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1 **FORMATION OF DELTA-MANNITOL BY CO-SPRAY DRYING:**
2 **ENHANCING THE TABLETABILITY OF PARACETAMOL/MANNITOL**
3 **FORMULATIONS**

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13 **Abstract**

14 δ -mannitol is a metastable polymorph of mannitol, known for its superior tableting properties.
15 However, there is no easy, reproducible and scalable production method for δ -mannitol. It was
16 evaluated whether δ -mannitol could be formed via co-spray drying with an API exhibiting tableting
17 issues, to improve the API tableting in a one-step process prior to compaction. Aqueous suspensions
18 with paracetamol and β -mannitol were co-spray dried. Raman spectroscopy was used to identify the
19 mannitol polymorphs. In these formulations, paracetamol was the key factor to allow the formation
20 of δ -mannitol since no traces of the δ -polymorph could be detected after spray drying a pure mannitol
21 feed. The presence of δ -mannitol after co-spray drying was confirmed even for low
22 paracetamol/mannitol ratios (1:99). The δ -mannitol content varied depending on the process drying
23 parameters, predominantly by the airflow. A lower airflow promoted the formation of δ -mannitol,
24 while more α -mannitol was formed when applying a higher airflow. The starting material, β -mannitol,
25 was often no longer detectable by Raman spectroscopy. The tableting of the spray dried powders
26 clearly improved in association with the δ -mannitol concentration. The co-processed powders showed
27 superior tableting in comparison with physical mixtures of the starting materials. Harder tablets
28 with a maximal tensile strength of 2.9 MPa at a main compression pressure of 247 MPa were achieved.

29

30 **Key Words**

31 Delta mannitol

32 Spray drying

33 Coprocessing

34 Direct compression

35 Paracetamol

36 Tableting

37 **Abbreviations**

38 CTC Compressibility, Tabletability and Compactability

39 d50 Median particle size

40 DOE Design of Experiments

41 HPMC Hydroxypropyl methylcellulose

42 MAN Mannitol

43 MD Maltodextrin

44 PCM Paracetamol

45 PVP Polyvinylpyrrolidone

46 SEM Scanning electron microscopy

47 TS Tensile strength

48 1. Introduction

49 Tablets have been the most widely used dosage form in the pharmaceutical industry for decades,
50 considering their ease of manufacturing, accurate dosing and convenient administration. They exhibit
51 excellent stability in comparison with liquids and are stronger and more resistant to external stress
52 than capsules [1,2].

53 Mannitol is a polymorphic acyclic sugar alcohol commonly used as excipient in tablets because of its
54 non-hygroscopic properties and low drug-interaction potential [3]. It is also often used in chewable
55 and orodispersible tablets for its cooling effect and rapid disintegration, respectively. Numerous
56 polymorphic forms with various nomenclatures were reported in literature, creating a confusing
57 picture. Burger *et al.* [4] provided a clear overview of these different polymorphs and confirmed the
58 existence of three pure polymorphic forms. They are referred to as modification I, II and III, or β -, α -
59 and δ -mannitol, respectively, in agreement with the Walter-Levy nomenclature [5,6]. β -mannitol is the
60 thermodynamically stable form. α - and δ -mannitol are proven metastable at 25 °C over a period of at
61 least 5 years [4,7,8].

62 Of all polymorphs, δ -mannitol is widely described to have the best compaction behavior, followed by
63 α - and β -mannitol [3,4]. This may be related to its different crystal form. α - and β -mannitol are
64 identified as orthorhombic crystals, whereas δ -mannitol is monoclinic. Crystallization procedures to
65 form δ -mannitol are described in literature [9], but reproducible and scalable production of δ -mannitol
66 is challenging [4]. Commercially available mannitol products consist mostly of β -mannitol, or a mixture
67 of α - and β -mannitol for spray dried grades [5]. Alternatively, δ -mannitol can be obtained via freeze
68 drying or co-spray drying [10,11]. Co-spray drying has been gaining popularity over the years and is
69 widely used to produce directly compressible excipients, for example Cellactose® [1,2]. It has previously
70 been described in literature that it is possible to obtain δ -mannitol via co-spray drying. Hulse *et al.* [12]
71 described the formation of δ -mannitol after co-spray drying with trypsin and Vanhoorne *et al.* [13,14]
72 investigated the effect of polyvinylpyrrolidone (PVP) on the formation of δ -mannitol during co-spray
73 drying. In the latter research, aqueous solutions of mannitol and PVP were spray dried on a pilot-scale
74 spray dryer, resulting in the formation of δ -mannitol. Simultaneously, paracetamol crystals were
75 introduced in the drying chamber via a specific set-up. These drug particles were successfully coated
76 with a mannitol-PVP layer, and exhibited a superior tableability compared to physical mixtures of the
77 starting materials [14]. In the current study, a different approach to obtain paracetamol/mannitol
78 powders with improved tableting properties was investigated by directly co-spray drying a suspension
79 containing paracetamol and β -mannitol in a predefined ratio, thus using a regular spray drying set-up.
80 In this research it was evaluated under which conditions δ -mannitol could be formed and if it was
81 possible to improve the compaction properties of paracetamol/mannitol formulations by co-spray

82 drying in one preparatory step. The effects of formulation characteristics as well as process parameters
83 on the formation of δ -mannitol were considered. The co-spray dried powders were evaluated via
84 Raman spectroscopy and quantified using a ratio model prior to tableting on a compaction simulator.

85 **2. Materials and methods**

86 **2.1. Materials**

87 A commercially available grade of β -mannitol (Pearlitol 50 C) by Roquette (Lestrem, France) and
88 micronized monoclinic paracetamol by Malinckrodt Chemical (Hazelwood, USA) were used as starting
89 materials. Distilled water was used to prepare the suspensions. Polysorbate 80 by Sigma-Aldrich
90 (Missouri, USA) was used as stabilizer for the suspensions. δ -mannitol (Parreck Delta-M) was kindly
91 donated by Merck (Darmstadt, Germany) as a reference material. A reference sample of α -mannitol
92 was prepared by melt crystallization [9]. Maltodextrin (MD) (C*Dry MD, Cargill, Wayzata, USA) and
93 hydroxypropyl methylcellulose (HPMC) (Methocel E5 Premium LV, Dow Chemical, Midland, USA) are
94 commonly used binders in tablet formulations and were used as stabilizer in the suspensions used for
95 spray drying. Magnesium stearate (Fagron, Waregem, Belgium) was used as lubricant during tableting.

96 **2.2. Methods**

97 **2.2.1. Formation of α -mannitol**

98 α -mannitol was prepared via melt crystallization as described by Cornel *et al.* [9]. 15 g of β -mannitol
99 was heated to 170°C to form a melt. Afterwards the melt was cooled to room temperature to form α -
100 mannitol crystals. After collection the crystals were ground, sieved <125 μm and stored at room
101 temperature.

102 **2.2.2. Preparation of the feed suspensions**

103 The feed suspensions were stirred for 2 hours on a magnetic stirrer at room temperature to assure
104 steady state stability.

105 **2.2.3. Co-spray drying**

106 Experiments were conducted on a 4M8-TriX lab-scale spray dryer (Procept, Zele, Belgium) and a Mobile
107 Minor pilot-scale spray dryer (GEA Niro, Copenhagen, Denmark) to study the δ -mannitol formation on
108 different scales and at different drying conditions, i.e., laminar airflow on the 4M8-TriX vs. turbulent
109 airflow on the Mobile Minor. Both spray dryers operated in co-current mode and were equipped with
110 a bi-fluid nozzle (nozzle orifice 1 mm). The 4M8-TriX was operated in its extended setup and was
111 equipped with a 12-roller peristaltic pump and Tygon[®] MHLL tubing (internal diameter 1.14 mm). An
112 external Watson-Marlow peristaltic pump (520U, Watson Marlow, Cornwall, UK) with marprene tubing
113 (internal diameter 4.8 mm) was used to feed the suspensions to the Mobile Minor. The length of the

114 tubing and the distance between the pump and the nozzle were kept as short as possible. The
115 suspensions were continuously stirred while being fed.

116 2.2.3.1. Preliminary experiments

117 To investigate whether δ -mannitol can also be formed after spray drying a pure mannitol feed, a
118 mannitol solution (10% w/w total solids content) and suspension (40% w/w total solids content, + 0.1%
119 w/w polysorbate 80) were prepared with Pearlitol 50 C. The experiments were performed on a 4M8-
120 TriX lab-scale spray dryer using fixed process conditions: airflow 0.25 m³/min, inlet temperature 160°C,
121 nozzle atomization gas 7.5 L/min and feed rate 2.5 g/min. These process conditions were selected
122 based on the results of in-house experiments that theoretically favor the formation of δ -mannitol.

123 2.2.3.2. Influence of the formulation on the formation of δ -mannitol

124 In the first set of experiments the influence of the formulation composition on the formation of δ -
125 mannitol was investigated. A design of experiments (DOE) was used, applying a full factorial design
126 with two variables at two levels (4 experiments and 3 center points, N1-N7). The
127 paracetamol/mannitol (PCM-MAN) ratio (1:99-70:30 w/w) and the total solids content (2-40% w/w)
128 were altered (Table 1). The total solids content is defined as the percentage of total solids initially
129 present in the formulation. The suspended fraction is defined as the percentage of solids that remains
130 in a suspension at steady state conditions. The suspended fraction ranged between 8 and 37% w/w for
131 the suspensions listed in Table 1. Polysorbate 80 (0.1% w/w) was added as a stabilizer to the
132 suspensions. As preliminary tests revealed no difference in polymorphic behavior of mannitol after
133 spray drying with or without polysorbate 80, the stabilizer was considered a neutral formulation factor.
134 The main outcome of the DOE was whether δ -mannitol could be formed under these conditions. The
135 experiments were carried out on a 4M8-TriX lab-scale spray dryer using fixed process parameters. The
136 airflow was set at 0.25 m³/min, inlet temperature at 160°C, nozzle atomization gas at 7.5 L/min and
137 feed rate at 2.5 g/min. These process conditions were selected based on the results of in-house
138 experiments that theoretically favor the formation of δ -mannitol. The results were analyzed with
139 Modde 12.1 (Umetrics, Umeå, Sweden) software.

140 **Table 1.** Overview of the formulation experiments.

Code	Ratio PCM:MAN (w/w)	Total solids content (% w/w)	Suspended fraction (% w/w)
N1	1:99	2	0
N2	1:99	40	35
N3	70:30	2	0
N4	70:30	40	37
N5, N6, N7	35.5:64.5	21	8

141

142 2.2.3.3. Influence of process parameters on the formation of δ -mannitol

143 In the second set of experiments the influence of process parameters on the formation of δ -mannitol
 144 was investigated. All experiments were conducted with the PCM–MAN 30:70 formulation having a 20%
 145 w/w total solids content and containing 0.1% w/w polysorbate 80. Using the 4M8-TriX, a Taguchi L18
 146 fractional factorial design was applied with one variable at two levels and two variables at three levels
 147 and (18 experiments and 3 center points, P1-P21). Airflow and nozzle atomization gas were varied at
 148 three levels, the inlet temperature was varied at two levels and the feed rate was kept constant at 2.5
 149 g/min. (Table 2). Considering that airflow and nozzle atomization gas were expected to have a notable
 150 impact on the outcome, these parameters were varied at three levels in such a way that they cover
 151 almost the entire experimental range of the equipment. As this was not feasible for the inlet
 152 temperature, respecting the limits of the equipment and the required drying conditions for aqueous
 153 formulations, the inlet temperature was only varied at two levels. The results were analyzed with
 154 Modde 12.1 (Umetrics, Umeå, Sweden) software.

155 **Table 2.** Process parameter ranges for the DOE on the 4M8-TriX.

Parameters 4M8-TriX	Min.	Max.
Airflow (m ³ /min)	0.25	0.60
Inlet temperature (°C)	160	200
Nozzle atomization gas (L/min)	5	12.5
Feed rate (g/min)	2.5	

156

157 Subsequently, a limited number of experiments was performed on the Mobile Minor to verify the
 158 trends seen on the lab-scale spray dryer. Based on the results of the experiments on the 4M8-TriX it
 159 was decided not to carry out a full DOE on the Mobile Minor, but to make a careful selection of
 160 experiments instead. Airflow, inlet temperature and nozzle atomization gas were varied, while the
 161 feed rate was kept constant at 20 g/min (Table 3).

162 **Table 3.** Process parameter experiments on the Mobile Minor.

Code	Airflow (m ³ /min)	Nozzle atomization gas (L/min)	Inlet temperature (°C)
G1	0.63	154	180
G2	0.63	200	180
G3	0.63	154	200
G4	0.71	154	180
G5	0.84	154	180
G6	1.03	154	180

163

164 2.2.3.4. *Influence of binders on the formation of δ -mannitol*

165 Maltodextrin (MD) and hydroxypropyl methylcellulose (HPMC) are commonly used binders for
166 tableting. It was investigated whether co-spray drying with the binders affected the formation of δ -
167 mannitol. The suspensions had a total solids content of 20% w/w, and the paracetamol/excipients ratio
168 was 30:70 w/w. The excipients fraction consisted of β -mannitol in combination with MD or HPMC
169 (Table 4). No polysorbate 80 was used, since MD and HPMC acted as stabilizer. All experiments were
170 executed under constant process conditions on the 4M8-Trix spray dryer. The airflow was set at 0.25
171 m³/min, inlet temperature at 160°C, nozzle atomization gas at 7.5 L/min and feed rate at 2.5 g/min.
172 These process conditions were selected based on the results of in-house experiments that theoretically
173 favor the formation of δ -mannitol.

174 **Table 4.** Overview of the binder experiments.
175

Code	PCM (%)	MAN (%)	MD (%)		PCM (%)	MAN (%)	HPMC (%)
M1	30	60	10	H1	30	69	1
M2	30	50	20	H2	30	67	3
M3	30	40	30	H3	30	65	5

176

177 **2.2.4. Preparation of physical mixtures**

178 Physical mixtures of paracetamol and β - or δ -mannitol (PCM-MAN 30:70) were prepared via mixing in
179 a tumbling blender (Turbula T2F, W.A. Bachofen Maschinenfabrik, Basel, Switzerland) for 5 min at 30
180 rpm. The reference mixtures were used to evaluate the potential of δ -mannitol and the possible
181 benefits of coprocessing via spray drying on tableting.

182 **2.2.5. Preparation of tablets**

183 Prior to tableting, the spray dried powders and the physical mixtures were blended with 2%
184 magnesium stearate in a Turbula T2F tumbling blender for 3 minutes at 23 rpm to avoid excessive
185 ejection forces. Tablets were produced on a STYL'One Evolution compaction simulator (Medelpharm,
186 Beynost, France) equipped with cylindrical flat-faced Euro B punches of 11.28 mm diameter (Natoli
187 Engineering Company, Saint Charles, MO, USA). The dwell time was 10 – 20 ms. Feeding was done
188 manually to ensure reproducible tablet weight. Tablets of 500 mg (n = 10) were prepared at main
189 compression forces of 54 (\pm 12), 105 (\pm 18), 153 (\pm 22), 201 (\pm 21) and 247 (\pm 23) MPa.

190 **2.2.6. Characterization of the co-spray dried powders**

191 2.2.6.1. *Raman spectroscopy*

192 Raman spectra of the powders were recorded on a Rxn2 spectrometer (Kaiser Optical Systems -
193 Endress+Hauser, Reinach, Switzerland). The Rxn2 was equipped with a fiber-optic PhAT probe and CCD
194 detector. The laser wavelength was 785 nm with a laser power of 395 mW. The spectral range of the
195 system was 400-1530 cm^{-1} with a resolution of 5 cm^{-1} . The analyzed spectral region to distinguish
196 between the mannitol polymorphs was 840-1180 cm^{-1} . Spectra of each sample were recorded in
197 threefold. Simca 16 software (Umetrics, Umeå, Sweden) was used to process the data. Standard
198 Normal Variate pre-processing was applied to avoid baseline and physical variations due to sample
199 placement.

200 2.2.6.2. *Content uniformity*

201 The paracetamol concentration in the spray dried samples was quantified by UV-VIS spectroscopy.
202 Measurements were executed on a Shimadzu UV-1650 PC (Shimadzu, Kyoto, Japan). First, a calibration
203 curve ranging from 25 to 100 $\mu\text{g/mL}$ paracetamol was prepared by diluting a 1 mg/mL stock solution
204 of paracetamol to the desired concentrations and measuring the absorbance at 290 nm in quartz
205 cuvettes. Next, a precisely measured amount of spray dried sample was dissolved in distilled water
206 and appropriately diluted according to the theoretical paracetamol concentration in the formulation.
207 All measurements were executed in triplicate. A paracetamol concentration in the [90-110 %] interval
208 of the theoretical concentration was considered acceptable.

209 2.2.6.3. *Loss on drying*

210 The residual moisture content was determined via loss on drying using a HC 103 Moisture Analyzer
211 (Mettler Toledo, Zaventem, Belgium). Powder samples of 500 mg were placed in the oven on an
212 aluminum weighing dish (Heathrow Scientific, Nottingham, United Kingdom) and heated to 105°C.
213 Weight loss due to water evaporation was monitored until a stable weight (switch-off criterion: < 3 mg
214 weight change per 50 s) was obtained.

215 2.2.6.4. *Morphology*

216 The starting materials and samples were visually evaluated by scanning electron microscopy (SEM)
217 using Phenom Pro Suite (Phenom – Thermo Fisher Scientific, Waltham, Massachusetts, USA). Samples
218 were prepared by distributing a small amount of powder evenly on the conductive carbon tab of the
219 sample holder, followed by sputtering with a gold coating (Quorum, Laughton, United Kingdom).

220 2.2.6.5. *Particle size analysis*

221 Laser diffraction was used to evaluate the particle size distribution of both the spray dried powders
222 and the starting materials. Measurements were carried out on a Mastersizer S long bench version
223 (Malvern Instruments, Worcestershire, United Kingdom) equipped with the Malvern 300 lens. The dry

224 measuring method was applied. The mean volume diameters were calculated via the Mastersizer 2000
225 software.

226 2.2.6.6. Flowability testing

227 The flowability of the powders was expressed as the flow rate (mg/s) through a 3 mm orifice of the
228 FlowPro device (iPAT, Turku, Finland). The flow rate was calculated by the FlowPro software based on
229 the weight gain per unit of time registered by the analytical scale. Each sample was measured in
230 threefold [15].

231 2.2.6.7. Helium pycnometry

232 The true density of the powders (ρ_t) was measured with an Accupyc II 1345 Helium pycnometer
233 (Micromeritics, Norcross, USA) with an equilibration rate of 0.0050 psig/min and the number of purges
234 set to 10.

235 2.2.6.8. Ratio model

236 To quantify the δ -mannitol content in the spray dried samples a ratio model was developed by linear
237 regression of the ratio (I%) of the peak intensity of δ - and α -mannitol at 1054.9 cm^{-1} (I_δ) and 1027.9
238 cm^{-1} (I_α), respectively against the known δ/α concentration ratio. Peak intensity was corrected for the
239 baseline intensity (I_{BL}):

$$240 \quad I\% = I_\delta - I_{BL} / I_\alpha - I_{BL}$$

241 The wave numbers were chosen to minimize interference from signals of the other compounds in the
242 samples. The peak intensity at 985 cm^{-1} was selected as baseline-correction value (I_{BL}), since neither
243 the mannitol polymorphs nor paracetamol showed an observable signal at this wave number [8,16].
244 11 physical mixtures (2 g) with a known δ/α concentration and containing paracetamol were mixed in
245 a Turbula T2F tumbling blender (W.A. Bachofen Maschinenfabrik, Basel, Switzerland) for 5 min at 30
246 rpm. Since the presence of paracetamol can influence the peak intensity of the Raman spectra,
247 paracetamol was included in the model. The physical mixtures consisted of PCM-MAN (30:70 w/w), of
248 which the mannitol part contained pre-defined δ/α ratios ranging from 0/1 to 1/0. A total of 11 physical
249 mixtures was prepared. Raman spectra were recorded in triplicate. As stated by Campbell *et al.*, it was
250 assured that the particle size of the starting materials had a mean particle size < 125 μm , since larger
251 particle sizes could disturb the peak intensity of the spectra [8].

252 2.2.6.9. Stability

253 Raman spectra of the samples were recorded after 2, 5, 8 and 11 months of storage at room
254 temperature and ambient conditions and compared to the spectra recorded immediately after spray
255 drying.

256 2.2.6.10. Characterization of the tablets

257 The hardness (expressed as the diametral crushing force of the tablet) (F), mass (m) thickness (t) and
258 diameter (d) of the tablets (n = 10) were evaluated on a Sotax HT 10 combi tester (Sotax, Basel,
259 Switzerland). Subsequently these parameters were used to calculate the tensile strength (TS) as stated
260 by Fell and Newton [17]:

261
$$TS = 2F/\pi dt$$

262 The relative density of the tablets was calculated by dividing the apparent density of the tablet (ρ_a) by
263 the true density of the powder (ρ_i). ρ_a was calculated as follows:

264
$$\rho_a = \frac{m}{\pi t D^2/4}$$

265 Due to the limited amounts of co-spray dried powders and tablets, no friability or disintegration testing
266 was performed.

267 **3. Results and discussion**

268 **3.1. Preliminary experiments**

269 Most commercially available mannitol products consist of β -mannitol (e.g. Pearlitol 50 C), or a mixture
270 of α - and β -mannitol for spray dried grades (e.g. Pearlitol 200 SD). As illustrated in Figure 1, the Raman
271 spectrum of Pearlitol 50C is nearly indistinguishable from the spectrum of pure β -mannitol in
272 literature. Similarly, the spectrum of Parteck Delta M practically overlaps with the spectrum of pure δ -
273 mannitol. When comparing the Raman spectra of the pure polymorphs, β and α are most related.
274 These polymorphs exhibited small differences in physicochemical properties and are both
275 orthorhombic crystals. δ -mannitol has a monoclinic crystal structure, which is reflected in a more
276 deviant Raman spectrum [4,8]. Spray drying of mannitol formulations always resulted in crystalline
277 material.

278 Preliminary tests demonstrated that δ -mannitol could not be formed by spray drying pure mannitol
279 solutions or suspensions at the applied process settings. After spray drying a pure mannitol solution
280 (10% w/w) or suspension (40% w/w), the Raman spectra indicated mainly β -mannitol. δ -mannitol,
281 identifiable by the characteristic peaks at 1054 cm^{-1} and 1145 cm^{-1} could not be detected (Figure 2).

282 The results are in line with the observations of Vanhoorne *et al.* and Hulse *et al.* where 5% w/w
283 solutions of different commercially available mannitol grades were spray dried and none of them
284 resulted in the presence of δ -mannitol [5,12,18].

285 **3.2. Influence of the formulation on the formation of δ -mannitol**

286 In the first set of experiments the influence of formulation composition on the formation of δ -mannitol
287 was investigated using DOE. The main response was whether the δ -polymorph could be formed.
288 Raman spectra identified δ -mannitol in each sample, marked by the characteristic peaks at 1054 cm^{-1}
289 and 1145 cm^{-1} (Figure 3).

290 Except for the formulations with a low paracetamol content (N1, N2; PCM-MAN 1:99), the δ -
291 polymorph was dominantly present (N3-N7). β -mannitol could only be detected for the formulations
292 with a low paracetamol content (N1, N2; PCM-MAN 1:99), together with δ - and α -mannitol. This
293 demonstrated that even a low paracetamol concentration was able to affect the crystallization process
294 during spray drying, hence initiating the crystallization into δ -mannitol. It also revealed that δ -mannitol
295 was also formed when a high paracetamol content (N3, N4; PCM-MAN 70:30) was present in the
296 sample.

297 The effects of the total solids fraction appeared limited to the formulations containing PCM-MAN 1:99
298 and had no perceptible influence on δ -mannitol but affected the amount of β and α -mannitol. A 2%
299 w/w solution (N1) resulted in a higher α -mannitol fraction compared to a 40% w/w suspension (N2).
300 This can be attributed to the suspended fraction still containing the β -polymorph. It can be concluded
301 that both the PCM-MAN ratio and the total solids fraction affected the final polymorph composition.

302 The fact that paracetamol can alter the crystallization behavior of mannitol could be attributed to its
303 ability to react with water by hydrogen bonding. Therefore, it could prevent the water molecules from
304 interacting with the OH-network of mannitol. Yoshinari *et al.* [7] investigated the mechanisms of
305 polymorphic transition of δ -mannitol and the solvent dependency of this conversion. They suggested
306 that water and other hydroxyl group-containing solvents can act as a molecular loosener on the δ -
307 mannitol crystal lattice due to their ability to alter the hydrogen-bonding network, resulting in a
308 conversion to the thermodynamically stable β -form. Similarly, adding an agent that can prevent water
309 from reacting with the crystal network of mannitol could explain the formation of δ -mannitol during
310 co-spray drying. This phenomenon was also observed by Vanhoorne *et al.* [13] during co-spray drying
311 solutions of mannitol with PVP. Similarly, it was postulated by Hulse *et al.* [12] that obtaining δ -
312 mannitol after co-spray drying mannitol with trypsin could be attributed to ion-dipole interactions of
313 the protein with water. However, the exact mechanism of the solid-state conversion cannot yet be
314 explained. Hulse *et al.* [12] also described that the physical state of mannitol after co-spray drying was
315 independent of the trypsin protein content in a mannitol/trypsin range of ratio 1:9 to 9:1, but
316 dependent on which protein was used, i.e., trypsin or lysozyme. Possibly this is due to differences in
317 ion-dipole interactions between the different proteins, since lysozyme has more ionizable groups, thus

318 interacts more with water. Water and other solvents containing hydroxyl functions can alter the OH-
319 network in the crystal lattice of mannitol, hence altering it to the dynamically favorable β -polymorph,
320 as explained by Yoshinari *et al.* [7]. Dixon *et al.* [19] also noted effects of proteins on mannitol
321 polymorphism during freeze drying. If the protein content increased from 1 to 5 mg/mL, the amount
322 of δ -mannitol increased at the expense of β -mannitol.

323 **3.3. Influence of process parameters on the formation of δ -mannitol**

324 In the second set of experiments the influence of the airflow, nozzle atomization gas and inlet
325 temperature on the formation of δ -mannitol was investigated for the PCM-MAN 30:70 formulation
326 with a 20% w/w solids load and containing 0.1% w/w polysorbate 80. The δ -mannitol content after
327 spray drying was quantified by a ratio model. Since β -mannitol could not be detected via Raman
328 spectroscopy in any of the samples, the ratio model was solely built with δ - and α -mannitol. The
329 absence of β -mannitol was confirmed on Raman spectra where the typical duo peak at 1118.8 and
330 1134.4 cm^{-1} is not perceptible (Fig. 4). A possible explanation could be that the formation of α -mannitol
331 is linked to the initial dissolved mannitol concentration as described by Liao *et al.* [20,21]. They found
332 the physical form of mannitol after freeze drying depended on the initial dissolved mannitol
333 concentration: if low (< 1.5 – 3% w/w) the β form was dominant, if high (7.5% w/w) the α form was
334 dominant. In this set of experiments the mannitol content is relatively high (14% w/w), which may
335 contribute to the formation of α -mannitol after co-spray drying. The model was linearly fitted and had
336 a correlation coefficient (R^2) of 0.98.

337 The process drying conditions of the 4M8-TriX and the Mobile Minor had similar effects on the
338 formation of δ -mannitol. Figure 5 shows the effect plot on the formation of δ -mannitol for the
339 screening DOE on the 4M8-Trix ($N = 16$, $R^2 = 0.924$, $Q^2 = 0.882$). The effects of airflow, inlet temperature
340 and nozzle atomization gas can be interpreted as the change in response when varying a factor
341 between its minimal and maximal setting, while keeping the rest of the factors constant. The
342 uncertainty of the effect is indicated by a 95% confidence interval.

343 The drying capacity was inversely related to the formation of δ -mannitol. The airflow through the
344 drying chamber appeared as the most influencing factor. When applying a higher airflow more α -
345 mannitol and less δ -mannitol was formed. A shorter residence time in the drying chamber and harsher
346 drying conditions were inversely correlated with the formation of δ -mannitol. Similar observations
347 were reported in literature during freeze drying of mannitol solutions. Cannon and Trappler [10] found
348 that slow cooling of a mannitol solution resulted in a δ/α mixture where δ -mannitol was dominant,
349 whereas the opposite occurred at a high cooling rate. Poornachary *et al.* [22] studied the crystallization
350 mechanism of mannitol in microdroplet evaporation and found that slow evaporation of aqueous

351 solution microdroplets could result in the formation of δ -mannitol [11,22,23]. Similarly, a longer
352 residence time in the spray drying chamber and slower, less harsh drying of the droplet in combination
353 with the ability of paracetamol to obstruct the water molecules from interacting with the mannitol
354 crystal OH-network resulted in the formation of δ -mannitol during co-spraying. When droplets are
355 dried at the harsh conditions, the shell formation of the droplet occurs earlier, resulting in a shorter
356 constant-rate period where water can be directly evaporated from the droplet surface. As a result, the
357 falling-rate period, where the remaining water in the droplet must be removed via diffusion through
358 the shell, is prolonged. Therefore, the water molecules have more time to interact with the crystal
359 formation of mannitol during drying.

360 The nozzle atomization gas, the second parameter in this part of the study, had a direct relationship
361 with the δ -mannitol content in the samples. Increasing the nozzle atomization gas, thus creating
362 smaller droplets, yielded a larger δ -mannitol fraction. The effect may be associated with the water
363 content in the droplet that can interact with the crystal network during drying, and is linked to the
364 droplet drying kinetics, as described previously. This effect is more pronounced for larger droplets that
365 contain more water to interact with the forming lattice, resulting in a higher fraction of α -mannitol. At
366 these harsher drying conditions it is also harder to dry larger droplets completely, which resulted in a
367 lower process recovery (< 20%) [24,25].

368 Increasing the inlet temperature had a small inversely correlated effect on the formation of δ -
369 mannitol. The effect was only pronounced at high airflow, but it was not considered significant since
370 the uncertainty of the effect exceeded the 95% confidence interval.

371 In summary, formation of δ -mannitol was favored in the experiment with the lowest airflow, highest
372 nozzle atomization gas and lowest inlet temperature. An overview of the experiments and their
373 fraction of δ -mannitol calculated by the ratio model is given in Table 5. Due to the low recovery (< 10%)
374 the experiments at airflow 0.6 m³/min were limited to two in the design.

375 Scale-up to the pilot-scale spray dryer showed the same trends regarding the process parameters, but
376 since airflow had the largest impact and this value could not be lowered any further, only a limited
377 number of experiments were conducted. It must be noted that on the 4M8-TriX the maximal amount
378 of δ -mannitol formed was 93%, whereas on the Mobile Minor this was only 59%. Since lowering the
379 airflow on the Mobile Minor was not possible due to condensation in the drying chamber, this value
380 was in this research not further optimized. However, the design of the spray dryer might also be of
381 particular interest. While the tests were conducted with a formulation containing 30% paracetamol
382 and 70% mannitol, maximizing the δ -mannitol formation for higher-dosed paracetamol formulations
383 is likely possible.

384 **Table 5.** Overview process parameter experiments 4M8-TriX (DOE) and Mobile Minor. The selected
 385 formulations used for the tableting experiments are marked with an asterix (*).

Spray dryer	Experiment	Airflow (m ³ /min)	Nozzle atomization gas (L/min)	Inlet temperature (°C)	δ (%)
<i>4M8-TriX</i>	P1	0.25	5.0	160	77
	P2*	0.25	7.5	160	82
	P3	0.25	12.5	160	93
	P4	0.43	5.0	160	19
	P5*	0.43	7.5	160	34
	P6	0.43	12.5	160	63
	P7	0.60	5.0	160	/
	P8	0.60	7.5	160	6
	P9	0.60	12.5	160	/
	P10	0.25	5.0	200	78
	P11	0.25	7.5	200	78
	P12	0.25	12.5	200	91
	P13	0.43	5.0	200	22
	P14	0.43	7.5	200	22
	P15	0.43	12.5	200	23
	P16	0.60	5.0	200	/
	P17	0.60	7.5	200	0
	P18	0.60	12.5	200	/
	P19	0.43	7.5	180	34
	P20	0.43	7.5	180	55
	P21	0.43	7.5	180	39
<i>Mobile Minor</i>	G1*	0.63	154	180	49
	G2	0.63	200	180	59
	G3	0.63	154	200	20
	G4*	0.71	154	180	4
	G5	0.84	154	180	0
	G6	1.03	154	180	0

386

387 **3.4. Influence of binders on the formation of δ-mannitol**

388 In the third set of experiments the influence of maltodextrin (MD) and hydroxypropyl methylcellulose
 389 (HPMC) on δ-mannitol formation was examined. However, neither MD nor HPMC inhibited the δ-
 390 mannitol formation in the evaluated concentrations. The characteristic δ-mannitol peak at 1054 cm⁻¹
 391 remains visible for all binder concentrations. No traces of other polymorphs are detectable. Hence,
 392 they can be used to generate directly compressible powders by co-spray drying (Figure 6).

393 **3.5. Evaluation of the tablets**

394 Four formulations (P2, P5, G1, G4) with acceptable content uniformity (90 – 110%) and recovery (>
 395 60%) were selected for full powder characterization and tableting on the STYL'One compaction
 396 simulator together with two physical mixtures containing paracetamol and δ - and β -mannitol
 397 respectively (P-beta, P-delta) (Table 6). The flowability of the spray dried samples was poor due to
 398 slight agglomeration. Therefore, it was chosen to feed the compaction simulator manually.

399 **Table 6** Selected formulations for tableting experiments.

Spray dryer	Code	δ (%)	True density (g/cm ³)	d50 (μ m)	Residual moisture (%)	Flowability (mg/s)	Content uniformity (%)
4M8-TriX	<i>P2</i>	82	1.4275 (\pm 0.0017)	45 (\pm 2)	0.98 (\pm 0.13)	11.6 (\pm 2.1)	98 (\pm 1)
	<i>P5</i>	34	1.4075 (\pm 0.0022)	47 (\pm 1)	1.33 (\pm 0.20)	9.8 (\pm 4.7)	97 (\pm 3)
Mobile Minor	<i>G1</i>	49	1.3928 (\pm 0.0027)	69 (\pm 2)	0.79 (\pm 0.21)	15.6 (\pm 4.4)	93 (\pm 1)
	<i>G4</i>	4	1.3897 (\pm 0.0018)	69 (\pm 2)	1.31 (\pm 0.11)	7.0 (\pm 0.2)	96 (\pm 1)

400

401 Compressibility, Tabletability and Compactability (CTC) profiles generated using the compaction
 402 simulator are shown in Figure 7. The compressibility plot denoted in Figure 7.a shows an increase in
 403 relative tablet density with increasing pressure. The extent of this increase was lower for P5, G4 and
 404 P-beta than for P2, G1 and P-delta. Due to the formation of δ -mannitol and the influence of co-
 405 processing, the co-spray dried powders exhibited better or similar tabletability profiles compared to
 406 the corresponding physical mixtures (Figure 7.b). The tablet tensile strength of the co-spray dried
 407 powders was superior to the physical mixture with β -mannitol, especially for P2 and G1 which
 408 contained the highest fractions of δ -mannitol. The tablets yielded maximal tensile strengths of 2.4 MPa
 409 for P2, 1.3 MPa for P5, 2.9 MPa for G1 and 1.1 MPa for G4, respectively, whereas the references
 410 resulted in maximal tensile strengths of 0.2 MPa for P-beta and 1.2 MPa for P-delta, respectively.
 411 Notable is that all co-spray dried powders exhibited a similar or better tabletability than P-delta,
 412 irrespective of their δ -mannitol content, which was attributed to the effect of co-processing. P2 and
 413 G1 on the one hand and P5 and G4 on the other hand result in similar tabletability, notwithstanding a
 414 substantial difference in δ -mannitol content. This could be due to the different drying conditions, i.e.,
 415 laminar airflow on the 4M8-TriX vs. turbulent airflow on the Mobile Minor, or due to a different
 416 manner of encapsulation of paracetamol in the spray dryers. The compactability profile presented in
 417 Figure 7.c illustrated that P2 has a higher porosity than G1, resulting in a slightly weaker compact.

418 Monoclinic paracetamol, the thermodynamically stable commercially used form, is not suitable for
 419 direct compression. It is known to cause capping, which was observed for several tablets prepared with
 420 the physical mixtures. This was more pronounced for the physical mixtures with β -mannitol than for

421 those with δ -mannitol. SEM images indicated that it was possible to encapsulate the needle-shaped
422 paracetamol crystals with mannitol during co-spray drying, making the effects of paracetamol less
423 pronounced. Figure 8 comprises SEM images of both the starting material micronized paracetamol and
424 the co-spray dried powders P2 and G1, produced on the 4M8-TriX and Mobile Minor, respectively.
425 Where micronized paracetamol appeared as irregular and needle shaped in Figure 8 (a), this typical
426 form was no longer prominently present after co-spray drying with mannitol (b, c).

427 **3.6. Stability of delta-mannitol in co-spray dried powders**

428 The spray dried powders were stored at ambient conditions (temperatures varying between 15 – 25°C)
429 in sealed plastic bags for 11 months. No deviations were observed in the Raman spectra. The
430 composition of the samples remained stable after 2, 5, 8 and 11 months. This is in accordance with the
431 results of Burger *et al.* [4] reporting high kinetic stability of the metastable δ - and α -polymorphs; in
432 their study no transformation into β -mannitol was observed during mechanical stress (compaction) or
433 storage for more than five years at room temperature when kept dry. While polymorphic transitions
434 are normally caused by heat or mechanical stress (e.g., friction, grinding, milling), mannitol polymorphs
435 are resistant to most mechanochemical stresses due to the rigidly linked OH-network. Only a high
436 uptake of a solvent containing hydroxyl groups is able to alter the OH-network [4,7,26].

437 **4. Conclusion**

438 This work has proven that it is possible to obtain δ -mannitol via co-spray drying with paracetamol,
439 resulting in powders with improved tabletability compared to physical mixtures. It also indicated that
440 the formation of δ -mannitol is strongly influenced by the process conditions, whereby airflow through
441 the drying chamber was the most influencing factor. Formation of δ -mannitol was favored at low
442 airflow, low inlet temperature and high nozzle atomization gas. The presence of even a small amount
443 of paracetamol was sufficient to alter the crystallization behavior of mannitol during spray drying.
444 Possibly this is due to the interactions by hydrogen bonding of paracetamol and water, preventing
445 water to interact with the OH-bonds in the crystal network of mannitol.

446 Secondly, this work also highlighted the potential of co-spray drying prior to compression as all co-
447 spray dried powders exhibited a similar or better tabletability than physical mixtures of paracetamol
448 and δ -mannitol, irrespective of their δ -mannitol content, yielding tablets with a sufficiently high tensile
449 strength.

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455 **CRedit roles**

456 **Elisa De Pauw:** Conceptualization, Methodology, Validation, Formal analysis, Investigation, Writing-
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458 Methodology, Validation, Writing – Review and editing, Supervision, Project Administration. **Valérie**
459 **Vanhoorne:** Conceptualization, Methodology, Validation, Writing – review and editing, Supervision,
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535

536 **Figure captions**

537 **Figure 1.** Raman spectra of the starting- and reference materials. (For interpretation of the references
538 to color in this figure legend, the reader is referred to the web version of this article.)

539 **Figure 2.** Raman spectra of the spray dried solution (10% w/w), suspension (40% w/w) and reference
540 materials. (For interpretation of the references to color in this figure legend, the reader is referred to
541 the web version of this article.)

542 **Figure 3.** Raman spectra of the DOE formulations and reference materials of the different polymorphs
543 around (a) 1054 cm^{-1} and (b) 1145 cm^{-1} . Formulations with solids load 2% w/w are represented by a
544 solid line, 40% w/w by a dotted line and 21% w/w by a dashed line. PCM-MAN 1:99 ratios are
545 represented in yellow, 70:30 in grey and 35.5:64.5 in purple. (For interpretation of the references to
546 color in this figure legend, the reader is referred to the web version of this article.)

547 **Figure 4.** Raman spectra of several experiments on both the 4M8-TriX and Mobile Minor spray dryer
548 together with reference mannitol samples. The typical duo peak of β -mannitol at 1118.8 and 1134.4
549 cm^{-1} is not perceptible in the spray dried samples. (For interpretation of the references to color in this
550 figure legend, the reader is referred to the web version of this article.)

551 **Figure 5.** The effect plot of the process parameter DOE (4M8-TriX) showing the effect of airflow, nozzle
552 atomization gas and inlet temperature.

553 **Figure 6.** Raman spectra of the co-spray dried samples with MD (blue) and HPMC (pink) and a reference
554 sample spray dried under the same process conditions (yellow). (For interpretation of the references
555 to color in this figure legend, the reader is referred to the web version of this article.)

556 **Figure 7.** Compressibility (a), Tabletability (b) and Compactability (c) profiles of the co-spray dried
557 materials and reference samples. Compacts were prepared of the co-spray dried powders P2 (4M8-
558 TriX), P5 (4M8-TriX), G1 (Mobile Minor), G4 (Mobile Minor) and physical mixtures of PCM- β -MAN (P-
559 beta) and PCM- δ -MAN (P-delta). (For interpretation of the references to color in this figure legend, the
560 reader is referred to the web version of this article.)

561 **Figure 8.** Paracetamol micronized (a) has a typical needle shaped form, whereas for the co-spray dried
562 powders on both the 4M8-TriX, P2 (b) and on the Mobile Minor, G1 (c) this shape is no longer visible,
563 indicating encapsulation of suspended paracetamol crystals in the co-spray dried particles.