Genetic analyses show that some patients with AGS carry a $Z\alpha$ domain-mutant or A-to-I editase
276 domain-mutant *ADAR* allele combined with a second allele containing a point mutation that
277 abrogates the ADAR1-p150-specific start codon generating a *p150*-null allele^{96,97}
278 (**Supplementary Table 1**). As these mutations are expected to leave ADAR1-p110 expression
279 unaffected, these data provide compelling clinical evidence that the p150 isoform is crucial for
280 suppressing immunopathology in humans.

281

282 **[H2] The ADAR1-p150 negative-feedback loop**

283 The role of ADAR1-p150 in suppressing a lethal dsRNA response was experimentally
284 demonstrated by generating mice in which exon 1A of *Adar* was disrupted, resulting in loss of
285 p150 expression while retaining constitutive p110 expression⁹⁸. These mice die at E12.5 and
286 develop a spontaneous IFN-I response, thereby largely phenocopying full *Adar*-knockout
287 mice⁹⁸. Removal of MDA5–MAVS signalling had a greater impact on the survival of ADAR1-
288 p150-deficient mice than of full *Adar*-knockout mice, revealing crucial functions of ADAR1-
289 p110 in kidney and brain development⁶⁵. A caveat of this p150-knockout strategy is that
290 expression of the interferon-inducible p110 isoform, generated by leaky ribosomal scanning of
291 the p150 transcript, is also abrogated. This point was recently addressed by the generation of a
292 novel *Adar-p150*-knockout mouse in which a premature stop codon was inserted in the $Z\alpha$
293 domain-encoding region of the p150 transcript, resulting in complete loss of ADAR1-p150
294 expression while retaining interferon-inducible ADAR1-p110 expression²⁷. Embryos derived
295 from this *Adar-p150*-knockout line also succumbed at E12.5 (ref.²⁷) but a recent preprint shows
296 that the mice survive post-birth when MDA5 is removed⁹⁹, which largely reproduces previous
297 findings on the essential role of ADAR1-p150 in inhibiting the dsRNA response⁶⁵. The non-
298 redundant immunosuppressive role of ADAR1-p150 was further substantiated by the
299 generation of *Adar-p110*-specific knockout mice¹⁰⁰. Most of these mice still died after birth, a
300 phenotype which was not rescued by MDA5 deficiency¹⁰⁰. Mice that do not express ADAR1-
301 p110 do not develop a spontaneous IFN-I response¹⁰⁰, demonstrating that ADAR1-p150 and
302 not the p110 isoform prevents spontaneous MDA5 activation and that the p110 isoform
303 regulates vital MDA5-independent processes such as those required for normal kidney and
304 brain function⁶⁵.

305

306 Although ADAR1-p150 and ADAR1-p110 share a nuclear localisation signal^{101,102}, p150
307 contains an additional nuclear export signal that enables its nucleocytoplasmic shuttling^{30,31} (**Fig.**
308 **1a**). The non-redundant immunosuppressive role of ADAR1-p150 can most likely be attributed
309 to its cytosolic localisation, where its main task would be to destabilise potentially
310 immunostimulatory dsRNA molecules. Indeed, cytosolically overexpressed ADAR1-p110 can
311 attend to the same substrates as the p150 isoform¹⁰³ and two preprint articles show that forced
312 cytosolic expression of ADAR2 suppresses MDA5-mediated ISG expression¹⁰⁴ or PKR
313 activation⁹⁹, which suggests that cytosolic localisation is an important determinant of substrate
314 specificity and immunosuppression, at least in overexpression settings. Another factor
315 determining the unique immunosuppressive effect of ADAR1-p150 is the fact that its presence
316 in the cytosol is rapidly induced upon interferon stimulation. Inflammation was previously
317 shown to enhance A-to-I editing activity *in vivo*¹⁰⁵, and this activity was later shown to depend
318 solely on increased ADAR1-p150 expression in mouse¹⁰⁶ and human cells¹⁰⁷. Of note, the
319 expression of potentially immunostimulatory endogenous dsRNA is enhanced by IFN-I
320 signalling (discussed later)¹⁰⁸ (**Fig. 2a**). In addition, MDA5 and other immune sensors including
321 PKR and ZBP1 (see below) are also ISGs. The activation threshold of these sensors depends
322 not only on the availability of their activating dsRNA ligands but also on the expression levels
323 of the sensor itself⁵. We therefore propose a model in which the interferon-inducible expression
324 of ADAR1-p150 in the cytosol acts as a negative-feedback mechanism to deal with the
325 increased responsiveness to self-dsRNA during inflammation owing to increased expression of
326 dsRNA sensors and their potential agonists (**Fig. 2c**). Only when the increased concentration
327 of immunostimulatory dsRNA and increased expression of dsRNA sensors cannot be matched
328 by enhanced ADAR1-p150-mediated A-to-I editing and sequestration of dsRNA will the
329 activation threshold of dsRNA sensors be reached and a breach in tolerance against self-dsRNA
330 occur.

331

332 **[H2] ADAR1 and Z-nucleic acids**

333 In addition to its cytosolic localisation and interferon inducibility, another unique feature of
334 ADAR1-p150 is the presence of a Z α domain (**Fig. 1a**). Z α domains bind specifically to left-
335 handed Z-nucleic acids, including Z-RNA^{109,110} (**Box 3**). The relevance of the Z α domain to
336 human health became apparent from the observation that more than half of patients with AGS
337 who have *ADAR* mutations carry compound heterozygous mutations whereby one *ADAR* null
338 or editing-impaired allele is combined with a proline 193 to alanine (P193A) Z α domain-mutant

339 allele^{4,12}. Other compound heterozygous Z α domain mutations including P193L¹¹¹ and N173S⁹
340 (**Fig. 1c** and **Supplementary Table 1**) have also been identified in patients with AGS or
341 bilateral striatal necrosis, which further supports the importance of the Z α domain in preventing
342 disease. Asparagine 173 is part of the α 3 recognition helix of the Z α domain and forms a
343 hydrogen bond with Z-nucleic acids whereas proline 193 forms a van der Waals contact with
344 the sugar-phosphate backbone of Z-DNA¹¹² and Z-RNA¹¹³. Mutations of these residues to
345 alanines decrease the affinity for Z-DNA¹¹⁴, suggesting that binding of ADAR1 to Z-nucleic
346 acids is crucial for its immunosuppressive function. To test this hypothesis, several groups
347 generated Z α domain-mutant mice with the intention to disrupt the interaction of ADAR1 with
348 Z-nucleic acids^{83,115-120}. Three groups reported P195A Z α domain-mutant mice orthologous to
349 the AGS-associated P193A mutation^{83,119,120} and four other groups described N175A and
350 Y179A^{115,116} (N175A+Y179A), N175D+Y179A¹¹⁸ mutation (corresponding to N173 and Y177
351 in human ADAR1) or W197A¹¹⁷ mutations (corresponding to W195 in human ADAR1). Based
352 on structural assays^{112,113} and biochemical Z-DNA binding assays¹¹⁴ using human ADAR1,
353 these mutations are expected to perturb the Z α domain function as follows, in order of least
354 disruptive to most disruptive: P193A < Y177A+N173A <<< W195A. Proline 193 in human
355 ADAR1 is located in the wing of the Z α domain β hairpin (**Fig. 1c**) and its mutation to alanine
356 decreases its affinity for Z-DNA, whereas combined N173A+Y177A mutation within the α 3
357 recognition helix completely prevents binding to Z-DNA¹¹⁴ (**Fig. 1c**). Although
358 N173A+Y177A mutation does not disrupt domain folding¹²¹, the W195A mutation within the
359 β 3 sheet is predicted to have a marked impact on Z α domain structure, resulting in loss of
360 domain architecture¹¹²⁻¹¹⁴. The biochemical consequences of these mutations are reflected with
361 remarkable accuracy by the in vivo impact of introducing the corresponding mutations in mice.
362 Mouse W197A (human W195A) in the homozygous state is lethal post-birth and these mice
363 develop a strong MDA5-dependent IFN-I response¹¹⁷. By contrast, homozygosity of the mouse
364 N175A+Y179A^{115,116}, or N175D+Y179A¹¹⁸ mutations (human N173A/D + Y177A) or P195A
365 mutation^{37,83,119,120} (human P193A) is well-tolerated, resulting in only slightly increased ISG
366 expression across various tissues^{83,115,116,118,120}. However, combining the mouse
367 N175A/D+Y179A or N175D+Y179A alleles with an *Adar*-null allele, resulting in hemizygous
368 Z α domain-mutant ADAR1 expression and thereby recapitulating the genetics of patients with
369 AGS, causes immediate postnatal mortality accompanied by a strong MDA5–MAVS-induced
370 ISG signature^{115,118,122}. The phenotype of combining the less disruptive mouse P195A allele
371 with a p150-specific⁸³ or full^{119,120} *Adar*-knockout allele is milder, inducing later onset of lethal
372 pathology⁸³, and with some mice of a more recent lines even showing normal survival^{119,120}.

373 Differences in genetic background or animal housing may explain these discrepancies. We
374 anticipate that less penetrant *Adar*-mutant alleles such as the mouse P195A variant may be
375 particularly susceptible to minor genetic or environmental differences that set the threshold for
376 disease initiation.

377

378 Early cellular and biochemical assays on a limited number of editing substrates showed that the
379 $Z\alpha$ domain of ADAR1-p150 promotes A-to-I editing^{43,123}. Recent global RNA-sequencing-
380 based profiling of A-to-I editing shows that $Z\alpha$ domain mutations induce rather subtle changes
381 in global A-to-I editing at steady state¹¹⁵⁻¹²⁰. Some A-to-I sites even have increased editing
382 when binding of ADAR1 to Z-nucleic acids is abrogated¹¹⁵⁻¹¹⁹, which most likely reflects the
383 increased interferon-induced expression of ADAR1-p150 in $Z\alpha$ domain-mutant cells. This
384 results in an apparent net zero effect on the A-to-I editing profile. It is important to note that
385 these A-to-I editing profiles were determined in steady state conditions or in the mildly
386 inflammatory background of homozygous $Z\alpha$ domain mutation. By contrast, when editing
387 profiles within repeat elements are enumerated in conditions wherein the demand for negative
388 feedback by ADAR1-p150 is high, for instance after IFN-I stimulation¹²² or in highly
389 inflammatory tissues from hemizygous $Z\alpha$ domain-mutant mice¹¹⁸, mutation of the $Z\alpha$ domain
390 results in a marked decrease in editing efficiency both at individual sites and across entire repeat
391 elements. This shows that the interaction of ADAR1 with Z-nucleic acids stimulates global A-
392 to-I editing of repeat elements when the demand for editing is increased such as during
393 inflammation. It should be noted that a recent study reported no differences in A-to-I editing
394 levels in the brains of hemizygous *Adar* P195A $Z\alpha$ domain-mutant mice¹²⁰. A possible
395 explanation for this observation, apart from the fact that the $Z\alpha$ domain-containing p150
396 isoform is not expressed in brain tissue^{100,120}, is that these analyses were performed in MDA5-
397 deficient mice, which do not develop an IFN-I response and in which the expression of possible
398 immunostimulatory ADAR1-p150 substrates is not enhanced. So far, no Z-nucleic acid-prone
399 sequence motifs have been identified in the vicinity of $Z\alpha$ domain-dependent editing
400 sites^{116,117,119}. This is in line with the observation that the sequence specificity of $Z\alpha$ domains
401 may be much broader than initially anticipated¹²⁴. Thus, the interaction of ADAR1 with Z-
402 nucleic acids is crucial to prevent dsRNA-mediated immunopathology. More work is needed,
403 however, to understand the molecular identify of the Z-nucleic acid interaction partners of
404 ADAR1.

405

406 **[H1] Suppression of PKR and ZBP1 activation**

407 Although genetic blockade of MDA5 signalling rescues the embryonic lethality of *Adar*⁴³ or
408 *Adar-p150*⁶⁵ deficient mice, it does not prevent postnatal death, suggesting that dsRNA
409 sensors other than MDA5 may contribute to pathology. Indeed, recent work shows that ADAR1
410 additionally inhibits pathogenic engagement of the dsRNA receptor PKR and the Z-nucleic acid
411 sensor ZBP1.

412

413 **[H2] Inhibition of PKR activation**

414 ADAR1-mediated suppression of the dsRNA sensor PKR was first reported in virus-infected
415 cells¹²⁵ and was further substantiated in a large number of human and mouse cell lines^{20,107}.
416 PKR engagement activates the **integrated stress response [G]** (ISR) by phosphorylating serine
417 51 on eukaryotic translation initiation factor 2 α (eIF2 α), which is part of the ternary translation
418 initiation complex. This single phosphorylation blocks GDP-to-GTP exchange by the guanine
419 nucleotide exchange factor eIF2B, resulting in a general reduction in protein synthesis¹²⁶.
420 Stalling of translation initiation by PKR at the same time promotes the translation of a subset
421 of mRNAs including mRNA encoding the transcription factor ATF4, which induces the
422 expression of ISR-associated genes¹²⁶. Expression of these genes has been detected in the
423 kidney and liver of ADAR1 Z α domain-mutant mice, albeit to varying degrees depending on
424 the mouse line^{83,99,119,120}. Remarkably, treatment with a drug that relieves the inhibitory effect
425 of eIF2 α phosphorylation on translation completely prevented lethal pathology in a hemizygous
426 ADAR1 P195A Z α domain-mutant mouse line with a fully penetrant phenotype⁸³, providing a
427 potential therapeutic target for patients with AGS who carry this *ADAR* mutation. These mice
428 are also rescued by an IFN-I signalling-deficient background, which has established a model
429 whereby MDA5-mediated IFN-I production enhances PKR activation, which in turn exerts
430 immunopathology by inducing a chronic ISR⁸³ (**Fig. 2a**).

431

432 A recent preprint further reports that deletion of the dsRNA sensor PKR rescues *Adar/Mda5*
433 double-knockout mice beyond the early postnatal lethality, with 50% of the animals reaching
434 adulthood⁹⁹, which shows that PKR activation can occur independently of MDA5 and does not
435 necessarily require autocrine or paracrine IFN-I stimulation, at least when ADAR1 protein is
436 completely absent. Removal of both PKR and MDA5 from ADAR1-p150-deficient animals
437 completely restores viability, demonstrating that the p150 isoform forms an important
438 physiological brake on pathological PKR activation⁹⁹. In contrast to complete *Adar/Mda5*
439 double-knockout mice, ADAR1 editing-deficient mice in an MDA5-deficient background did
440 not develop a pronounced ISR⁹⁹, providing *in vivo* evidence that inhibition of PKR is to a large

441 extent independent of the editing function of ADAR1. This is supported by biochemical data
442 showing that PKR inhibition crucially depends on cytosolic sequestration of self-dsRNA by the
443 three dsRBMs of ADAR1-p150 (refs.^{99,107}). However, a contribution of ADAR1 editing
444 function to PKR inhibition should not be excluded, particularly during an IFN-I response when
445 levels of self-dsRNA are increased¹⁰⁸.

446

447 **[H2] Inhibition of ZBP1 activation**

448 The Z-nucleic acid sensor ZBP1 is the only mammalian protein other than ADAR1 that has a
449 Z α domain (**Box 3**). Deficiency of ZBP1 restores the viability of ~40% of *Adar/Mavs* double-
450 knockout mice until at least 15–30 weeks of age^{118,122}, providing clear genetic evidence that
451 ADAR1 not only represses MDA5 and PKR but also regulates ZBP1 activation. Similarly, the
452 lethal pathology of hemizygous ADAR1 Z α domain-mutant mice was partially rescued by
453 crossing to *Zbp1*-knockout mice^{118,127} or mice that encode a Z α domain-mutant ZBP1 protein
454 that cannot interact with Z-nucleic acids^{118,122}. Activation of ZBP1 results in the recruitment of
455 the RIPK3 signalling kinase, thereby establishing a signalling complex that enables activation
456 of NF- κ B¹²⁸⁻¹³⁰ and of RIPK1–FADD–caspase-8-dependent apoptotic^{131,132}, MLKL-mediated
457 necroptotic¹³¹⁻¹³³ and NLRP3-mediated pyroptotic^{132,134,135} cell death pathways. Loss of
458 ADAR1 sensitises mouse and human cells to ZBP1-mediated apoptosis,
459 necroptosis^{108,118,122,127,136} and pyroptosis¹³⁶ (**Fig. 2a**). In some cell types, activation of ZBP1 as
460 a consequence of ADAR1 deficiency also required inhibition of translation^{118,122} or of nuclear
461 export¹³⁶, which suggests that inhibitory proteins such as cFLIP¹³⁷ may regulate ZBP1-induced
462 cell death. It will be interesting to test whether PKR-mediated translational arrest is a
463 physiological cue that sensitises cells to ZBP1-mediated cell death.

464

465 Deletion of RIPK3 in *Adar/Mavs* double-knockout mice provides the same protection as ZBP1
466 deficiency, which is in line with the crucial role of RIPK3 in initiating ZBP1-mediated cell
467 death¹¹⁸. Importantly, this suggests that cell death is the main driver of ZBP1-dependent
468 pathology, although a contribution of RIPK3 to NF- κ B signalling cannot be excluded.
469 Unexpectedly, RIPK3 deficiency offered little or no survival advantage in mice carrying a Z α
470 domain-mutant allele of *Adar* combined with an *Adar*-null^{118,122} or *Adar-p150*-null¹²⁷ allele. In
471 line with this, combined deletion of FADD and MLKL, FADD and RIPK3 (ref.¹¹⁸), caspase-8
472 and RIPK3 (ref.¹²⁷), or caspase-8 and MLKL¹²², which blocks execution of both apoptosis and
473 necroptosis, did not result in a rescue phenotype^{118,122} or worsened pathology, possibly owing
474 to uncontrolled NF- κ B-mediated inflammation in the absence of caspase-8 (ref.¹²⁷). It should

475 be noted that ADAR1 Z α domain-mutant mice still develop a strong IFN-I response, which
476 occurs independently of apoptosis and necroptosis induction¹¹⁸, whereas ZBP1 deficiency
477 reduces but does not completely prevent ISG expression, as is the case in a *Mavs*-deficient
478 background^{118,122,127}. Recent reports show that IFN-I induction downstream of ZBP1 involves
479 MAVS¹³⁸ or cooperation with the dsDNA sensor cGAS¹³⁹. The exact molecular mechanism of
480 ZBP1-mediated IFN-I induction and whether this contributes to pathology are important
481 unresolved questions.

482

483 ZBP1 and ADAR1 interact with a common substrate through their Z α domains^{127,136}, which
484 suggests that they might compete for the same molecules. One study suggests that ZBP1–
485 ADAR1 interaction bridged by a common substrate prevents RIPK3 recruitment to ZBP1
486 (ref.¹³⁶). IFN-I stimulation of ADAR1-deficient cells increases the intracellular concentration
487 of Z-RNA¹⁰⁸. Z-RNA immunoprecipitation followed by sequencing showed that a large
488 fraction of Z-RNA-containing transcripts are in fact ISGs, which explains the IFN-I-induced
489 increase in Z-RNA concentration¹⁰⁸. Some of these Z-RNA-forming sequences were identified
490 as short stretches of dsRNA whereas others constituted IR-*Alu* sequences¹⁰⁸. Transfection of
491 IR-*Alu* sequences in ZBP1-expressing human cell lines induces cell death, which suggests that
492 Z-RNA-forming IR-*Alu* sequences may be ZBP1 agonists¹²². Despite these findings, direct
493 protein–RNA interaction studies complemented with cellular activation assays are needed to
494 ascertain the identity of ZBP1 agonists in the absence of ADAR1 function. Finally, the Z α
495 domain of ADAR1-p150 was shown to be crucial for suppressing Z-RNA accumulation,
496 whereas A-to-I editing had less impact on Z-RNA accrual¹⁰⁸, which suggests that sequestration
497 of Z-RNA is the primary mechanism by which ADAR1 prevents ZBP1 activation.

498

499 **[H1] Concluding remarks**

500 The study of *Adar* loss-of-function mice now places MDA5–MAVS-induced IFN-I signalling
501 at the centre of dsRNA-induced immunopathology. MDA5 controls the expression of many
502 ISGs, including those encoding PKR and ZBP1, which through the induction of an ISR or
503 regulated cell death cause autoinflammation. Sequestration of self-dsRNA molecules by the Z α
504 domain and dsRBMs of ADAR1 and A-to-I editing of endogenous dsRNA molecules are two
505 important mechanisms by which ADAR1 restricts activation of MDA5, PKR and ZBP1. The
506 suppression of MDA5 activation mainly involves editing-dependent mechanisms, whereas
507 PKR and ZBP1 inhibition mostly depend on sequestration of dsRNA. Under highly
508 inflammatory conditions, however, wherein both dsRNA concentrations and levels of the

509 immune sensors are strongly increased, both editing-dependent and editing-independent
510 mechanisms are likely to be required to keep all three innate immune receptors below their
511 activation threshold.

512

513 It is important to emphasise that the pathogenic effector mechanisms and the relative
514 contributions of MDA5, PKR or ZBP1 to disease vary across the different *Adar* loss-of-function
515 models. Full *Adar*-knockout mice do not equate to *Adar-p150*-specific knockout mice or
516 editing-deficient mice. Similarly, hemizygous ADAR1 Z α domain-mutant mice that
517 recapitulate the compound heterozygous state of patients with AGS can have surprising
518 heterogeneity in their pathological manifestations, disease penetrance and rescue phenotypes.
519 We propose that at least two parameters determine whether a breach in tolerance to self-dsRNA
520 occurs and overt pathology develops (**Fig. 3**). The first parameter is the capacity of ADAR1-
521 p150 to provide negative feedback through A-to-I editing of cytosolic dsRNA and sequestration
522 of dsRNA or Z-RNA. As such, mild MDA5-driven IFN-I signalling in homozygous P195A Z α
523 domain-mutant mice induces sufficiently high levels of ADAR1-p150 to reduce and/or
524 sequester the increased concentrations of immunostimulatory dsRNA without inducing
525 pathology (**Fig. 3b**)^{83,119,120}. The second parameter is the requirement of positive feedback
526 through IFN-I signalling. For example, IFN-I signalling contributes very little to the lethality
527 of full *Adar*-knockout mice^{43,76} or hemizygous N175A/Y179A Z α domain-mutant mice (our
528 unpublished data), whereas hemizygous P195A Z α domain-mutant mice are fully rescued by
529 IFNAR1 deletion⁸³. In the future, it will be important to consider these genotype–phenotype
530 relationships for preclinical experimentation aimed at reducing dsRNA-induced
531 immunopathology.

532

533 To enable more precise therapeutic intervention, it will be crucial to further characterise the
534 pathogenic effector mechanisms acting downstream of PKR and ZBP1. In the case of PKR,
535 chemical inhibition of the ISR is a promising therapeutic approach⁸³. In the case of ZBP1, more
536 work is needed to understand how genetic inhibition of both apoptosis and necroptosis does not
537 rescue pathology to the same extent as ZBP1 deficiency and how ZBP1 promotes IFN-I
538 induction. Although this Review focuses on the pathogenic roles of MDA5, PKR and ZBP1, it
539 is very likely that other dsRNA-sensing immune pathways — including Dicer, OAS–RNase L,
540 NLRP1 and NLRP6 — may also contribute to dsRNA-mediated pathology. Although ADAR1
541 has been shown to inhibit RNase L in human cells¹⁴⁰, the OAS–RNase L system does not
542 overtly contribute to the lethality of hemizygous ADAR1 Z α domain-mutant mice⁸³. It is

543 possible that the pathological functions of these alternative dsRNA-sensing systems result in
544 phenotypes that have been overlooked or have a more pronounced effect in human disease.
545 Finally, although the study of *ADAR* loss-of-function represents an extreme case of dsRNA-
546 mediated pathology, it may provide clues to the pathological mechanisms of other diseases that
547 might involve disrupted dsRNA metabolism, such as type 1 diabetes, systemic lupus
548 erythematosus and dystonia⁵.

549

550 **Acknowledgements**

551 The group of J.M. is supported by an Odysseus II Grant (G0H8618N), EOS INFLADIS
552 (G0I5722N) and a junior research grant (G031022N) from the Research Foundation Flanders
553 (FWO). R.d.R. is supported by a Ghent University BOF PhD fellowship. We are grateful to the
554 reviewers for their constructive criticism and important insight. Finally, the authors apologise
555 to the scientists who moved the field of dsRNA-mediated immunity forward and whose
556 important work we were not able to cite.

557 **Author contributions**

558 R.d.R. and J.M. researched and discussed the cited literature. R.d.R. and J.M. wrote the main
559 text. R.d.R. and J.M. generated the figures and supplementary tables.

560 **Competing interests**

561 The authors declare no competing interests.

562 **Peer review information**

563 *Nature Reviews Immunology* thanks [Referee#1 name], [Referee#2 name] and the other,
564 anonymous, reviewer(s) for their contribution to the peer review of this work.

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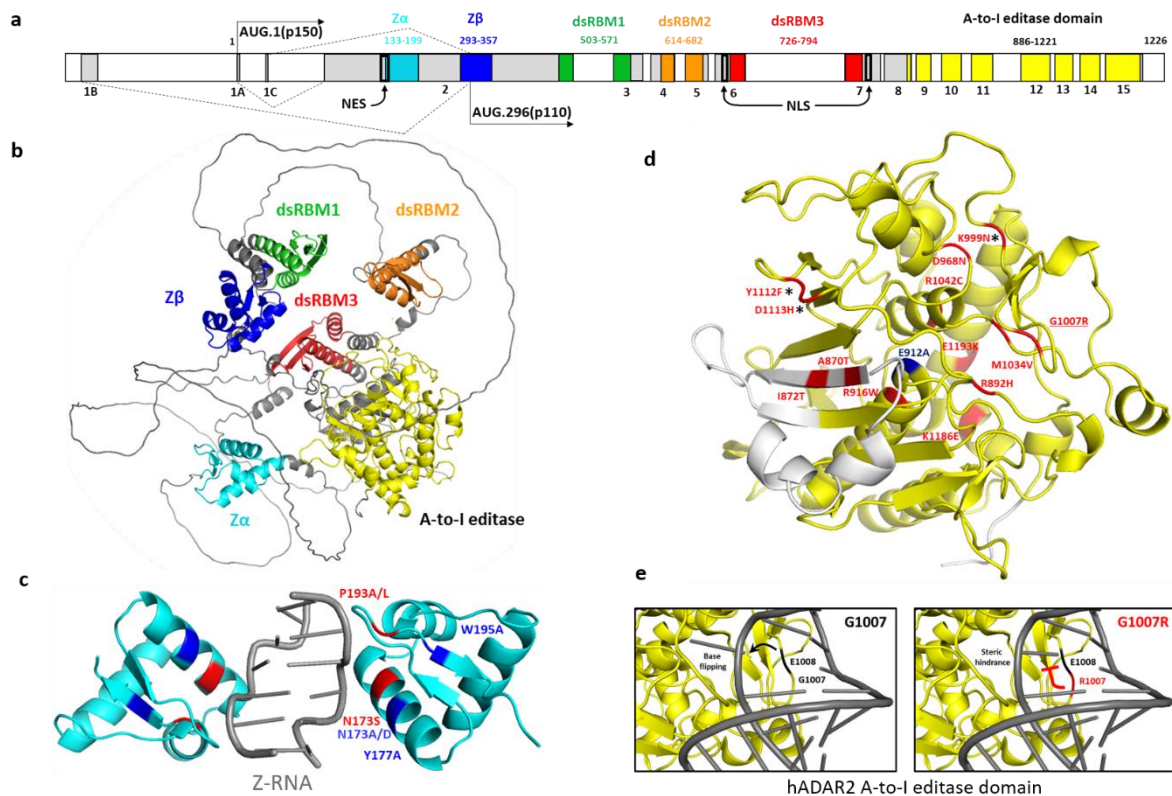
566 Protein Data Bank: <https://www.rcsb.org/>

567 **Supplementary information**

568 Supplementary information is available for this paper at [https://doi.org/10.1038/s415XX-XXX-](https://doi.org/10.1038/s415XX-XXX-XXXX-X)
569 [XXXX-X](https://doi.org/10.1038/s415XX-XXX-XXXX-X)

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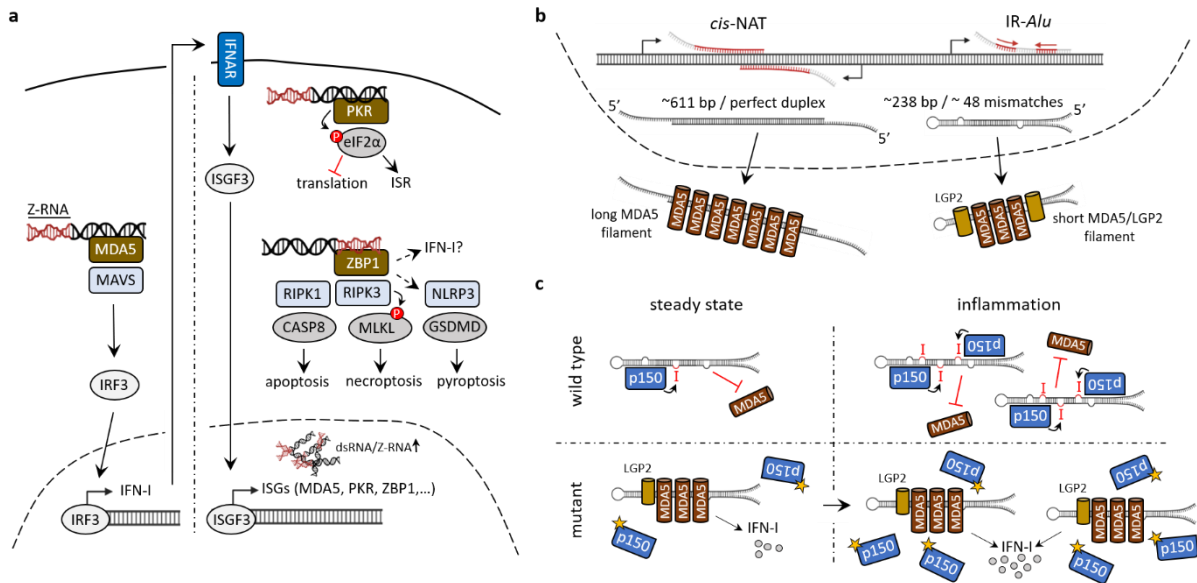


572

573 **Figure 1 | ADAR1 mutations in Aicardi-Goutières syndrome. a,b,** Domain organisation (a)
 574 and AlphaFold structural prediction (b) of human adenosine deaminase acting on dsRNA 1
 575 (ADAR1). Translation of the interferon-inducible ADAR1-p150 isoform starts in exon 1A,
 576 whereas translation of the shorter p110 isoform commences at an internal start codon
 577 (AUG.296) in exon 2. ADAR1-p150 contains an amino-terminal Z α domain with a nuclear
 578 export signal (NES), a Z β domain, three double-stranded RNA-binding motifs (dsRBM1 to
 579 dsRBM3), a bimodular nuclear localisation signal (NLS) and a carboxy-terminal A-to-I editase
 580 domain. ADAR1-p110, which is regulated by a constitutive promoter upstream of exon 1B or
 581 1C, lacks the Z α domain and NES. **c,** Crystal structure of human ADAR1-p150 Z α domains
 582 binding in an antiparallel manner along the axis of a Z-RNA helix ([Protein Data Bank](#) (PDB)
 583 code 2GXB)¹¹³. Mutations in human ADAR1 (P193A/L or N173S) identified in patients with
 584 Aicardi-Goutières syndrome (AGS) are indicated in red and the human N173A/D, Y177A or
 585 W195A mutations yielding a dysfunctional Z α domain and which have been introduced in *Adar*
 586 knock-in mice are indicated in blue. W195 in human ADAR1 (W197 in mouse) connects the
 587 carboxy-terminal β -sheet to the α -helical core. N173, Y177 and P193 in human ADAR1 (N175,
 588 Y179 and P195A in mouse) mediate direct binding of Z-nucleic acids. **d,** Mutations found in
 589 patients with AGS annotated within the predicted AlphaFold structure of the ADAR1 A-to-I
 590 editase domain. Homozygous missense mutations are indicated with an asterisk; the dominant-

591 negative G1007R mutation is underlined. Other mutations that are shown have been identified
 592 in a compound heterozygous state with a P193A Z α domain-mutant allele or a null allele of
 593 *ADAR*. The E912A mutation (in blue), which is equivalent to mouse E861A, completely
 594 abrogates the deaminase activity of ADAR1. **e**, Mapping of the G1007R mutation on the crystal
 595 structure of ADAR2 (PDB code 5HP2)³⁹, illustrating the predicted steric hindrance of the bulky
 596 arginine (R1007) residue on the base-flipping process by the adjacent glutamate (E1008).

597

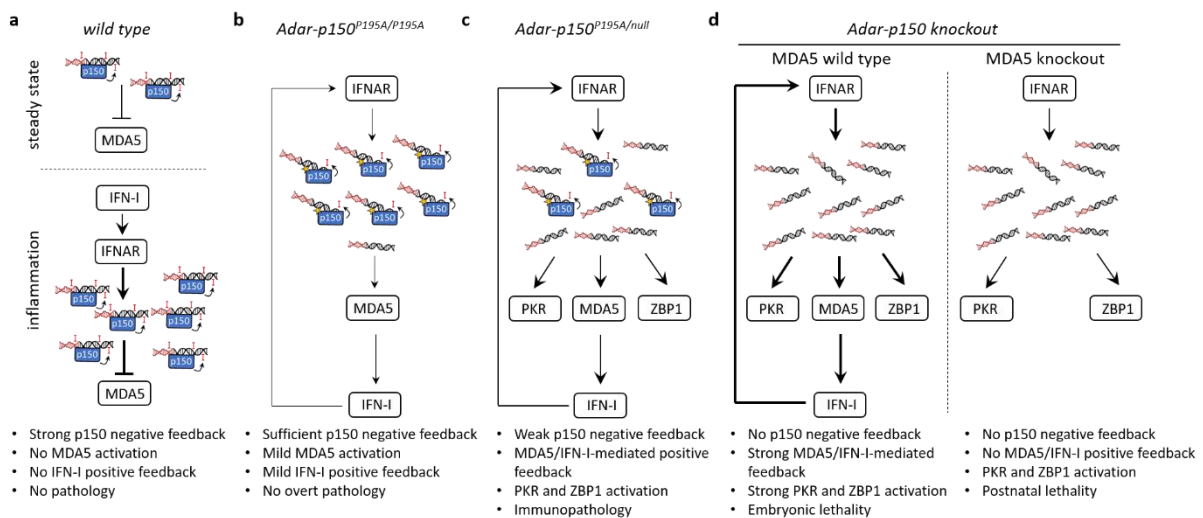


598

599 **Figure 2 | ADAR1-p150 regulates the double-stranded RNA response.** **a**, In the absence of
 600 function of the p150 isoform of adenosine deaminase acting on double-stranded RNA 1
 601 (*ADAR1-p150*), the innate immune sensor melanoma differentiation-associated protein 5
 602 (*MDA5*) binds to endogenous double-stranded RNA (dsRNA), which activates the adaptor
 603 protein mitochondrial antiviral-signalling protein (*MAVS*) and induces activation of the
 604 transcription factor *IRF3*, resulting in the expression of type I interferon (*IFN-I*). Paracrine or
 605 autocrine engagement of the *IFN-I* receptor *IFNAR* increases expression of the interferon-
 606 stimulated genes (*ISGs*) *MDA5*, protein kinase R (*PKR*) and Z-DNA binding protein 1 (*ZBP1*)
 607 and their respective dsRNA and Z-RNA agonists by activating the *ISGF3* transcription factor
 608 complex. Sensing of self-dsRNA by *PKR* triggers phosphorylation of eukaryotic translation
 609 initiation factor 2 α (*eIF2 α*), which leads to general translational arrest and the induction of
 610 *ATF4*-mediated transcription as part of the integrated stress response (*ISR*). Binding of
 611 endogenous Z-RNA to *ZBP1* results in *RIPK3* recruitment and induction of *RIPK1*–*FADD*–
 612 caspase-8-dependent apoptosis, *MLKL*-dependent necroptosis and *NLRP3*–*GSDMD*-
 613 dependent pyroptosis. **b**, Intermolecular pairing of *cis*-natural antisense transcripts (*cis*-*NATs*)

614 or intramolecular hybridisation of inverted repeat Alu (IR-*Alu*) elements generates endogenous
 615 MDA5 agonists. Multiple MDA5 proteins, aided by the co-factor laboratory of genetics and
 616 physiology 2 (LGP2), cooperatively bind to double-stranded *cis*-NATs or IR-*Alu* sequences,
 617 generating filaments containing active MDA5. **c**, At steady state, ADAR1-p150 prevents
 618 MDA5 filament formation by adenosine to inosine (A-to-I) editing and sequestration of
 619 endogenous dsRNA (upper left panel). IFN-I signalling during inflammation increases MDA5
 620 expression and increases the concentration of endogenous dsRNA. Simultaneous upregulation
 621 of ADAR1-p150 leads to an increase in A-to-I editing and sequestration of self-dsRNA to
 622 maintain tolerance (upper right panel). Loss of ADAR1-p150 function results in the
 623 accumulation of immunostimulatory endogenous dsRNA that triggers MDA5 activation and
 624 IFN-I production (lower left panel). This, in turn, results in activation of a MDA5–IFN-I-
 625 mediated positive-feedback loop. Increased expression of mutant ADAR1-p150 is unable to
 626 inhibit this process, resulting in immunopathology (lower right panel).

627



628

629 **Figure 3 | Negative feedback by ADAR1-p150 and positive feedback through interferon**
 630 **signalling set a threshold for double-stranded RNA-induced autoinflammation. a**,
 631 Adenosine to inosine (A-to-I) editing and sequestration of endogenous double-stranded RNA
 632 (dsRNA) by the p150 isoform of adenosine deaminase acting on dsRNA 1 (ADAR1-p150)
 633 prevent spontaneous activation of the dsRNA sensor melanoma differentiation-associated
 634 protein 5 (MDA5) during steady state (left). Type I interferon (IFN-I)-induced ADAR1-p150
 635 expression maintains tolerance to increased levels of self-dsRNA during inflammation (right).
 636 **b**, Mice expressing P195A $Z\alpha$ domain-mutant ADAR1-p150 from both alleles develop a mild
 637 MDA5-induced IFN-I signature. This results in increased expression of $Z\alpha$ domain-mutant
 638 ADAR1-p150. Negative feedback through $Z\alpha$ domain mutant ADAR1-p150-mediated editing

639 and sequestration of dsRNA is sufficient to prevent pathological MDA5-mediated IFN-I
640 signalling. **c**, Hemizygous expression of P195A Z α domain-mutant ADAR1-p150 is unable to
641 edit and sequester enough endogenous dsRNA to suppress MDA5 activation (weak negative
642 feedback), resulting in activation of a pathological MDA5–IFN-I-mediated positive-feedback
643 loop. This increases expression of the innate immune sensors protein kinase R (PKR) and Z-
644 DNA binding protein 1 (ZBP1) and the availability of their respective dsRNA and Z-RNA
645 agonists, causing immunopathology. **d**, The complete absence of negative feedback by loss of
646 ADAR1-p150 expression results in a strong and embryonically lethal MDA5–IFN-I-mediated
647 positive-feedback loop and PKR and ZBP1 activation (top). Increased levels of dsRNA and Z-
648 RNA caused by loss of ADAR1-p150 can also directly activate constitutively expressed PKR
649 and ZBP1 without the need for positive feedback by MDA5-induced IFN-I signalling.
650 Unrestrained activation of ZBP1 and PKR in ADAR1-p150/MDA5 double-deficient mice
651 contributes to postnatal lethality (bottom).

652

653 **Box 1 | The double-stranded RNA response**

654 The retinoic acid-inducible gene I (RIG-I)-like receptors (RLRs) RIG-I, melanoma
655 differentiation-associated protein 5 (MDA5) and laboratory of genetics and physiology 2
656 (LGP2) bind to double-stranded RNA (dsRNA) in the cytosol through their helicase and
657 carboxy-terminal domains. RIG-I and MDA5, but not LGP2, contain two caspase activation
658 and recruitment domains (CARDs), which bind to the adaptor protein mitochondrial antiviral-
659 signalling protein (MAVS) to initiate downstream signalling. LGP2 functions as a positive
660 regulator of MDA5 activation by promoting the assembly of MDA5 on dsRNA. RIG-I caps
661 blunt-end dsRNA containing di- or tri-phosphorylated 5' termini¹⁴¹⁻¹⁴⁵. MDA5 cooperatively
662 assembles on internal dsRNA structures^{67,146}. LGP2 binds to both the ends and the stems of
663 dsRNA¹⁴⁷. Toll-like receptor 3 (TLR3) scans the endosomal lumen for the presence of
664 dsRNA¹⁴⁸. The RLRs and TLR3 signal through MAVS or the adaptor protein TRIF (TIR-
665 domain-containing adaptor protein inducing interferon- β (IFN β)) to induce expression of type
666 I and type III interferons (IFN-I and IFN-III) and proinflammatory cytokines^{72,149}. Protein
667 kinase R (PKR) binds to dsRNA through two dsRNA-binding motifs (dsRBMs), resulting in
668 dimerization and kinase activation¹⁵⁰. PKR phosphorylates the eukaryotic initiation factor 2 α ,
669 which inhibits cap-dependent translation and mounts an integrated stress response (ISR) by
670 inducing translation of activating transcription factor 4 (ATF4)^{126,151}. The oligoadenylate
671 synthases (OAS) contain one or more nucleotidyl transferase domains, which upon binding to
672 dsRNA catalyse the formation of oligoadenylate (2',5'A_n) second messengers. 2',5'A_n then

673 bind to and activate ribonuclease L (RNase L), which non-specifically cleaves host and viral
674 RNA¹⁵². Z-DNA binding protein 1 (ZBP1) contains two Z α domains (**Box 3**) and three receptor-
675 interacting protein (RIP) homotypic interaction motifs (RHIMs). Binding of Z-RNA or Z-DNA
676 to ZBP1 recruits RIP kinase 1 (RIPK1) and RIPK3 through RHIM–RHIM interactions to induce
677 nuclear factor- κ B activation, caspase-8-dependent apoptosis, MLKL-mediated necroptosis
678 and/or NLRP3-mediated pyroptosis¹⁵³⁻¹⁵⁵. Other types of dsRNA sensors that are species
679 specific or tissue restricted include NLRP1 in humans¹⁵⁶ and NLRP6 in the intestine and
680 liver^{157,158}, which couple sensing of dsRNA to inflammasome activation and, in the case of
681 NLRP6, also IFN-I and IFN-III induction. Stem cells are much less responsive to IFN-I and
682 IFN-III than differentiated cells¹⁵⁹ and they use a splice variant of Dicer to promote antiviral
683 RNA interference¹⁶⁰.

684

685 **Box 2 | ADAR proteins**

686 The mammalian genome contains three double-stranded RNA (dsRNA)-specific adenosine
687 deaminase (ADAR) genes: *ADAR*, *ADARB1* and *ADARB2*, which encode ADAR1 (ref.¹⁶¹),
688 ADAR2 (ref.¹⁶²) and ADAR3 (ref.¹⁶³), respectively¹⁵⁻²⁰. ADAR1 and ADAR2 are ubiquitously
689 expressed whereas ADAR3 is exclusively expressed in the brain. ADARs contain two (in the
690 case of ADAR2 and ADAR3) or three (in the case of ADAR1) dsRNA-binding motifs
691 (dsRBMs) followed by an A-to-I editase domain. The A-to-I editase domains of ADAR1 and
692 ADAR2 catalyse the conversion of adenosine (A) to inosine (I) by protonation of the amine
693 group at the C6 position^{21,22}. ADAR3 has no A-to-I editing activity and functions as a negative
694 regulator of ADAR1 and ADAR2 activities in the brain¹⁶⁴⁻¹⁶⁶. ADAR1 also contains a Z β
695 domain and the ADAR1-p150 isoform has an additional Z-nucleic acid-binding Z α domain.
696 Unlike ADAR1, ADAR2 has no role in immunosuppression. The main function of ADAR2 is
697 to carry out site-specific editing of codons within pre-messenger RNA transcripts¹⁶⁴. A well-
698 studied example of an editing event exclusively mediated by ADAR2 is the deamination of a
699 specific adenosine within exon 11 of the pre-messenger RNA transcript of *GRIA2*, which causes
700 a CAG to CIG (seen as CGG by the translational machinery) codon transition that results in a
701 glutamine to arginine (Q/R) recoding event at position 607 (refs.^{162,167,168}). *GRIA2* is a subunit
702 of the tetrameric AMPA glutamate receptor ion channel involved in fast excitatory
703 neurotransmission¹⁶⁹. In the adult human and mouse brain, *GRIA2* Q/R recoding reaches nearly
704 100% efficiency^{167,170}. Replacing glutamine by a positively charged arginine renders the AMPA
705 receptor ion channels almost impermeable to Ca²⁺ ions, which is thought to protect neurons
706 against glutamine-induced neurotoxicity¹⁷¹. The importance of this A-to-I editing event is

707 demonstrated by the fact that the postnatal lethal phenotype of *Adar2*-knockout mice is rescued
708 by replacing the wild-type (Q/Q) allele of *Gria2* with an edited (R/R) allele¹⁷².

710 **Box 3 | Z α domains and Z-nucleic acids**

711 Z α domains belong to the winged helix-turn-helix motif family, which are found in prokaryotic
712 and eukaryotic DNA-binding proteins¹⁷³. Adenosine deaminase acting on dsRNA 1 (ADAR1)
713 and Z-DNA binding protein 1 (ZBP1) are the only mammalian proteins that contain Z α
714 domains^{174,175}. Outside of the mammalian proteome, fish PKZ (an orthologue of PKR)¹⁷⁶,
715 RBP7910 of *Trypanosoma brucei*¹⁷⁷, the poxviral E3 protein³⁴ and the carp herpesviral ORF112
716 protein¹⁷⁸ also contain Z α domains that enable either activation of or escape from host cell
717 innate immunity. Their unique fold — consisting of 3 α -helices, 3 β -sheets and 2 loops or
718 ‘wings’ (W), arranged in a $\alpha 1$ – $\beta 1$ – $\alpha 2$ – $\alpha 3$ – $\beta 2$ –W1– $\beta 3$ –W2 topology — enables Z α domains to
719 interact specifically with Z-nucleic acids. Z-helices form when a purine within an alternating
720 pyrimidine–purine sequence adopts a *syn*-conformation, resulting in a left-handed helix
721 turn^{109,179}. Z-nucleic acids exist in chemical equilibrium with their right-handed counterparts;
722 however, the electrostatic repulsion between opposing negatively charged sugar-phosphate
723 backbones, which are in closer contact in Z-helices, renders Z-nucleic acids thermodynamically
724 unstable^{109,179}. Both sequence and nucleoside modifications determine the propensity of DNA
725 and RNA helices to transition to the Z-conformation. For example, alternating GC repeats more
726 readily adopt a Z-conformation than AT sequences, and cytidine methylation promotes Z-DNA
727 formation¹⁸⁰. The processes that stabilise Z-nucleic acids inside living cells remain poorly
728 characterised. Z α domains bind in a symmetrical manner along the axis of Z-DNA and Z-RNA
729 helices with a ~5 bp footprint¹¹²⁻¹¹⁴. The interaction interface is mediated by electrostatic
730 interactions between the $\alpha 3$ recognition helix and the $\beta 2$ –W1– $\beta 3$ hairpin of the Z α domain,
731 containing proline 193 in human ADAR1 which is recurrently mutated in patients with Aicardi-
732 Goutières syndrome, with the sugar-phosphate backbone of Z-nucleic acids^{112,113} (**Fig. 1c**).
733 Tyrosine 177 of the human ADAR1 Z α domain (and matching tyrosines in other Z α domain-
734 containing proteins) forms the only direct bond with the C8 carbon of the *syn*-form guanosine
735 in the fourth position of Z-RNA and Z-DNA^{112,113}.

737 **Glossary**

738 **Aicardi-Goutières syndrome.** Severe autoinflammatory childhood onset encephalopathy,
739 resulting from the activation of the nucleic acid receptors MDA5 or cGAS by endogenous

740 nucleic acids due to mutations in one of the following genes involved in nucleic acid sensing
741 or metabolism: *ADAR*, *IFIH1*, *TREX1*, *SAMHD1*, *RNASEH2A*, *RNASEH2B*, *RNASEH2C*,
742 *LSM11*, or *RNU7-1*.

743 ***Z-nucleic acid.*** Left-handed double-stranded (ds)DNA, dsRNA or hybrid DNA:RNA
744 structures, characterised by a zig-zag-shaped (hence the name “Z”) phosphodiester backbone
745 containing purine-pyrimidine dinucleotide repeat sequences, which adopt alternating syn- and
746 anti-nucleobase conformations.

747 ***short interspersed nuclear elements.*** SINEs; a subclass of short (< 1000 bp), interspersed (non-
748 tandem), non-autonomous retrotransposon-type repeat elements, containing sequences derived
749 from RNA polymerase III-dependent transcripts including 7SL RNA, tRNA and 5S rRNA.

750 ***cis-natural antisense transcripts.*** RNA molecules transcribed from (partially) overlapping
751 sequences on opposing DNA strands within the same genomic locus containing regions of
752 perfect complementarity, enabling the formation of dsRNA helices.

753 ***integrated stress response.*** Evolutionary conserved cellular stress response induced by the
754 eIF2 α kinases, HRI, PKR, PERK or GCN2, resulting into a global translational shutdown while
755 increasing ATF4-dependent gene expression.

756

757 **Table of Contents**

758 This review discusses how the study of novel mouse models of human ADAR1 deficiency has
759 led to the identification of the innate immune receptors recognising endogenous
760 immunostimulatory dsRNA and their respective downstream signalling pathways that induce
761 autoinflammatory pathology.

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Supplementary Table 1 | ADAR loss-of-function mutations identified in patients with Aicardi-Goutières Syndrome (AGS)

Category	Classification	Allele 1		Allele 2		Ref.
		cDNA	Protein	cDNA	Protein	
I	Homozygous missense mutations in the A-to-I editase domain	c.2997G>T	p.K999N	c.2997G>T	p.K999N	[1]
		c.3337G>C	p.D1113H	c.3337G>C	p.D1113H	
		c.3335A>T	p.Y1112F	c.3335A>T	p.Y1112F	
II	Heterozygous dominant negative mutation in the A-to-I editase domain	c.3019G>A	p.G1007R	Not affected		[1]
III	Compound heterozygous mutations combining an impaired or null allele with a Zα domain mutant allele					
	Missense mutations affecting the A-to-I editase domain paired with a Zα domain P193A mutation	c.2608G>A	p.A870T	c.577C>G	p.P193A	[1]
		c.2615T>C	p.I872T			
		c.2675G>A	p.R892H			
		c.2746C>T	p.R916W			
		c.2902G>A	p.D968N			
		c.3100A>G	p.M1034V			
	Missense mutation in the ADAR1-p150 start codon paired with a Zα domain P193A mutation	c.3556A>G	p.K1186E			[2]
		c.1A>G	p.M1?			
		Nonsense mutations introducing a premature stop codon paired with a Zα domain P193A mutation	c.1630C>T			
	c.556C>T		p.Q186X			
	c.982C>T		p.R328X			
	c.1314C>A		p.Y438X			
	Frameshift mutations paired with a Zα domain P193A or N173S mutation	c.305_306del	p.Q102Rfs*22			[5]
		c.1076-1080del	p.K359Rfs*14			
		c.1084_1085del	p.R362Dfs*12			
		c.1386_1390del	p.D462Efs*2			
		c.2130dupC	p.N711Qfs*33			
		c.2187_2198delinsGT	p.G730Cfs*60			
		c.2250del	p.G751Dfs*42			
		c.2565_2568del	p.N857Afs*17			
c.2647_2648dup		p.V884Sfs*12				
c.2128_2131dup		N711Tfs*34				
Missense mutations generating a splice variant paired with a Zα domain P193A or P193L mutation	c.2763-2A>G	Splice variant	c.577C>G	p.P193A	[2]	
	c.3020-3C>G		c.578C>T	p.P193L	[4]	
	c.2271-3A>G					
Miscellaneous						
IV	Homozygous missense mutation in dsRNA binding motif 1	c.1622T>A	p.I541A	c.1622T>A	p.I541A	[7]
	Missense mutation in the ADAR1-p150 start codon and A-to-I editase domain	c.1A>G	p.M1?	c.3124C>T	p.R1042C	[5]
	Missense mutation generating a splice variant and nonsense mutation introducing a premature stop codon	c.3444-IG>A	splice variant	c.1600C>T	p.A534X	
	Frameshift mutation introducing a premature stop codon and missense mutation in the A-to-I editase domain	c.1493_1494delAG	p.Glu498ValfsX18	c.3577G>A	p.E1193K	[8]

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Legend Supplementary Table 1. Type I interferonopathies such as Aicardi-Goutières Syndrome (AGS) comprise a subset of inflammatory diseases characterized by an increased interferon-stimulated gene (ISG) signature. Genetic mutations in *ADAR* is one of the nine genetic causes of AGS that have been identified so far. These mutations affect ADAR1 activity and can be divided into four categories. First, homozygous missense mutations in the A-to-I editase domain of ADAR1 (Category I) that (are predicted to) have a negative impact on the enzymatic activity of ADAR1. Second, glycine 1007 mutation to arginine (G1007R), which constitutes a heterozygous dominant-negative mutation (Category II) as it may inhibit the base-flipping process that delivers the substrate adenosine into the catalytic domain of ADAR1. A third group consists of compound heterozygous mutations combining a $Z\alpha$ domain-mutant allele with a second dysfunctional ADAR allele (Category III). Proline 193 is part of the ADAR1-p150-specific $Z\alpha$ domain and substitution of this residue with an alanine is the most common *ADAR* mutation found in patients with AGS. The second mutant allele either affects the A-to-I editase domain or abrogates ADAR1 expression owing to the introduction of a premature stop codon, frameshift or generation of a splice variant. Several other genetic compositions (Category IV) include homozygous missense mutations in the first double-stranded RNA-binding motif (dsRBM1) and the combination of an A-to-I editing-mutant allele with an *ADAR* or *ADAR-p150* null allele.

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Supplementary Table 2 | Overview of *Adar* loss of function mouse models and genetic rescue

Model	Genetic background	Time of death	Ref.
ADAR1 deficient models			
<i>Adar</i> ^{-/-}	Wild-type	<i>In utero</i> (E12.5)	[9,10,11]
		<i>In utero</i> (N.D.)	[12]
	<i>Eif2ak2</i> ^{-/-}	<i>In utero</i> (N.D.)	[9,13]
	<i>Zbp1</i> ^{-/-}	<i>In utero</i> (N.D.)	[12]
	<i>Zbp1</i> ^{Za1Za2}	<i>In utero</i> (E13.5)	[11]
	<i>Stat1</i> ^{-/-}	<i>In utero</i> (E15.5)	[14]
	<i>Ifnar1</i> ^{-/-} / <i>Ifngr1</i> ^{-/-}	<i>In utero</i> (E16.5)	[15]
	<i>Ifnar1</i> ^{-/-}		[14]
	<i>Mavs</i> ^{-/-}	Postnatal (P1)	[11,12]
		Fully penetrant at P10	
	<i>Ifih1</i> ^{-/-} / <i>Eif2ak2</i> ^{-/-}	~40% survivors post weaning	[13]
	<i>Mavs</i> ^{-/-} / <i>Zbp1</i> ^{Za1Za2}	Median survival of 20 weeks	[11]
<i>Mavs</i> ^{-/-} / <i>Zbp1</i> ^{-/-}	~40% survivors post weaning	[12]	
<i>Mavs</i> ^{-/-} / <i>Ripk3</i> ^{-/-}			
Truncated ADAR1 models			
<i>Adar</i> ^{ΔEx7-9}	Wild type	<i>In utero</i> (E12.5)	[10]
	<i>Tmem173</i> ^{-/-}	<i>In utero</i> (N.D)	[16]
	<i>Ddx58</i> ^{-/-}	<i>In utero</i> (N.D)	
	<i>Irf3</i> ^{-/-}	<i>In utero</i> (N.D)	[17]
	<i>Ifih1</i> ^{-/-}	Fully penetrant at P10	[16]
		Median survival of 20 days	[17]
	<i>Mavs</i> ^{-/-}	Fully penetrant at P10	[16]
		Median survival of 15 days	[17]
<i>Adar1</i>-p110 deficient models			
<i>Adar</i> ^{p110/-}	Wild type	Median survival of 3 days	[18]
	<i>Ifih1</i> ^{-/-}	Median survival of 2 days	
<i>Adar</i> ^{p110-/E861A}	Wild-type	Normal viability	
<i>Adar1</i>-p150 deficient models			
<i>Adar</i> ^{p150/-} (exon 1A)	Wild type	<i>In utero</i> (E12.5)	[19]
<i>Adar</i> ^{L196CfsX6}			[20]
<i>Adar</i> ^{p150/-} (exon 1A)	<i>Zbp1</i> ^{-/-}	<i>In utero</i> (N.D)	[21]
	<i>Ifih1</i> ^{-/-}	Fully penetrant at P5	
<i>Adar</i> ^{L196CfsX6}		Median survival of 20 days	[13]
<i>Adar</i> ^{p150/-} (exon 1A)	<i>Mavs</i> ^{-/-}	Median survival > 20 days	[16]
	<i>Ifih1</i> ^{-/-} / <i>Zbp1</i> ^{-/-}	Median survival of 15 days	[21]
<i>Adar</i> ^{L196CfsX6}	<i>Ifih1</i> ^{-/-} / <i>Eif2ak2</i> ^{-/-}	Normal viability	[13]
Deaminase deficient models			
<i>Adar</i> ^{E861A}	Wild type	<i>In utero</i> (E14.5)	[22]
	<i>Bax</i> ^{-/-} / <i>Bak</i> ^{-/-}	<i>In utero</i> (N.D)	[23]
	<i>Irf7</i> ^{-/-}		[24]
	<i>Ifih1</i> ^{-/-}	Normal viability	[22]
Deaminase domain mutant models			
<i>Adar</i> ^{K948N}	Wild type	Normal viability (N.D)	[25,26]
	<i>Ifih1</i> ^{-/-}		[26]
<i>Adar</i> ^{D963H}	Wild type		[27]
	<i>Ifih1</i> ^{-/-}		
Za domain mutant models			

<i>Adar</i> ^{N175A+Y179A}	Wild type	Normal viability	[28,29]
	<i>Mavs</i> ^{-/-}		
<i>Adar</i> ^{N175D+Y179A}	Wild type	Normal viability	[12]
<i>Adar</i> ^{N175A+W197A}	Wild type	Median survival of 40 days	[30]
	<i>Ifh1</i> ^{-/-}	Normal viability	[31,32,33]
<i>Adar</i> ^{P195A}	Wild type	Normal viability	[33]
	<i>Ifh1</i> ^{-/-}	Normal viability	[33]
<i>Adar</i> ^{W197A}	Wild type	Median survival of 40 days	[30]
	<i>Ifh1</i> ^{-/-}	Normal viability (N.D)	
Compound heterozygous mutation models			
<i>Adar</i> ^{N175A+Y179A/-}	Wild type	Fully penetrant at P1	[11,28]
	<i>Mavs</i> ^{-/-}	Fully penetrant at P1	[28]
	<i>Mavs</i> ^{+/-} / <i>Zbp1</i> ^{Za1Za2/+}	Median survival of 16 weeks	[11]
	<i>Mavs</i> ^{+/-} / <i>Zbp1</i> ^{Za1Za2}	Normal viability	
	<i>Zbp1</i> ^{Za1Za2/+}	Fully penetrant at P7	
	<i>Zbp1</i> ^{Za1Za2}	Median survival of 20 weeks	
	<i>Ripk3</i> ^{-/-}	Fully penetrant at P7	
	<i>Mkl1</i> ^{-/-}	Fully penetrant at P1	
	<i>Casp8</i> ^{-/-} / <i>Mkl1</i> ^{-/-}	Fully penetrant at P1	
Wild type	Fully penetrant at P10	[12]	
<i>Mavs</i> ^{+/-}	Median survival > 100 days		
<i>Mavs</i> ^{-/-}	Normal viability		
<i>Mavs</i> ^{+/-} / <i>Zbp1</i> ^{-/-}	Normal viability		
<i>Mavs</i> ^{-/-} / <i>Zbp1</i> ^{-/-}	Normal viability		
<i>Zbp1</i> ^{Za1Za2}	Median survival of 120 days		
<i>Zbp1</i> ^{-/-}	Median survival > 120 days		
<i>Ripk3</i> ^{-/-}	Fully penetrant at P10		
<i>Mkl1</i> ^{-/-}	Fully penetrant at P10		
<i>Fadd</i> ^{-/-} / <i>Ripk3</i> ^{-/-}	Fully penetrant at P10		
<i>Fadd</i> ^{-/-} / <i>Mkl1</i> ^{-/-}	Fully penetrant at P10		
<i>Ripk1</i> ^{Rhim} / <i>Mkl1</i> ^{-/-}	Fully penetrant at P10		
<i>Adar</i> ^{P195A/ΔEx7-9}	Wild type	Median survival of 4 weeks	[31]
	<i>Ifh1</i> ^{-/-}	Normal viability	

<i>Adar</i> ^{P195A/p150-}	Wild type	Median survival of 6 weeks	
	<i>RnaseL</i> ^{-/-}	Normal viability	
	<i>Ifih1</i> ^{-/-}	Normal viability	
	<i>Dhx58</i> ^{-/-}	Normal viability	
	<i>Ifnar1</i> ^{-/-}	Normal viability	
	<i>Eif2ak2</i> ^{-/-}	Normal viability	
<i>Adar</i> ^{P195A/p150-}	<i>Zbp1</i> ^{+/-}	Median survival of 4 weeks	
	<i>Zbp1</i> ^{-/-}	Normal viability	
	<i>Zbp1</i> ^{A64P}	Normal viability	
	<i>Ripk3</i> ^{+/-}	Median survival of 4 weeks	
	<i>Ripk3</i> ^{-/-}	Median survival of 18 weeks	[21]
	<i>Mlk1</i> ^{+/-}	Median survival of 4 weeks	
	<i>Mlk1</i> ^{-/-}	Median survival of 4 weeks	
	<i>Ripk1</i> ^{KD}	Median survival of 4 weeks	
	<i>Casp8</i> ^{+/-} / <i>Ripk3</i> ^{-/-}	Median survival of 7 weeks	
	<i>Casp8</i> ^{-/-} / <i>Ripk3</i> ^{-/-}	Median survival of 4 weeks	
<i>Adar</i> ^{P195A/-}	Wild type	Median survival of 4 weeks	[31]
		Median survival of 17 weeks with 50% long term survivors	[32]
		Normal viability	[33]
	<i>Ifih1</i> ^{-/-}	Normal viability	[32,33]
<i>Adar</i> ^{P195A/E861A}	Wild type	Normal viability	[32]
<i>Adar</i> ^{W197A/E861A}		Median survival of 3 weeks	[30]
<i>Adar</i> ^{K948N/E861A}		P1	[26]
<i>Adar</i> ^{P110-/K948N}		Normal viability	

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1243 **Legend Supplementary Table 2.** *Adar*, adenosine deaminase acting on dsRNA (encoding
1244 ADAR1); *Eif2ak2*, eukaryotic translation initiation factor 2 alpha kinase 2 (encoding PKR);
1245 *Zbp1*, Z-DNA binding protein 1; *Zbp1^{Zα1Zα2}*, Z-DNA binding protein 1 with mutant Zα domains
1246 (N46A/D + Y50A and N122A/D + Y126A); *Stat1*, signal transducer and activator of
1247 transcription 1; *Ifnar1*, interferon alpha and beta receptor subunit 1; *Ifngr1*, interferon gamma
1248 receptor 1; *Ifih1*, interferon induced with helicase C domain 1 (encoding MDA5); *Mavs*,
1249 mitochondrial antiviral signaling protein; *Ripk3*, receptor interacting serine/threonine protein
1250 kinase 3; *Sting1*, stimulator of interferon response cGAMP interactor 1; *Ddx58*, DExD/H-Box
1251 helicase 58 (encoding RIG-I); *Irf3*, interferon regulatory factor 3; *Bax*, BCL-2-associated X,
1252 apoptosis regulator; *Bak*, BCL-2 antagonist/killer 1; *Irf7*, interferon regulatory factor 7; *Mlkl*,
1253 mixed lineage kinase domain like pseudokinase; *Casp8*, caspase-8; *Fadd*, Fas associated via
1254 death domain; *Ripk1^{RHIM}*, receptor interacting serine/threonine kinase 1 with mutated RIP
1255 homotypic interaction motif; *RnaseL*, ribonuclease L; *Dhx58*, DExH-Box helicase 58 (encoding
1256 LGP2); *Ripk1^{KD}*, receptor interacting serine/threonine protein kinase 1 with mutated kinase
1257 domain (K45A).

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Supplementary Table 3 | Phenotypic overview of the *Adar* conditional knockout mouse models

Adar model	Cre model	Target	Reported phenotype	(Partial) rescue	Ref
ΔEx12-15	Albumin-Cre	Hepatocytes	Early postnatal lethality due to severe liver inflammation, impaired hepatocyte differentiation, apoptosis and fibrosis	N.D.	[9,34]
ΔEx7-9					[35]
ΔEx12-15	<i>Cdh5</i> -Cre	Endothelial cells	Early postnatal lethality due to multi-organ inflammation, including defects in lung, liver, intestine and kidney homeostasis	<i>Ifih1</i> ^{-/-}	[36]
ΔEx12-15	<i>Xmlc2</i> -Cre	Developing cardiomyocytes	No overt phenotype	N.D.	[24]
ΔEx12-15	<i>Nkx2.5</i> -Cre		Embryonic lethal with severe cardiac inflammation and cell death (E18.5)		[37]
ΔEx12-15	<i>α-Mhc</i> -Cre	Cardiomyocytes	Myocarditis with ISG signature and lethal heart failure starting at 6 months of age	<i>Ifih1</i> ^{-/-}	[24]
ΔEx12-15 + E861A			No overt phenotype	<i>Ifih1</i> ^{-/-}	
ΔEx12-15			Acute ADAR1 depletion results in rapid lethality due to severe cardiac inflammation	Salubrial	[38]
ΔEx12-15	<i>Ptf1a</i> -Cre	Pancreas	Early postnatal lethality due to pancreatic atrophy, inflammation and cell death	<i>Mavs</i> ^{-/-}	[39]
ΔEx7-9	<i>Mip</i> -Cre-ER	Pancreatic β cells	Acute ADAR1 depletion induced diabetes due to islet inflammation and β cell dysfunction	N.D.	[40]
ΔEx12-15	<i>Mist1</i> -Cre	Gastric chief cells	Loss of ADAR1 abrogates gastric metaplasia by impaired chief cell proliferation and cell death	N.D.	[41]
ΔEx12-15	HtPA-Cre	Neural crest cells	Early postnatal lethality with rapid loss of melanin producing melanocytes and myelin producing Schwann cells	<i>Ifih1</i> ^{-/-}	[42]
	<i>Wnt1</i> -CR		Complete penetrance of lethality on the day of birth	N.D.	
ΔEx7-9	<i>Cyp19a1</i> -Cre	Granulosa cells	Altered oocyte development, ovulation failure leading to infertility	N.D.	[43]
ΔEx12-15	<i>K14</i> -Cre-ER	Epidermal stem cells	Acute ADAR1 depletion results in severe skin inflammation with loss of hair follicles and melanocytes	N.D.	[44]
ΔEx7-9 + ΔEx2-13	<i>Epor</i> -Cre	Erythrocytes	Embryonic lethal due to the progressive loss of red blood cells	N.D.	[45]
ΔEx7-9 + ΔEx2-13	<i>LysM</i> -Cre	Myeloid cells	Loss of ADAR1 does not have an overt effect on myelopoiesis	N.D.	[45]
ΔEx7-9			Loss of ADAR1 yields dysfunctional alveolar macrophages		[46]
			Alleviation of colon tumorigenesis due to spontaneous ZBP1 activation in myeloid cells		[47]
ΔEx7-9	<i>CD11c</i> -Cre	<i>CD11c</i> + APCs	Enrichment of inflammatory cDC2-like cells and an increased number of activated tissue resident memory T cells in the lung	<i>Ifnar1</i> ^{-/-}	[48]
			Systemic loss of <i>CD103</i> + dendritic cells and loss of alveolar macrophages	N.D.	[46]
ΔEx12-15	<i>CD4</i> -Cre	<i>CD4</i> +/ <i>CD8</i> + double positive T cells	Impaired T cell maturation and failed negative selection induces spontaneous colitis	<i>Ifih1</i> ^{-/-}	[49]
ΔEx12-15	<i>Lck</i> -Cre	<i>CD4</i> -/ <i>CD8</i> - double negative T cells	Absence of ADAR1 induces cell death of DN T cells and abrogates TCR expression	N.D.	[50]
			Combined <i>MDA5</i> deficiency and forced TCR expression restores T cell maturation	<i>Ifih1</i> ^{-/-} / <i>HY-TCR</i>	[51]
ΔEx7-9	<i>Mb1</i> -Cre	< Fr.B stage B cells	Absence of ADAR1 induces cell death of early stage B cells and abrogates BCR expression	<i>Ifih1</i> ^{-/-} / <i>MD4</i>	[52]
	<i>CD19</i> -Cre	> Fr.E stage B cells	Breached B cell maturation induces depletion of immature and <i>CD23</i> + mature recirculating B cells	N.D.	[53]
ΔEx12-15	<i>Aicda</i> -Cre	Activated B cells	Loss of germinal center B cells and a defective T cell dependent Ab response	N.D.	[54]

ΔEx12-15	Cre-ER TM	Inducible (full body)	Acute ADAR1 depletion results in decreased bone mass due to impaired osteoblast differentiation without affecting osteoclasts	N.D.	[55]
ΔEx7-9	CAGG- Cre-ER		Acute ADAR1 depletion induces severe intestinal inflammation due to loss of cycling intestinal stem cells	Salubrial	[56]
	UBC-Cre- ERT2		Acute ADAR1 depletion induces intestinal shortening despite MAVS deficiency	<i>Mavs^{-/-}</i>	[16]
	Rosa26- Cre-ERT2		Acute ADAR1 depletion does not induce intestinal shortening in the absence of MDA5	<i>Ifih1^{-/-}</i>	[57]
ΔEx7-9 + ΔEx2-13	SCL-Cre- ERT		In the absence of ADAR1 cycling hematopoietic stem cells undergo apoptosis	N.D.	[58]
ΔEx12-15	MSCV- Cre		ADAR1 deficient HSCs are capable of homing, but fail to reconstitute blood lineages upon transplantation	N.D.	[59]
ΔEx7-9	Rosa26- Cre-ERT2		Rapid lethality due to hematopoietic defects	<i>Ifih1^{-/-}</i>	[57]
ΔEx7-9 + E861A				N.D.	
ΔEx7-9 + L196CfsX6			N.D.	[32]	
ΔEx7-9 + P195A			No lethality or overt hematopoietic defects	[32]	

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1282 **Legend Supplementary Table 3.** N.D., not determined; *Adar*, adenosine deaminase acting on
1283 dsRNA (encoding ADAR1); *Cdh5*, cadherin 5; XMLC2, *Xenopus laevis* myosin light-chain 2;
1284 *Nkx2.5*, NK2 homeobox 5; E, embryonic day; α *MyHC*, α -myosin heavy chain; ISG, interferon-
1285 stimulated gene; *Ifih1*, interferon induced with helicase C domain 1 (encoding MDA5); *Irf7*,
1286 interferon regulatory factor 7; *Ptf1a*, pancreas associated transcription factor 1a; *Mavs*,
1287 mitochondrial antiviral signalling protein; *Mip*, mouse insulin I promoter; *Mist1*, muscle,
1288 intestine and stomach expression 1; *htPA*, human tissue plasminogen; *Wnt1*, Wnt family
1289 member 1; *Cyp19a1*, cytochrome P450 family 19 subfamily A member 1; K14, human keratin
1290 14 promotor; *Ripk1^{FL/FL}*, receptor interacting serine/threonine protein kinase 1 floxed; K5,
1291 bovine keratin 5 promotor; *Epor*, erythropoietin receptor; *LysM*, lysozyme M; *Cd11c*, cluster
1292 of differentiation 11c; APC, antigen-presenting cell; cDC2, conventional dendritic cell type 2;
1293 *Ifnar1*, interferon alpha and beta receptor subunit 1; *Cd4*, cluster of differentiation 4; *Lck*, LCK
1294 proto-oncogene, Src family tyrosine kinase; DN, double-negative; TCR, T cell receptor; *Mb1*,
1295 immunoglobulin-alpha subunit of the B lymphocyte antigen receptor; BCR, B cell receptor;
1296 *Cd19*, cluster of differentiation 19; *Cd23*, cluster of differentiation 23; *Aicda*, activation induced
1297 cytidine deaminase; Ab, antibody; ER, estrogen receptor; TM, tamoxifen; UBC, ubiquitin C;
1298 SCL, stem cell leukemia; MSCV, murine stem cell virus; HSC, haematopoietic stem cell.

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